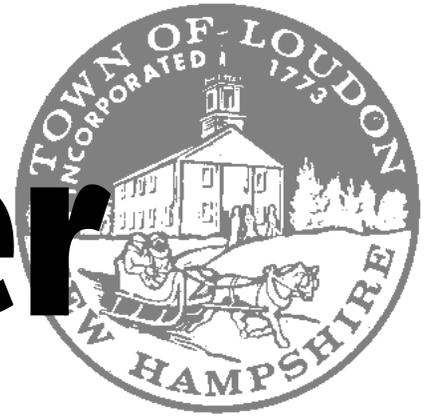


# The Loudon Ledger

PUBLISHED BY THE LOUDON COMMUNICATIONS COUNCIL



December 2010  
Volume 12, Issue 12

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## Mission Statement...

*To provide a comprehensive source of information and education about business, government, and community organizations within Loudon in order to facilitate and encourage informed citizen participation.*

## First Farm Feast a Huge Success!



See pages 16–17 for more pictures of the Farm Feast.

Loudon's first Farm Feast was held at the Loudon Elementary School on November 7th.

This event was collaboration between Recreation Committee and the Agricultural Commission. Melissa Minery, newest member of the Recreation Committee, approached both committees with the idea of bringing the community together for an affordable meal of locally grown food, highlighting our local farmers and the plethora of food grown right here in our community! Not only was this event a community gathering, but it also brought awareness to the agricultural heritage of our town and the variety of crops and agricultural products available in Loudon. Eating locally is much better nutritionally for individuals and their families than buying produce shipped many hundreds of miles. It is fresher, tastes better and supports our local economy.

A total of 148 tickets were sold. The goal was to use 95% of locally grown food in our ingredients. Melissa Minery created a slide show showcasing the Loudon farms and handouts were available. There was a special, live display by Misty Richard, of Our Place Farm spinning wool. A raffle was held and the lucky recipients received the floral arrangements donated by D.S. Cole Growers and Garden Center.

The menu included Beef Stew, Vegetable Soup, Squash Soup, Baked Apples, Baked Apples & Blueberries, Pumpkin Custard. All food was provided by our amazing farms right here in Loudon. This event would not have been possible without the support of these farms.

- Aznive Farm – wild blueberries (donated)
- B&B Syrup – maple syrup
- Meadow Ledge Farm – cider, apples (donated)
- Merrill & Sons – eggs
- Miles Smith Farm – beef
- Minery Eggs – eggs (donated)

- Mudgett Hill Mumbling Maples – maple syrup (donated)
  - Our Place Farm – goats milk, eggs
  - Ramsay's Farm Stand – onions (donated)
  - Red Manse Farm – garlic, carrots, kale, black beans, corn, pie pumpkins
  - RNG Farm Stand – tomatoes (donated)
  - Windswept Maples – beef, potatoes, maple syrup
- Alicia Grimaldi, Loudon Recreation Committee Chair, would like to express appreciation to the following people for their varied and valued contributions to the event:
- Melissa Minery, Loudon Recreation Committee Member for the event's inspiration and her organizational efforts.
  - Jenn Pfeifer, Loudon Recreation Committee Member, for bringing her love of cooking to the palettes of Loudon residents. Jenn created the menus and prepared the food with the help of Recreation Committee Members and community volunteers. The recipes will be featured in her column of this month's recipe section of the *Loudon Ledger*.
  - Earl and Alice Tuson of Red Manse Farm who coordinated contact with the farmers.
  - Bob Bahr who made a generous monetary donation in support of the event.
  - Samantha French and Roseanne Storrs for their help in the kitchen.
  - John Cronin, Owner of the Egg Shell for his donation of baked bread and his support of this endeavor.
  - The Loudon Recreation Committee Members, Loudon youth and community members who volunteered there time to make this event a success.
- Proceeds of this event go back to the Loudon Recreation Committee's Revolving Fund to provide ongoing affordable, diverse programming for the community of Loudon. ■

## Town of Loudon Office Hours

### Selectmen's Office

PO Box 7837 • 798-4541

Selectmen meet Tuesday evenings at 6:30 p.m. in the Community Building.

Mon.–Thurs.: 8 a.m.–4 p.m. • Tues. evenings: 6 p.m.–9 p.m.

### Town Clerk

PO Box 7837 • 798-4542

Mon.: 8 a.m.–2 p.m. • Tues.: 3 p.m.–9 p.m. • Wed.–Thur.: 9 a.m.–4 p.m.

### Planning/Zoning Board

PO Box 7837 • 798-4540

The Planning Board Meets the third Thursday of the month at 7:00 p.m. in the Community Building. The Zoning Board meets the fourth Thursday of the month at 7:00 p.m. in the Community Building.

Mon. through Thurs.: 8 a.m.–4 p.m. • Tues. evenings open until 7 p.m.

### Tax Collector

PO Box 7844 • 798-4543

Tues.: 3 p.m.–9 p.m. • Wed.–Thurs.: 9 a.m.–4 p.m.

### Police Department: Emergencies: 911

PO Box 7059 • 798-5521

Mon.–Fri.: 8 a.m.–4:00 p.m.

### Code Enforcement

PO Box 7059 • 798-5584

Mon.–Fri.: 8 a.m.–4:00 p.m.

### Fire Department: Emergencies: 911

PO Box 7032 • 798-5612

The Fire Department holds its general meeting on the second Monday of the month at 7:30 p.m. in the Safety Building. To obtain a fire permit, please stop by the station weekdays between the hours of 7 a.m. and 6 p.m.

Fire permits for the weekend need to be obtained during these times.

### Loudon Elementary School

7039 School Street • 783-4400

The School Board meets the second Monday of the month at 7:15 p.m.

Call the Superintendent's Office for meeting location.

### Transfer Station

783-0170 • Tues. & Thurs.: 9 a.m.–5 p.m. (Winter)

Tues.: 9 a.m.–5 p.m. • Thurs.: 11 a.m.–7 p.m. (Summer) • Sat.: 8 a.m.–5 p.m.

Loudon residents can purchase facility stickers at the transfer station for \$1.00.

See the attendant.

### Highway Department

Road Agent: David Rice • 783-4568

Mon.–Fri.: 7 a.m.–3:30 p.m.

### Maxfield Public Library

Librarian: Nancy Hendy • 798-5153

Mon.: Closed • Tues.: 10 a.m.–9 p.m. • Wed.: 1–9 p.m.

Thurs.: 10 a.m.–9 p.m. • Sat.: 9 a.m.–1 p.m.

The Library Trustees meet at 5 p.m. on the first Tuesday of the month.

### John O. Cate Memorial Van

Call 783-9502 at least a week in advance of your appointment to schedule a ride.

The John O. Cate Van committee meets the last Thursday of the month at 2 p.m.

at their facility at the Transfer Station.

### Loudon Food Pantry

30 Chichester Road, Unit D, Loudon

Open Wednesdays and Thursdays from 10 a.m.–6 p.m.

For more information, call Sue or Sarah at 724-9731 or email

[LoudonFoodPantry@yahoo.com](mailto:LoudonFoodPantry@yahoo.com)

## Loudon Representatives

### Merrimack County — District 6

**Maureen Baxley:** PO Box 67, Andover, NH 03216. 682-3782

**Claire D. Clarke:** 437 Daniel Webster Hwy., Boscawen, NH 03303. 796-2268

**Priscilla P. Lockwood:** PO Box 1, Canterbury, NH 03224. 783-4349

**Joy K. Tilton:** 4 Hill St., Northfield, NH 03276. 286-8806

**Frank A. Tupper:** PO Box 92, Canterbury, NH 03224. 783-4110

**Deborah H. Wheeler:** 38 Bay St., Northfield, NH 03276. 286-8212

### Senators — District 07

**Harold W. Janeway:** 225 Tyler Rd., Webster, NH 03303. 271-7585

## Loudon Ledger Submission Policy

All groups, organizations, individuals, etc. are encouraged to submit articles to the Loudon Ledger. Special events, landmark anniversaries or birthdays, "attaboys," etc. are all welcome.

Please note, however, that the Ledger will uphold its mission:

*To provide a comprehensive source of information and education about business, government, and community organizations within Loudon in order to facilitate and encourage informed citizen participation.*

We will also follow our *Articles of Agreement*, which are on file with the Secretary of State:

*The corporation shall not participate in, or intervene in any political campaign on behalf of any political party or candidate for public office, nor shall it sponsor or endorse any plan or proposition that does not facilitate or encourage informed citizen participation.*

In other words, any article submitted must present *all sides* of an issue in a factual, unbiased manner so that the reader may form his/her own opinion based on the information presented. To paraphrase Eric Sevareid: "You should elucidate but not advocate."

