



The Loudon Recreation Committee & Contoocook River Canoe Company, LLC

Present:

“Learn to Stand Up Paddleboard”

Two MORE session dates - June 30th or August 18th
From 6:00-7:30 p.m. at Clough Pond

WhatSUP Loudon??? Do you want to be in on the latest water recreation craze? Loudon Recreation Committee has got you covered! Instructors from Contoocook River Canoe, LLC will be offering lessons in Stand Up Paddleboarding. The lessons will be at Clough Pond and any Loudon resident weighing over 50 pounds is eligible for the lesson.

Lessons will cost \$20 per person per session for Loudon residents and \$25 for non-Loudon residents (if space is available). All materials needed to participate are provided in the cost of your session including personal flotation devices. If participant is a minor, an adult must be present during the child’s lesson. Each session is limited to 6 participants – so be sure to get your registration in ASAP! *Most SUP lessons run \$50+ so this is a great way to try it out!*

Please send registration form and a check - *made payable to Loudon Recreation* - to Greg Tetreault, 53 Wellington Lane, Loudon, NH 03307. If you have any questions regarding the program, please call Greg at 798-3828 or email at gregtetreault@hotmail.com Additional forms can be obtained at www.loudonnh.org

Participant’s name(s) _____

Session preferred (please circle) June 30th August 18th

Please circle weight category (this is needed to determine equipment necessary for lesson)

Weight in lbs.: between 50-100 between 100-150 between 150-200 between 200-250

Contact information: (you will receive a call or email confirming and you will be notified if there is a need for severe weather delay or postponement – light rain is ok – heavy wind or storm is not)

Email Address _____

Phone number _____

I hereby give permission for the above named to participate in the Loudon Recreation Stand-Up Paddleboard lesson at Clough Pond. I agree to assume all risks incidental to participation in this program. I further agree to release from liability, Loudon Recreation Department, Town of Loudon and Contoocook River Canoe Company, LLC and Instructors.

Participant signature: _____

For Official use only: amount paid _____ ck # _____ date received _____