Articles should be submitted to the Loudon Communications Council, P.O. Box 7871, Loudon, NH 03307. They may be emailed to [debbie@debbiekgraphics.com](mailto:debbie@debbiekgraphics.com). From there, they will be forwarded to the Council for review before they are inserted in the Loudon Ledger. If you have any questions regarding this policy, please contact Mary Ann Steele, chairperson of the Council, 267-6509. ■

**Classified Ads are available. Please mail your ad copy, along with a check payable to LCC, to PO Box 7871, Loudon, NH 03307. A 1–3 line, 1-column ad will cost \$10. A 4–5 line, 1-column ad costs \$15.**

## "The Loudon Ledger" 2010 Schedule

January 2010 Ad & Copy Deadline: Fri. 12/18 Council Meeting: Mon. 12/21

February 2010 Ad & Copy Deadline: Fri. 1/15 Council Meeting: Mon. 1/18

March 2010 Ad & Copy Deadline: Fri. 2/12 Council Meeting: Mon. 2/15

April 2010 Ad & Copy Deadline: Fri. 3/19 Council Meeting: Mon. 3/22

May 2010 Ad & Copy Deadline: Fri. 4/16 Council Meeting: Mon. 4/19

June 2010 Ad & Copy Deadline: Fri. 5/14 Council Meeting: Mon. 5/17

July 2010 Ad & Copy Deadline: Fri. 6/18 Council Meeting: Mon. 6/21

August 2010 Ad & Copy Deadline: Fri. 7/16 Council Meeting: Mon. 7/19

September 2010 Ad & Copy Deadline: Fri. 8/20 Council Meeting: Mon. 8/23

October 2010 Ad & Copy Deadline: Fri. 9/17 Council Meeting: Mon. 9/20

November 2010 Ad & Copy Deadline: Fri. 10/15 Council Meeting: Mon. 10/18

December 2010 Ad & Copy Deadline: Fri. 11/12 Council Meeting: Mon. 11/15

**PLAN YOUR ADVERTISING IN ADVANCE!  
TO ADVERTISE, CONTACT: Samantha French/783-4601**

### DISPLAY ADVERTISING RATES:

Business Card	4½"W x 2"H	\$35.00/issue
1/8 Page	4½"W x 3"H — or — 2¾"W x 6"H	\$50.00/issue
1/4 Page	9¾"W x 3"H — or — 4½"W x 6"H	\$65.00/issue
1/2 Page	9¾"W x 6"H — or — 4½"W x 11¾"H	\$115.00/issue
Full Page	9¾"W x 11¾"H	\$230.00/issue

**Purchase an advertising contract for the entire year and SAVE 10%!**

**CLIP AND SAVE FOR FUTURE REFERENCE!**

## The Loudon Ledger

is published monthly by the Loudon Communications Council,  
PO Box 7871, Loudon, NH 03307.

**Council Members:** Dottie Mulkey, Mary Ann Steele, Tricia Jackson, Jenn Becker, Pete Pitman, and Amanda Masse.

Editorial Submissions may be mailed to PO Box 7871, Loudon, NH 03307 or sent via email to: [debbie@debbiekgraphics.com](mailto:debbie@debbiekgraphics.com)

All editorial submissions are approved by the Council before publication.

Advertising: Samantha French — 783-4601 / [harvestmoon@aol.com](mailto:harvestmoon@aol.com)

Web Site Submissions: Kathy Pitman — [Loudonwebmaster@comcast.net](mailto:Loudonwebmaster@comcast.net)

## Where to Worship in Loudon

### Family Bible Church

*"Where everybody is somebody, and Jesus is Lord!"*

*Pastor Steve Ludwick*

676 Loudon Ridge Rd., PO Box 7858, Loudon, NH, 03307 • 267-7577  
www.myfamilybiblechurch.org • Email: sludwick@hughes.net

*Coffee & Prayer Time:* Sunday 8–9:10 a.m.

*Sunday Worship:* 9:30 a.m. A blend of hymns & contemporary songs.

Fellowship time following service is provided. Sunday School for ages 4 years–5th grade during worship service. Nursery also Available.

*Sunday Evening:* Youth Group — For Grades 6–11: 6–7:45 p.m.

*Monday:* Men's Fellowship and Prayer 7–8:45 p.m.

*Wednesday:* Women's Bible Study, fellowship, and prayer: 9:15 a.m.

*Ongoing Evening Adult Bible Studies:* call for details



### Faith Community Bible Church

*Jeffrey Owen, Senior Pastor • Joshua Owens, Associate Pastor*

334 North Village Road, Loudon, NH 03307 • 783-4045 • www.fcbc-loudon.org  
phyllis.minery@fcbc-loudon.org • Office Hours: Tues.–Thurs. 9 a.m.–2 p.m.

*Sunday Worship Hours:*

8:00 a.m. and 11:00 a.m. (Nursery provided.) • Children's Church for ages 3–grade 3

Sunday School Classes for all ages 9:30–10:30 a.m.

*Youth Group for Grades 6–12:* Sunday Evening 6:30 p.m.

*Bible Study:* Thursday mornings at 9:30 a.m. (3rd Thursday of month meets at noon)

*Men's Ministry/Men of Faith:* Saturday 7:00 a.m.

*Women's Ministry:* Third Friday at 6:30 p.m. • *Senior Ministry/SAGES:* Third Monday

*Small Group Ministry/BRIDGES:* Various locations during the week



### Landmark Baptist Church

Fundamental, Independent, Biblical, Caring

*Pastor Paul J. Clow*

103 Chichester Road, Loudon, NH 03307 • 798-3818 • www.landmarkbaptistchurch.info

*Sunday School:* 9:30 a.m. (Nursery Provided) (New Beginnings Class:

for those interested in the Christian Faith and in Landmark Baptist Church. This is a time for questions and answers about what it means to be a Christian and what we believe here at Landmark!)

*Sunday Morning Worship:* 10:30 a.m. (Nursery and Children's Church Provided)

*Sunday Evening:* 6 p.m. • *Master Club:* Weds. 6:30–8 p.m. (ages 5–6th grade)

*Wednesday Evening Bible Study:* 7 p.m. (Nursery Provided. We are studying verse by verse through various books of the Bible.)

*Saturday Street Witnessing:* 9:30 a.m. • *Saturday Youth Group:* 7–9 p.m. (Grades 7–12)

We never cancel services for any reason!



### Loudon Center Freewill Baptist Church

*Rev. Henry Frost*

Clough Hill Road. Mailing address: P.O. Box 7852, Loudon, NH 03307 • 783-4540

Member of the American Baptist Churches of VT/NH (Lakes Area Association)

*Sunday Worship:* 10:00 a.m.



### Loudon Congregational Church

*Rev. David D. Randlett, III*

7018 Church Street, PO Box 7034, Loudon, NH 03307 • 783-9478 • www.loudoncongregational.org

*Sunday Worship:* 9:30 a.m. (Staffed nursery for infants–pre-K)

*Sunday School (all ages):* 11:15 a.m. (Sept.–June)

*Tuesday and Wednesday Evenings:* Regional PrayerWatch Groups and Christian Study Groups (call for details)

Loudon Congregational is a member church of the Conservative Congregational Christian Conference (www.cccusa.org).

### GraveRobbers Coffeehouse

*A community hospitality project of Loudon Congregational Church.*

GraveRobbers is a safe, fun setting for everyone! Coffeehouse concerts are held the **first Saturday of every month at 7 p.m.** featuring accomplished musical artists of various styles in a casual, café setting (doors open at 6:30). There is no admission to the concerts; however, donations for the artists are encouraged. Refreshments are available at reasonable prices.



### New Beginnings Church of the Nazarene

*Rev. W. John White, Senior Pastor*

33 Staniels Rd, Loudon NH 03307 • Ph: 224-1311 • Office Hours: 9–2, Mon.–Fri.  
phyllish@LNBnazarene.org • www.LNBnazarene.org

*Sundays: Sunday School & Adult Bible Studies:* 9:15 a.m.

*Worship:* 10:30 a.m. (Childcare provided for Infants.) *Jr. Kids Church* (2-year-olds–Kindergarteners.) *Kidsville* (Grades 1–4)

*Early Evening:* House Churches. (Call the church or visit our website for a location near you.)

*Tuesdays: Early Youth Group* (Grades 5–6). 6:30–8 p.m. Brian & Jill Bollinger: 267-1744

*Wednesdays: Youth Group* (Grades 7–12). 6:30–8:00 p.m. (Brian Bollinger)

*Adult Bible Studies:* 7:00 p.m.

*Other:* Once a month will also have events for men, women, adults, and seniors (50+) called OASIS.

Please visit our website or call the church office for details.



### SonLight Christian Fellowship

*Pastor Thomas Friedrich*

Currently meeting at the Loudon American Legion Hall, So. Village Rd.

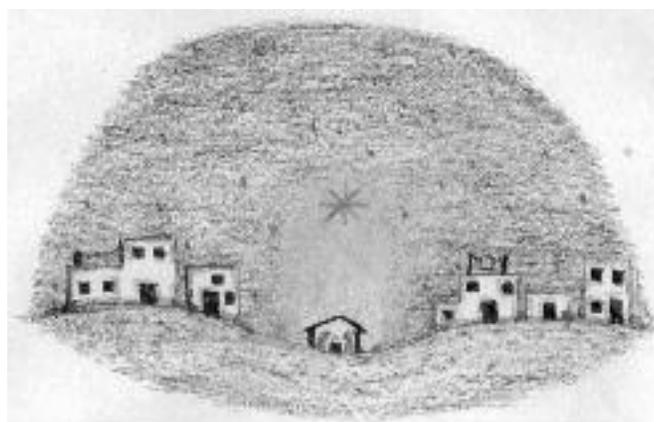
Mailing address: 55 Wiggins Road, Loudon, NH 03307 • 798-3112 • pastor@sonlightchristian.org

*Sunday Worship:* 10:30 a.m. *First Sunday of Every Month:* Communion Service followed by potluck luncheon. *Third Sunday of Every Month:* Men's and Women's Ministry Luncheon following services.



To have your Church's information added to this column, please email your information to [debbie@debbiegraphics.com](mailto:debbie@debbiegraphics.com)

## LOUDON CHURCH NEWS



### Journey to Bethlehem

## Church of the Nazarene Presents "Journey to Bethlehem"

*Journey to Bethlehem* is an experience that takes the whole family back to the days of Jesus' birth in the little town of Bethlehem. It is a chance to walk around the marketplace and hear the excitement residents have as the word spreads of the Savior being born. Families can visit the shepherd field where the angels announced His birth. They can visit the inn where Mary and Joseph were turned away and they can visit the stable where Jesus was born. Families and guests are invited to interact with the characters and place themselves in Bethlehem.

The event will be held **Friday and Saturday nights on Dec. 10 and 11 from 6–8 p.m.** at New Beginnings Church of the Nazarene. No admission fee.

We will be collecting non-perishable food items at the door to benefit Rise Again Outreach which helps families in the greater Concord area.

The church is located at 33 Staniels Road in Loudon, is handicap accessible and is across from the Red Roof Inn. For more information, the church office phone number is 224-1311. We look forward to seeing you in Bethlehem.

Our Christmas Eve Service will be held on Dec. 24th from 6–7:00 p.m. Carols, Communion, and Candlelight. All are welcome. ■



## Richard Brown House



Richard Brown House has created an art gallery in the lobby of our building. It will add a splash of color and a focal point as folks enter the building. Currently we are exhibiting pictures taken by resident Joanne Pouliot. She captured some lovely fall scenes and pictures of our residents.

We invite local community artisans to display their art in our gallery. Works will be changed on a 60-day rotation. Items should be hang-able and will be screened by RBH staff. Contact Ken at 798-3190 if you are interested in displaying your work.

RBH was happy to host the Loudon Lions Club meeting in November. The speaker presented some helpful information on hearing devices, some of which our residents were not familiar with. We welcome other clubs or businesses within the surrounding communities to use our facility as well. We are also seeking new tenant applicants to join the RBH. Please call Michael at 798-3190, Ext 1 for additional details.

Halloween was a fun time for our residents. They had fun preparing bags of candy and greeted the trick-or-treaters at the door. A total of 89 ghosts and goblins visited.

We would like to wish all our friends and neighbors in the greater Loudon area very happy and safe holidays. ■



### Walk-In Immunization Clinics

Concord Regional Visiting Nurse Association is offering the following affordable monthly walk-in Immunization Clinic for all ages:

Monday December 1 1–3 p.m.  
Tuesday December 21 2:30–4:30 p.m.

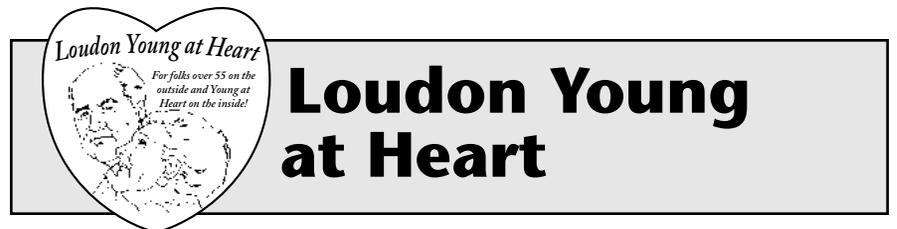
Immunization Clinics are held at St. Paul's Episcopal Church Outreach Center, 21 Centre Street, Concord. A fee of \$5.00 is requested per child (under 18). Adult vaccination costs vary by the cost of the individual vaccines. Children must be accompanied by a parent or guardian. Please bring an immunization record with you. For more information call Concord Regional Visiting Nurse Association Community Health Services at 224-4093 or 800-924-8620, extension 5815.

### Walk-In Blood Pressure Clinics

Concord Regional Visiting Nurse Association is offering the following FREE monthly walk-in Blood Pressure Clinics:

Wed., Dec. 1, 10 a.m. to Noon Hannaford's Pharmacy, Ft. Eddy Rd., Concord  
Fri., Dec. 3, 9–11 a.m. West Street Ward House, Concord  
Wed., Dec. 8, 10:30–11:30 a.m. White Rock Senior Living Community, Wellness Office 6 Bow Center Rd., Bow

Concord Regional Visiting Nurse Association offers blood pressure screenings in the areas that it serves. Blood pressure screenings are a good way for individuals to track their blood pressure for upcoming visits to their physician. Blood pressure screenings are free of charge. For more information call Concord Regional Visiting Nurse Association at 224-4093 or 800-924-8620. ■



## Loudon Young at Heart

Loudon's Young at Heart members have been very busy lately. On October 26 they traveled north for their annual visit to Indian Head. Mother Nature had painted the landscape bronze, copper, and orange with splashes of red and yellow. This alone made the trip to Lincoln enjoyable for the 64 seniors. We were warmly welcomed by Sil and then lined up to partake of a bit of cheer. The buffet was delicious and had lots of choices.

The first entertainment was The Swingers — a big band sound group of seniors. They were very talented on the accordion, keyboard, clarinet/sax, and drums. Many enjoyed some dancing. One outstanding selection was The Twelfth Street Rag on the accordion.

Russ Peterson was an outstanding one-man show who encouraged a lot of audience participation. His songs were lively and very energetic. He did a number of imitations of celebrities such as Jimmy Durante and Louis Armstrong. No one went away without their quota of laughs for the day.

On November 9 we met at Charlie's Barn for Show n Tell. Somehow our members seem to find a variety of interesting things to share. This time they included an antique school bell used in the schoolyard of the Yellow School; an antique fireman's hat from Englewood, California; a picture of the Higgins Farm on School Street; and Indian Head memorabilia. Others showed a 1910 picture of a house and barn on Ridge Road, a variety of hand-sewn tote bags and dolls, a collection of old Loudon documents and a hand sled. No doubt there are plenty more treasures hiding out in folks' attics for our next Show 'n Tell.

Door prizes were won by Dick Malfait, Janet Brown, and Nellie Riel. Several boxes of nonperishable items were collected and delivered to the Loudon Food Pantry.

The next meeting will be December 14 at Charlie's Barn at 10:00 a.m. Those coming are asked to bring a casserole or a dessert for the buffet. The meal will be followed by caroling with Roger Dow at the piano. We hope you will join us.

Loudon Young at Heart extends sincere get well wishes to Betty Frost and Bob Arsenault. ■



Left to right: Janet Rosequist (advisor), Ben Davis, Anakin Graton, Chris Mayer, Michelle Stover, Nick VanderWoude and Emily VanDooren.

## Loudon Students Compete in Indianapolis

TILTON, NH. Members of the Winnisquam FFA Chapter tested their skills in the Parliamentary Procedure, Food Science and Technology and Extemporaneous Public Speaking Career Development Events (CDEs) at the National FFA Convention in Indianapolis, Indiana during the week of October 18th. Two members of the Parliamentary Procedure Team are from Loudon — Nick VanderWoude and Chris Mayer. The team, chaired by VanderWoude, won a silver emblem for New Hampshire. The parliamentary procedure event challenges participants to demonstrate their abilities to conduct orderly and efficient meetings, present logical and convincing discussions and properly record meeting procedures. Each team must take a written exam, conduct a ten-minute demonstration, respond verbally to parliamentary law questions and prepare minutes from their demonstration. VanderWoude is a senior at Merrimack Valley while Mayer is a 2010 graduate.

The above is just one example of the twenty-four CDE's in which students practiced the lessons learned in agriculture classes at the 83rd National FFA Convention. The convention was attended by nearly 55,000 students, teachers, parents, and supporters of the FFA from across the United States. Currently ten Merrimack Valley High School Students attend the Winnisquam Agriculture Center daily to take an agriculture class, which makes them eligible for membership in the National FFA Organization. For more information about FFA in the Granite State visit [www.nhffa.org](http://www.nhffa.org). ■



## FROM THE FIRE DEPARTMENT

# Holiday Fire Safety

Decorating homes and businesses is a long-standing tradition around the holiday season. Unfortunately, these same decorations may increase your chances of fire. Based on data from the National Fire Protection Association (NFPA) and the U.S. Fire Administration (USFA), an estimated 250 home fires involving Christmas trees and another 170 home fires involving holiday lights and other decorative lighting occur each year. Together, these fires resulted in 21 deaths and 43 injuries.

Following a few simple fire safety tips can keep electric lights, candles, and the ever-popular Christmas tree from creating a tragedy. Learn how to prevent a fire and what to do in case a fire starts in your home. Make sure all exits are accessible and not blocked by decorations or trees. Help ensure that you have a fire safe holiday season.

## Christmas Trees

What's a traditional Christmas morning scene without a beautifully decorated tree? If your household includes a natural tree in its festivities, take to heart the sales person's suggestion — "Keep the tree watered."

Christmas trees account for hundreds of fires annually. Typically, shorts in electrical lights or open flames from candles, lighters or matches start tree fires. Well-watered trees are not a problem. A dry and neglected tree can be.

### Selecting a Tree for the Holidays

Needles on fresh trees should be green and hard to pull back from the branches, and the needles should not break if the tree has been freshly cut. The trunk should be sticky to the touch. Old trees can be identified by bouncing the tree trunk on the ground. If many needles fall off, the tree has been cut too long and, has probably dried out, and is a fire hazard.

### Caring for Your Tree

Do not place your tree close to a heat source, including a fireplace or heat vent. The heat will dry out the tree, causing it to be more easily ignited by heat, flame or sparks. Be careful not to drop or flick cigarette ashes near a tree. Do not put your live tree up too early or leave it up for longer than two weeks. Keep the tree stand filled with water at all times.

### Disposing of Your Tree

Never put tree branches or needles in a fireplace or wood-burning stove. When the tree becomes dry, discard it promptly. The best way to dispose of your tree is by taking it to a recycling center or having it hauled away by a community pick-up service.

## Holiday Lights

### Maintain Your Holiday Lights

Inspect holiday lights each year for frayed wires, bare spots, gaps in the insulation, broken or cracked sockets, and excessive kinking or wear before putting them up. Use only lighting listed by an approved testing laboratory.

### Do Not Overload Electrical Outlets

Do not link more than three light strands, unless the directions indicate it is safe. Connect strings of lights to an extension cord before plugging the cord into the outlet. Make sure to periodically check the wires — they should not be warm to the touch.

Do not leave holiday lights on unattended!

## Holiday Decorations

### Use Only Nonflammable Decorations

All decorations should be nonflammable or flame-retardant and placed away from heat vents. If you are using a metallic or artificial tree, make sure it is flame retardant.

### Don't Block Exits

Ensure that trees and other holiday decorations do not block an exit way. In the event of a fire, time is of the essence. A blocked entry/exit way puts you and your family at risk.

### Never Put Wrapping Paper in the Fireplace

Wrapping paper in the fireplace can result in a very large fire, throwing off dangerous sparks and embers that may result in a chimney fire.

## Candle Care

### Avoid Using Lit Candles

If you do use lit candles, make sure they are in stable holders and place them where they cannot be easily knocked down. Never leave the house with candles burning.

### Never Put Lit Candles on a Tree

Do not go near a Christmas tree with an open flame — candles, lighters or matches. ■

*The Loudon Fire  
Department wishes you a  
joyous and safe  
holiday season!*

## Communications Council Looking for Volunteers

Do you like to write? Are there topics near and dear to your heart that you think others might enjoy reading about? Would you like to share your talents and expertise in a "How To" column?

If you answered "yes" to any of these questions, please consider joining the Loudon Communications Council, publishers of *The Loudon Ledger*. We meet once a month to organize and plan the upcoming issue of the paper. Meetings are brief. The *Ledger* is Loudon's very own source for local news, minutes, and schedules of events. We'd like to add more human interest stories and more "regular" columns.

Articles should be brief and may be accompanied by photographs. Opinion pieces are not allowed but educational items are. In other words, if you have a topic you feel strongly about, you may write a column but you must present all sides of an issue in order to allow the reader to form their own opinion based on facts.

You might also want to report on events happening around time. We know there are many things going on that never make it into the local paper because there's no one to report on them. If you think you'd enjoy doing this — or just sending information on your organization — please plan on joining us.

If you'd like more information or would like to speak to a member of the Council, please call Mary Ann Steele, Council President, at 267-6509. The Council's next meeting is Monday, December 20 at 6:30 p.m. at the Loudon Elementary School. ■

## Town of Chichester Food Pantry

Located at the Chichester  
Town Office.

For Chichester residents.

Hours:

Monday–Thursday  
8:30 a.m. to 2:30 p.m.

Tuesday evening  
4–7 p.m.

**DEADLINE FOR THE  
JANUARY ISSUE OF THE  
LOUDON LEDGER:  
FRIDAY, DEC. 17, 2010**

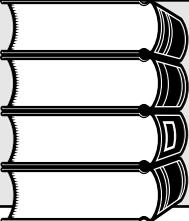
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## Maxfield Public Library News



Halloween Storytime and the Library.



Costumed Storytime children visited the Police Department to show off their costumes.

What do snowmen eat for breakfast?

YFSOTR

NSPSERTE

SNWO

TSWIUSON

ASNAT

DEEERCBM

EIEDRRNE

LFE

OLLYH

EMNGAR

SNFLAOEKW

OEISCKO

MICSHRSTA

November Word Scramble Answers:  
HOLIDAY, VETERAN, STIFFING, NOVEMBER, DESSERT, FOOTBALL,  
RELATIVES, AUNT, TURKEY, PIES

Why did they let the turkey join the band?  
Because he had the DRUMSTICKS!

### Trick or Treating

There were all sorts of animals, superheroes, witches, and princesses, gathered together in the library for a special story time, the week before Halloween.

We would like to thank the Loudon Police Department, the Loudon Fire Department, and the ladies at the Town Office for participating in our annual costume parade. The children had a great time!

### Storytime

On the first and second of December, story timers will hear how animals prepare for the coming winter with Melissa Stewart's *Under the Snow* and Margaret Hall's *Hibernation*. In the craft time to follow, the children will create their own cave for a bear to hibernate in during the winter months.

As kitchens bustle with holiday preparations, we will read *The Gingerbread Boy* and Pat Hutchins' *The Doorbell Rang* on the 7th, 8th, and 9th. After the stories, we will design gingerbread house placemats to use during December.

Snow is in the forecast for the 14th through the 16th. *Snow Day* by Komako Sakai and Robert Frost's *Stopping by Woods on a Snowy Evening* are the stories for the week. The children will create a snowy scene as they anticipate the snowflakes to come.

On December 21st and 22nd, we will read *Mouse's First Christmas* by Lauren Thompson and Rick Walton's *Bunny Christmas*. Each story timer will make an ornament to bring home to decorate their tree. You are invited to stay a bit longer for a holiday celebration. Please bring a treat to share and the library will provide juice.

### Vacation Week

If you need something to do for school vacation, why not stop in at the library? Along with checking out a few good books, you could look through our collection of DVDs or sign out some passes to our local attractions.

The library is also offering an afternoon movie on Wednesday, December 29th at 2 p.m. Join us for a showing of *How to Train Your Dragon*. The library will provide free juice and popcorn.

On Thursday, December 30th, come down to the craft room for our Drop-In Craft day. You may stop in any time between 11 a.m. to 3 p.m. to create a take-home craft.

### Art Display

Quilted wall hangings by Karen Thurber will bring color and warmth to the library from December through mid-January. Her imaginative landscapes are vibrant and full of detail. Don't miss these inspired works!

### Spring Art Show

We may still have the whole winter to get through, but you can look ahead to spring and another art show by the Loudon Village Arts group. Planning will take place on the first Wednesday of each month at 7 p.m. A tentative date has been set for early May. Please contact the library if you are interested in submitting work to be juried.

### Book Group

Due to the holidays, the group will meet on December 30, at 7 p.m.

## D.A.R.E. News

Corporal Jason S. Fiske, D.A.R.E. Instructor

This year the D.A.R.E. Program will begin the week the kids return from Christmas vacation. The course is usually 9 weeks with the last class being graduation.

This year, the students will be taught two weeks of bullying lessons and two weeks of prescription and over the counter drug abuse. We will also have a class on cyber bullying and the dangers of the internet.

I'm enthusiastic about this program and look forward to working with the Students at the Loudon Elementary School as well as the staff. Not only does this program teach the children about drug and alcohol abuse, it teaches them some life skills and to resist peer pressure that they will undoubtedly face when moving on to Middle School.

We would like to thank the many supporters of this program. We have one fundraiser, D.A.R.E. Pizza Night with a raffle held in March. The money raised at this event is supplemented by various donations from individuals and businesses. There are also many individuals that donate to this program throughout the year and we appreciate all who contribute.

I look forward to continuing my position as the D.A.R.E. Instructor to the Loudon Elementary School fifth grade classes. If you have any questions regarding this program, I encourage you to contact me at the Loudon Police Station at 798-5521 or via e-mail at [jfiske@loudonpolice.com](mailto:jfiske@loudonpolice.com). ■

**The Annual Meeting of the  
Loudon Communications Council  
will be held  
Monday, January 24, 2011  
at 6:30 p.m.  
at the Community Building  
Council members and officers will be elected.  
The public is invited to attend.**

Maxfield Public Library — cont. from page 6

### French Club

Lessons in conversational French will be followed up by meetings of the French Club on Thursdays at 1 p.m. Books, films, and culture are likely to be on the agenda. Newcomers are welcome.

### Oil Painting for Beginners II

Ken Krzewick will teach another eight-week course of oil painting classes, on Wednesdays at 2 p.m., beginning January 12. Class size is limited to six. The course fee is \$80. Please contact Nancy Hendy at 798-5153 about enrolling

### The Classic Book Group

Having visited Anthony Trollope's *Barchester Towers*, the group will move to *Vanity Fair* by William Makepeace Thackeray for their December discussion. Was the author of this 1847 book a moral satirist or gossipy cynic? Who are Becky Sharp's modern day counterparts? Weigh in on these and other questions when the group meets on December 14, at 2:30 p.m. Readers are asked to provide their own copies of the book.

### Sit 'n Stitch

The library is a great place to gather around and stitch. A knitting group will be starting on Wednesday, January 5th, at 7 p.m. Whether you are a beginner or an advanced knitter come share your insight with others in the Children's Room.

Knitting not your thing? Bring along that project you've been dying to complete whether it's crochet, cross stitch, needlepoint, or tatting. Here's a great chance to enjoy fellowship with other stitchers... And maybe tell a YARN or two!

### New Books

#### Fiction

Baldacci, David	<i>Hell's Corner</i>
Cussler, Clive	<i>Crescent Dawn</i>
Deaver, Jeffery	<i>Edge</i>
Flagg, Fannie	<i>I Still Dream about You</i>
Grisham, John	<i>The Confession</i>
Karon, Jan	<i>In the Company of Others</i>
Lehane, Dennis	<i>Moonlight Mile</i>
Tapplly, William G.	<i>Outwitting Trolls</i>



## Loudon Police Department News

By Robert N. Fiske, Chief of Police

As the holidays are fast approaching, the members of the Loudon Police Department extend our wishes to all for a happy and healthy holiday season.

I am urging parents to talk to their teenagers who are now licensed. We need to continue to remind them to SLOW down. This past fall we responded to several motor vehicle accidents that involved young drivers. Three of these accidents resulted in rollovers and the majority of the accidents are occurring when they are heading to school or returning. You must be travelling at a reasonable and prudent speed under the conditions — not necessarily the posted speed limit. PLEASE encourage them to use caution and drive at a reasonable speed — especially with the inclement weather coming. This message is a reminder to ALL drivers, young and old alike.

The Loudon Police Association Community Calendars are here! Thank you to everyone who supported this fundraiser by purchasing advertisement or purchasing a calendar. There are a limited number of extra calendars for sale for \$5.00. A special thank you to Brenda Pearl for all her hard work on this calendar!

I urge everyone to use common sense when planning to host or attend the numerous holiday parties that occur during this time of year. Don't drink and drive. We will be out with extra patrols to deter drinking and driving. Plan ahead and utilize a designated driver and please buckle up.

Again, we thank the residents for their continued support of the Loudon Police Department and on behalf of all members of the Loudon Police Department, Happy Holidays! ■

**Support Loudon Businesses.  
Tell them you saw their ad in  
The Loudon Ledger!**

### Nonfiction

Bodhipaksa	<i>Living as a River</i>
Burstein, Andrew	<i>Madison and Jefferson</i>
Conroy, Pat	<i>My Reading Life</i>
Dunham, Jeff	<i>All By My Selves</i>
Hillenbrand, Laura	<i>Unbroken</i>
Leavy, Jane	<i>The Last Boy</i>
Winchester, Simon	<i>Atlantic</i>
Ziegelman, Jane	<i>97 Orchard</i>

### New DVDs

*Agora, Centurion, How to Train Your Dragon, The Last Airbender, Marmaduke, Ondine, Princess Ka'iulani, Ramona and Beezus, The Secret in Their Eyes, Solitary Man, Toy Story 3, Triage*

### Holiday Hours

The library will be closed Saturday, December 25th and Saturday, January 1st, for the holidays.

*We wish you a Merry Christmas and a Happy New Year!*

### Library Hours

Tuesdays and Thursdays 10 a.m.–9 p.m. Wednesdays 1–9 p.m. Saturdays 9 a.m.–1 p.m.



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### Happy Holidays

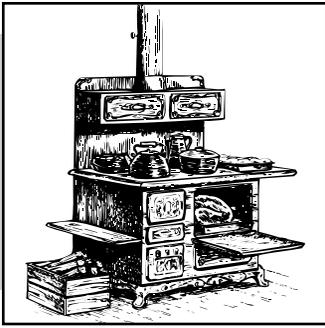
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# What's Cookin'!

## This month: Loudon Farm Feast Recipes

By Jenn Pfeifer

I would like to thank everyone who came to the First Annual Loudon's Farm Feast. For me personally, it was a labor of love. My love for cooking and feeding people made any uncertainty about this new event seem insignificant. However, I have never cooked that much food for that many people before. The other difference to this amazing meal was that 95% of what was served came from right here in Loudon. I spent many hours planning and prepping with some of the most amazing people in Loudon.

I created the following recipes once we knew what was going to be available from the farmers. Some of the ingredients were frozen or canned from local gardens over the summer to be sure we had lots of flavors. As many of you know, I usually don't follow recipes exactly and when multiplying the following recipes for 200 people, some tweaks need to be made. Please let your taste buds be your guide.

### CIDER BEEF STEW — serves 8

- 2 lbs. beef cubes
- 1/4 cup flour
- 1/4 cup oil
- 1 onion chopped
- 1/4 head of garlic chopped
- 8 carrots cut into pieces
- 6 potatoes cut into pieces
- 2 cups cider
- 2 cups stock
- 1/4 tsp. rosemary
- 1 Tbs. salt
- 1/4 tsp. pepper

Mix beef with flour salt and pepper (I like to use a zip-lock for even coverage). In a large stock pot, brown meat over med-high heat in oil. Add onion and garlic cook for about 2 minutes then add remaining ingredients stir and cover. Cook over med low heat for 5-6 hours stirring occasionally. Add more spices to your taste.

### VEGGIE SOUP — serves 8

- 1/4 lb. clean dry beans
- 2 cups water
- 6 carrots cut into pieces
- 4 cups tomatoes
- 1 ear corn cut from the cob
- 1 onion chopped
- 1/2 head garlic
- 1 Bay leaf
- 1 tsp. basil
- 6 cups stock
- 1 Tbs. Salt
- 1/4 tsp. pepper
- 1 bunch kale washed and torn into small pieces

In a large stock pot add beans and water cook over med-high heat for about 15 minutes until they start to soften. Add all remaining ingredients EXCEPT for the kale and cook until the carrots are softened. Then add kale and cook for 5 min. (I don't like my carrots crunchy but I also don't like my kale mushy.) Add more spices to your taste.

### SQUASH SOUP — serves 8

- 1 squash
- 3 apples
- 1 onion
- 2 tsp. curry powder
- 2 cups cider
- 3 cups stock
- Salt and pepper

Turn oven on to 350 degrees. Cut squash in half the long way and scoop out the seeds. Place on a large cookie sheet cut side down. Do the same with the apples, too! Peel onions and cut into quarters and spread on pan with squash and apples. Add 1-2 cups of water to just cover the bottom of the pan. Cook for about 45 min.

or until veggies are soft and caramelized and the water is almost gone. Remove from oven and let cool on pan. When cool enough to handle, scoop squash out of the peel and add it, plus the onion and apples, to a large stock pot with remaining ingredients. Cook on low for about 20 minutes then use a wand blender to smooth out the soup. More liquid can be added if it's too thick for you. Be careful if you use a regular blender! Be sure to cover with a towel so the top doesn't blow the top off. I like to add a little bit of cream or dollop of Greek yogurt and croutons to my soup.

### BAKED APPLES — serves 6

- 2 lbs. or 4 apples
- 1/4 tsp. cinnamon
- 2 Tbs. lemon juice
- 1/4 cup maple syrup
- 2 Tbs. butter

Combine apples, cinnamon, lemon and syrup in a baking dish. Dot the top with butter and cook at 350 for 30 minutes.

### BAKED BLUEBERRY APPLES — serves 6

- 2 lbs. or 4 apples
- 1 cup blueberries
- 1/4 tsp. cinnamon
- 1/8 tsp. nutmeg
- 2 Tbs. lemon juice
- 1/4 cup maple syrup
- 2 Tbs. butter

Combine apples, blueberries, cinnamon, nutmeg, lemon and syrup in a baking dish. Dot the top with butter and cook at 350 for 30 minutes.

### PUMPKIN CUSTARD — serves 6

*If you use fresh pumpkin, like we did, you will need to bake and puree it before you start this recipe. Some of the feedback on the recipe was "It's not sweet enough and not enough spice." Please adjust amounts to suit your taste.*

- 6 eggs
- 2 cups pumpkin
- 2 1/2 cups milk
- 1/2 cup maple syrup
- 2 tsp. pumpkin pie spice
- 1/4 tsp. salt

Beat eggs well and then add remaining ingredients until combined. Pour into a buttered baking dish and cook at 350 for about 40 minutes or until a knife inserted into the center comes out clean.

### FIELD MOUSE PIE

*Joe Merrill asked me to submit this recipe that some thought should not be published. I like a good laugh and I'm always willing to try a new recipe! If farming fails, Joe won't go hungry! Thank you, Joe*

- 5 Fat field mice
- 1 Cup of macaroni
- 1/2 Medium onion thinly sliced
- 1 Medium-sized can of tomatoes
- 1 Cup of cracker crumbs

Boil the macaroni for ten minutes. While it is cooking, fry field mice long enough to dry out excess fat. Grease casserole with some of the fat and put a layer of macaroni in it. Add onion and tomato, then salt and pepper it well. Add field mice and cover with the remaining macaroni. Sprinkle the top with the cracker crumbs seasoned with salt, pepper, and butter. Bake at 325 degrees for 20 minutes or until mice are well done. (*Note: If insufficient mice are available substitute sausages.*)

*If you have any questions, comments, recommendations or suggestions please e-mail me at [jtpfeifer@comcast.net](mailto:jtpfeifer@comcast.net).*

# TO YOUR HEALTH

By Tricia Jackson, MPH

## Hypothermia

It's that time of year again; winter. We have to dress warmly and keep our homes heated. I thought some information on hypothermia would be helpful for outdoor and indoor situations.

Hypothermia is a medical emergency that occurs when your body loses heat faster than it can produce heat, causing a dangerously low body temperature. Normal body temperature is around 98.6°F (37°C). Hypothermia occurs as your body temperature passes below 95°F (35°C). When your body temperature drops, your heart, nervous system and other organs cannot work correctly. Left untreated, hypothermia eventually leads to complete failure of your heart and respiratory system and to death. Hypothermia is most often caused by exposure to cold weather or immersion in a cold body of water. Primary treatments are methods to warm the body back to a normal temperature.

### SYMPTOMS

Shivering is your body's automatic defense against cold temperature — an attempt to warm itself. Constant shivering is a key sign of hypothermia. Signs and symptoms of hypothermia include:

- Shivering
- Clumsiness or lack of coordination
- Slurred speech or mumbling
- Stumbling
- Confusion or difficulty thinking
- Poor decision making, such as trying to remove warm clothes
- Drowsiness or very low energy
- Apathy, or lack of concern about one's condition
- Progressive loss of consciousness
- Weak pulse
- Shallow breathing
- A person with hypothermia usually isn't aware of his or her condition, because the symptoms often begin gradually and because the confused thinking associated with hypothermia prevents self-awareness.

### Hypothermia not related to the outdoors

Hypothermia isn't always the result of exposure to extremely cold outdoor temperatures. An older person may develop mild hypothermia after prolonged exposure to indoor temperatures that would be tolerable to a younger or healthier adult — for example, temperatures in a poorly heated home or in an air-conditioned home.

In such cases, mild hypothermia may result in vague symptoms, and the typical shivering may not be present at all. Symptoms of mild hypothermia not related to extreme cold exposure may include:

- Confusion
- Lack of coordination
- Dizziness

- Nausea or vomiting
- Fatigue
- Hypothermia in infants
- Typical signs of hypothermia in an infant include:
  - Bright red, cold skin
  - Very low energy

### When to see a doctor

Call 911 or your local emergency number if you see someone exhibiting signs of hypothermia or if you suspect a person has had unprotected or prolonged exposure to cold weather or water. If possible take the person inside, remove wet clothing and cover him or her in layers of blankets.

### CAUSES

Hypothermia occurs when your body loses heat faster than it produces it. The most common causes of hypothermia are exposure to cold weather conditions or cold water, but prolonged exposure to any environment colder than your body can lead to hypothermia if you aren't dressed appropriately or can't control the conditions. Specific conditions leading to hypothermia include:

- Wearing clothes that aren't warm enough for weather conditions
- Staying out in the cold too long
- Unable to get out of wet clothes or move to a warm, dry location
- Accidental falls in water, as in a boating accident
- Inadequate heating in the home, especially for older people and infants
- Air conditioning that is too cold, especially for older people and infants

### How your body loses heat

The mechanisms of heat loss from your body include the following:

**Radiated heat.** Most heat loss is due to heat radiated from unprotected surfaces of your body. Your head has a large surface area and accounts for about half of all heat loss.

**Direct contact.** If you're in direct contact with something very cold, such as cold water or the cold ground, heat is conducted away from your body. Because water is very good at transferring heat from your body, body heat is lost much faster in cold water than in cold air. Water that is 65°F (18°C) — a relatively mild air temperature — can lead to hypothermia very quickly. Similarly, heat loss from your body is much faster if your clothes are wet, as when you're caught out in the rain.

**Wind.** Wind removes body heat by carrying away the thin layer of warm air at the surface of your skin. A wind chill factor is important in causing heat loss. For example, if the outside temperature is 32°F (0°C) and

the wind chill factor is minus 15°F (minus 26°C), your body loses heat as quickly as if the actual temperature outside were minus 15°F (minus 26°C).

### RISK FACTORS

A number of factors can increase the risk of developing hypothermia:

**Older age.** People age 65 and older are more vulnerable to hypothermia for a number of reasons. The body's ability to regulate temperature and to sense cold may lessen with age. Older people are also more likely to have a medical condition that affects temperature regulation. Some older adults may not be able to communicate when they are cold or may not be mobile enough to get to a warm location.

**Very young age.** Children lose heat faster than adults do. Children have a larger head-to-body ratio than adults do, making them more prone to heat loss through the head. Children may also ignore the cold because they're having too much fun to think about it. And they may not have the judgment to dress properly in cold weather or to get out of the cold when they should. Infants may have a special problem with the cold because they have less efficient mechanisms for generating heat.

**Mental impairment.** People with a mental illness, dementia or another condition that impairs judgment may not dress appropriately for the weather or understand the risk of cold weather. People with dementia may wander from home or get lost easily, making them more likely to be stranded outside in cold or wet weather.

**Alcohol and drug use.** Alcohol may make your body feel warm inside, but it causes your blood vessels to dilate, or expand, resulting in more rapid heat loss from the surface of your skin. The use of alcohol or recreational drugs can impair your judgment about the need to get inside or wear warm clothes in cold weather conditions. If a person is intoxicated and passes out in cold weather, he or she is likely to develop hypothermia.

**Certain medical conditions.** Some health disorders affect your body's ability to regulate body temperature. Examples include underactive thyroid (hypothyroidism), malnutrition, stroke, severe arthritis, Parkinson's disease, trauma, spinal cord injuries, burns, disorders that affect sensation in your extremities (for example, nerve damage in the feet of people with diabetes), dehydration, and any condition that limits activity or restrains the normal flow of blood.

**Medications.** A number of antipsychotic drugs and sedatives can impair the body's ability to regulate its temperature.

To Your Health — cont. on 12



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## Loudon Girl Scout News

All troops are busy with fun activities and community service projects. Thank you to everyone who purchased items at our annual bake sale. The money raised goes directly towards events and projects that benefit the girls of Loudon. We hope you enjoyed your delicious treats.

Keep an ear out in early December, the Girl Scouts of Loudon will be singing Christmas Carols in the village. If you see us, why not stop and hum a few bars!

Jammies and Cookies event will be in January where girls dress in jammies, bring new pajamas and books to donate to Loudon Food Pantry and make crafts with Girl Scout cookies and have a Girl Scout cookie snack and have some GS fun.

The Girls will kick off the 2011 Girl Scout Cookie Sale in their Jammies! Our Jammies and Cookies event will be held in early January. Troops will be collecting new pajamas and books to donate to the Loudon Food Pantry. There will be crafts and other Girl Scout fun and a sampling of Girl Scout cookies.

Mark your calendars! The 2011 Girl Scout Cookie Sale kicks off January 1, 2011. Can't you just taste the Thin Mints and Samoas now?

February will bring our annual World Thinking Day celebration. This year, we will be celebrating holidays around the world. Watch this space for a wrap up later in the spring.

Also we always accept new girls who want to join so look for the forms on the website [www.loudonnh.org](http://www.loudonnh.org) for more info.

*Girl Scouts builds girls of courage, confidence, and character, who make the world a better place. We are always looking for more girls who want to be part of the fun. Visit [www.loudonnh.org](http://www.loudonnh.org) for information and the registration forms. For more information about the Loudon Girl Scouts, or to request help with your community service project please contact Service Unit Manager Cecile Merrill at 798-3876 [cmerrill01@comcast.net](mailto:cmerrill01@comcast.net).*

### Daisy Troop 10955

*Sarah Earle, Lynette LeBlanc, Erin Dunbar, Tonya Carpenter*

This month the Daisies worked on earning their "considerate and kind" petal by playing some fun games. Our guests, "Trudy and Rudy," (some Brownie helpers) acted out some scenarios in which Rudy did not use her manners, and the girls had to point out what she did wrong. For each correct answer they earned a "considerate coin," and 10 coins earned them an invitation to a fancy tea party at Sarah Earle's house, to take place later this month. We also spent some time talking about how to be considerate of others and played modified versions of an active game to show how you can still have fun even when you have to be quiet or hold still or whatever the case may be. We're hoping to do some activities that show kindness to others around the holidays.

### Brownie Troop 10454

*Melissa Himes, Rebecca Stuart*

At our fourth meeting the girls each made a beanbag, which goes toward their sewing badge. They brought in scraps of fabric and old clothes to use for their outer material. Inside they filled their beanbags with rice, popcorn kernels, or small plastic beads. They learned how to make a pattern out of paper to pin or trace onto their fabric in order to have two pieces that are the same. After cutting and pinning the pieces together they sewed them together, filled them, and sewed the hole closed. Heart shape, square, and diamond shaped beanbags were soon ready to fly!

At our fifth meeting it was beanbag game day! Preparing to earn their Girl Sports badge, they stretched first in order to limber up and prevent injury then all took turns presenting the game they had each come up with. Games included red light green light with a heart shaped beanbag that was red on one side and green on the other. When the beanbag was thrown in the air they danced as long as it kept coming up green and froze when it flipped onto



*Brownie Troop 10454*

red. There were a few variations on throwing the beanbag into a bucket until you missed and from different distances. Knocking the soda bottle filled with sand off the bucket earned them another turn in line in one game. They slid their beanbags as far as they could or as close to the mark as they could, and even tried catching the beanbag on their foot. The funniest game was when they had to balance their beanbag on their head without touching it with their hands, and they walked in a single file line weaving around the classroom. This went on for nearly ten minutes until a winner was declared!!

At our sixth meeting the girls constructed papier-mâché turkeys for table centerpieces for Thanksgiving. After latex gloves were blown up and tied off, they made the goop to dip their newspaper strips into. Two cups of water to one cup of flour, and mix it by hand until the lumps are gone. The consensus was that it was disgusting but fun to dip their strips, wring them out, and wrap them around their 'turkeys' until they couldn't see the gloves any more. They also papier-mâché paper plates to use as bases during final completion of their turkeys scheduled for the week of Thanksgiving.

### Junior Troop 10361

*Tara Memmelo, Karen Minery*

We had our Sister to Sister celebration where we exchanged small handmade gifts and celebrated the fun that is Girl Scouting. Our first service project, a Peanut Butter and Jelly Drive to benefit the Loudon Food Pantry is still going. Look for our posters and decorated collection boxes around town. Please bring your donations to the Maxfield Public Library, The Loudon Elementary School or the TD Bank in the Fox Pond Plaza. Please make sure donated items are not open and have not expired. Our troop had a BLAST baking for the service unit bake sale. We hope you enjoyed our delicious sweet breads.

### Junior Troop 12083

*Leader Julie Segien, Co-Leader Karen Thurber-Wells*

We started with a word find. The words were big and long. The girls showed great determination to find every word and they were even interested in the definitions. We also played a game called Trust Me. The girls paired up and each was blindfolded one at a time and lead thru a small obstacle course with by taking directions from each other. The girls really enjoyed this activity. We discussed which role was easier, giving directions or taking them blindfolded. Lastly we read a comic book illustration out of our journey books about lost puppies. We learned about consensus and played Apples to Apples board games to demonstrate working as a team. The girls were all in agreement about playing the board games.

### Junior Troop #12641

*Kathy Fisher, Jenn Jones*

We're off to a great start with 9 girls. We have four 2nd year Juniors and five new Juniors. They have made new friends by finding all about each other and are trying to remember everyone's names! The girls did a great job selling & our nut sale was successful—we sold 227 items for a total of \$1248 in sales! This allows us funds to start our community service projects like the shoeboxes of gifts we wrapped to benefit underprivileged children around the world through the Operation Christmas Child program. Thanks to everyone who supported us.

We started badgework to develop our potential with The Sign of the Star. We're finding out it's great to be a girl through a Media Magic project discussing liking ourselves and how beauty is portrayed in the media. We also celebrated GS founder Juliette Low's birthday (10/31) with a special snack time — thank-you to Mrs. Nolin! Make sure you stop by the GS Bake Sale, our



*Brownie Troop 10454*

*Girl Scouts — cont. from 10*

girls made bags of “Thanksgiving Blessing Mix” a yummy trail mix with a message for each ingredient!

**Cadette Troop 12356**

*Advisors: Amanda Masse, Lysa Bennet-Crouch, Cecile Merrill & Sandi Lyle*

The girls of Cadette Troop 12356 have explored internet safety, self esteem and now recycling! Searching online we found a great website that gives directions to

make bags and wallets out of juice pouches. We had a lot of fun making our projects. Check out our creations in the photos! A couple of the girls are exploring the Silver Award which is a prestigious Girl Scouting award requiring a community service plan and project completed entirely by the girl. We are looking forward to some great upcoming Service Unit events where we can mentor the younger girls and have a great time including Christmas Caroling and a pajama party/cookie kick-off event. We hope you continue to read what we are up to each month. We hope that you have a great holiday season with your families and friends. We are always looking for ways to help out in our community — please let us know if we can help!! ■



*Brownie Troop 10454*



*Cadette Troop 12356*



*Cadette Troop 12356*



*Junior Troop 12641*

**MANY PEOPLE DO NOT REALIZE THAT TRADITIONAL WRAPPING PAPER CANNOT BE RECYCLED.**  
*The dyes and laminates prevent it from being recycled with regular paper.*

**So...get creative! Make your own wrapping paper. Try using white butcher paper, parchment paper, old newspapers or brown shopping bag paper. Embellish it by stamping, painting, or stenciling your own unique Christmas designs.**




*Cadette Troop 12356 member.*



*Junior Troop 12641*

## REMEMBER WHEN?

By Debbie Kardaseski

The photo at right was given to the *Ledger* by Jean Ashland. I'm not sure when it was taken nor am I sure exactly where the store was located. However, I am sure someone reading this will know more about the photo and will send additional information!

At the same time she gave us this photo, she gave us a photo of the Town Office taken when it had a single-story addition on the back along with a screened-in porch. That photo has been featured in the past.

With these historic pictures was a menu from Hicks Restaurant in Concord. The restaurant was located at 196 Loudon Road. We thought you'd enjoy some of the menu pricing — especially given what a good meal in a restaurant costs in 2010!

Appetizers featured included Chilled Fresh Fruit *en Supreme* for 50¢; Soup *du jour*, 40¢; French Onion Soup, 40¢; Orange or Tomato Juice, 20¢; Shrimp Cocktail, \$1.25, and — something new to me — Anchovies on Lettuce, 50¢.

Should you care for an “adult beverage” with your meal, a martini would cost you 90¢ — extra day was an additional 10¢! Beer, wine or liqueurs ran from 45¢ to as high as \$1.00.

The most expensive meal on the menu was a Steak and Lobster Platter, which featured Steak K-Bob and broiled New Zealand lobster tail, french fries, and a salad — all for \$6.50.

Prime rib was \$4.25; baked ham, \$2.65; roast turkey dinner, \$2.95; and half a Southern fried chicken with fries, salad, and cranberry sauce was \$2.25.

Seafood dinners typically cost from \$2.50 for fried clams to \$5.00 for a boiled 1-1/4 lb. lobster.

By today's standards, these prices seem laughably cheap, but you must remember wages were much, much lower. Eating out was a treat, a special occasion, and folks got dressed up to go out to dinner. In many cases, people planned ahead and saved in order to go out for dinner.



Parks Store, Loudon Village. Photo courtesy of Jean Ashland.

Nowadays, a meal out is just another meal! In many households, a home-cooked meal where the entire family sits down at the table to eat is unheard of — or seldom occurs. As a kid (and I won't say when that was!), I remember we always ate dinner as a family. Meals were full of fun and laughter, with old family jokes being told over and over. We didn't eat sitting in front of the TV, although the radio was usually on. I miss that.

Aah, the “good old days”! ■

To Your Health — cont. from page 9

## COMPLICATIONS

If left untreated, hypothermia leads to complete failure of the heart and respiratory system and to death. People who develop hypothermia because of exposure to cold weather or cold water are also vulnerable to other cold-related injuries, including:

- Frostbite, or freezing of body tissues
- Gangrene, decay and death of tissue resulting from an interruption in blood flow (possible complication of frostbite)
- Chilblains, damage to nerves and small blood vessels, usually in the hands or feet after prolonged exposure to above-freezing, cold temperatures
- Trench foot (immersion foot), damage to nerves and small blood vessels due to prolonged immersion in water

## PREVENTION

### Staying warm in cold weather

Before you or your children step out into cold air, remember the advice that follows with the simple acronym COLD — cover, overexertion, layers, dry:

**Cover.** Wear a hat or other protective covering to prevent body heat from escaping from your head, face and neck. Cover your hands with mittens instead of gloves. Mittens are more effective than gloves because mittens keep your fingers in closer contact with one another.

**Overexertion.** Avoid activities that would cause you to sweat a lot. The combination of wet clothing and cold weather can cause you to lose body heat more quickly.

**Layers.** Wear loose fitting, layered, lightweight clothing. Outer clothing

made of tightly woven, water-repellent material is best for wind protection. Wool, silk or polypropylene inner layers hold body heat better than cotton does.

**Dry.** Stay as dry as possible. Get out of wet clothing as soon as possible. Be especially careful to keep your hands and feet dry, as it's easy for snow to get into mittens and boots.

### Keeping children safe outdoors

The American Academy of Pediatrics suggests the following tips to help prevent hypothermia when children are outside in the winter:

- Dress infants and young children in one more layer than an adult would wear in the same conditions.
- Limit the amount of time children spend outside in the cold.
- Have children come inside frequently to warm up.

### Winter car safety

During cold-weather months, keep emergency supplies in your car in case you get stranded. Supplies may include several blankets, matches, candles, a first-aid kit, dry or canned food, and a can opener. Travel with a cell phone if possible. If you're stranded, put everything you need in the car with you, huddle together and stay covered. Run the car for 10 minutes each hour to warm it up. Make sure a window is slightly open and the exhaust pipe isn't covered with snow while the engine is running.

### Alcohol consumption

If you drink, do so in moderation. Take the following precautions to avoid alcohol-related risks of hypothermia. Don't drink alcohol:

- If you're going to be outside in cold weather

- If you're boating
- Before going to bed on cold nights

### Cold-water safety

Water doesn't have to be extremely cold to cause hypothermia. Any water that's colder than normal body temperature causes heat loss. The following tips may increase your survival time in cold water, if you accidentally fall in:

**Wear a life jacket.** If you plan to ride in a watercraft, wear a life jacket. A life jacket can help you stay alive longer in cold water by enabling you to float without using energy and by providing some insulation. Keep a whistle attached to your life jacket to signal for help.

**Get out of the water if possible.** Get out of the water as much as possible, such as climbing onto a capsized boat or grabbing onto a floating object.

**Don't attempt to swim unless you're close to safety.** Unless a boat, another person or a life jacket is close by, stay put. Swimming will use up energy and may shorten survival time.

**Position your body to minimize heat loss.** Use a body position known as the heat escape lessening position (HELP) to reduce heat loss while you wait for assistance. Hold your knees to your chest to protect the trunk of your body. If you're wearing a life jacket that turns your face down in this position, bring your legs tightly together, your arms to your sides and your head back.

**Huddle with others.** If you've fallen into cold water with other people, keep warm by facing each other in a tight circle.

**Don't remove your clothing.** While you're in the water, don't remove clothing. Buckle, button and zip up your clothes. Cover your head if possible.

The layer of water between your clothing and your body will help insulate you. Remove clothing only after you're safely out of the water and can take measures to get dry and warm.

### Help for at-risk people

For people most at risk of hypothermia — infants, older adults, people who have mental or physical impairments, or people who are homeless — community outreach programs and social support services can be of great help. If you're at risk or know someone at risk, contact your local public health office for available services, such as the following:

- Check-in services to see if you and your home are warm enough during cold weather
- Assistance for paying heating bills
- In-home or community meal programs to help maintain good nutrition
- Homeless shelters
- Community warming centers, safe and warm daytime locations where you can go during cold weather
- Safety bracelets for people with dementia who may wander or get lost easily

For information on NH Weatherization and Fuel Assistance Programs, call 271-2155 or visit: [www.nh.gov/oep/programs/fuelassistance/index.htm](http://www.nh.gov/oep/programs/fuelassistance/index.htm)

**Source:** [www.nh.gov](http://www.nh.gov) and [www.mayo.clinic.com](http://www.mayo.clinic.com)

Do you have a health topic that you would like to see featured? Please send ideas to: [tricia0101@comcast.net](mailto:tricia0101@comcast.net). ■

# Loudon Farms: Buy Locally!

The Loudon Agricultural Commission has compiled this list of local farms. If you have a farm in Loudon or know someone who has a farm that is NOT included please write to [cas@milessmithfarm.com](mailto:cas@milessmithfarm.com).

## Maple Ridge Farm

268 Loudon Ridge Road  
Fresh Vegetables, Maple Syrup. 435-8183

## Meadow Ledge Farm

612 Route 129  
Peaches, Corn, Apples, Country Store. 798-5860

## Ramsay's Farm Stand

783 Loudon Ridge Road  
Vegetables and Cut Flowers, Small Fruits in Season. 8 a.m.–7 p.m. Daily. 267-6522

## Red Manse Farm

Corner Route 129 & Pittsfield Road  
Organic Produce, Farm Patron Program. Thurs.–Sun. 10 a.m.–6 p.m. [www.redmansefarm.com](http://www.redmansefarm.com). 435-9943

## Windswept Maples

845 Loudon Ridge Road  
Vegetables, Beef, Maple Syrup, Eggs  
M–F 1–6 p.m., Weekends 9–5. 267-8492

## Miles Smith Farm

56 Whitehouse Road  
Locally raised hormone and antibiotic free beef, individual cuts and sides  
Tue, Th 4–7:30 p.m. W, 9–1 p.m., Sat 9–3 p.m. [www.milessmithfarm.com](http://www.milessmithfarm.com). 783-5159

## Hill Top Feeds

11 Storrs Drive  
Live stock feed, shavings, hay, dog and cat food. Farm equipment and supplies. 783-4114, 491-4483

## Sanborn Mills Farm

7097 Sanborn Road  
Traditional working farm providing workshops. [www.sanbornmills.org](http://www.sanbornmills.org). 435-7314

## Pearl and Sons

409 Loudon Ridge Road  
Maple products: syrup, candies & cream. 435-6587, 435-6883

## Aznive Farm

7046 Pleasant Street  
Hay, Beef. 435-7509

## Lyon Berry Farm

986 Route 129  
Highbush blueberries. 435-7640

## B&B Syrup. Barton & Bowles

227 Flag Road  
783-4341, 783-9123

## Mudget Hill Mumbling Maplers

255 Mudgett Hill Road  
Maple products: syrup & candy. 783-4447

## D.S. Cole Growers

251 North Village Road  
Propagators of quality products from world-wide sources. Retail store at 430 Loudon Road, Concord. 783-9561. [www.dscolegrowers.com](http://www.dscolegrowers.com) [www.colegardens.com](http://www.colegardens.com)

## Ledgeview Greenhouses

275 Clough Hill Road  
Growers of quality potted plants, annuals, perennials, and poinsettias. 783-4669. [www.ledgeview-greenhouses.com](http://www.ledgeview-greenhouses.com)

## Liliana Flower Farm

140 Beck Road  
Perennials and pesticide-free vegetable plants. Wed–Sun 10–5 p.m. [www.lilianaflowerfarm.com](http://www.lilianaflowerfarm.com). 783-9268

## Fish & Game Seeks Nominations for Awards of Excellence

The New Hampshire Fish and Game Commission is calling for nominations for their annual Awards of Excellence program. This is a great way to honor someone who has made a difference in conserving New Hampshire's wildlife, fisheries, open land and wild places. Each year, the Commission recognizes deserving individuals and organizations for outstanding achievements in furthering the New Hampshire Fish and Game Department's mission. There are seven different award categories.

TO NOMINATE a person or organization for one of these awards, download the nomination form at [www.wildnh.com/InsideFandG/AwardsOfExcellenceForm.pdf](http://www.wildnh.com/InsideFandG/AwardsOfExcellenceForm.pdf).

Nomination forms are also available at Fish and Game offices, or call (603) 271-3511 to request by mail. Send your nomination package, postmarked no later than December 31, 2010, to: Commission Awards Program, N.H. Fish and Game Department, 11 Hazen Drive, Concord, NH 03301. No electronic submissions are accepted. Posthumous nominations are allowed.

There are seven award categories:

**1. Ellis R. Hatch Jr. Commission Award of Excellence** — Recognizing an individual, group, organization, club, foundation or agency that has excelled in efforts to promote, enhance or benefit fish, wildlife or marine resources or the Department's mission.

**2. Youth Conservationist** — Recognizing an individual, 18 years of age or younger, who has excelled in efforts to benefit fish, wildlife or marine resources or the Department's mission.

**3. Communication** — Recognizing an outdoor communicator, writer, or media source (radio, television, magazine, newsletter or periodical) that has written or published articles or materials beneficial to public understanding about fish, wildlife or marine resources as they relate to the Department's mission. Judged on fairness, accuracy, timeliness, balance and quality of reporting.

**4. Conservation Organization** — Recognizing any organization, group, foundation or agency that has excelled in efforts to enhance the welfare of fish, wildlife and marine resources, and supporting achievement of the Department's mission. Recipients will be judged on their efforts to promote the wise use of natural resources for their recreational or economic value.

**5. Volunteer** — Recognizing an individual who, as a volunteer with the Department, has excelled in efforts to support and achieve Fish and Game's mission.

**6. Habitat Stewardship** — Recognizing an organization, non-governmental entity, individual or corporation that has excelled in the enhancement, conservation or creation of land management practices beneficial to New Hampshire's fish, wildlife and marine resources and the Department's mission.

**7. Landowner Appreciation** — Recognizing a person who excelled in preserving or enhancing opportunities for public use on private property, furthering Fish and Game's mission.

For more information on the Commission Awards and find accounts of those honored in recent years, visit [www.wildnh.com/InsideFandG/commissionawards.html](http://www.wildnh.com/InsideFandG/commissionawards.html).

The New Hampshire Fish and Game Department is the guardian of the state's fish, wildlife and marine resources and their habitats. Visit [www.wildnh.com](http://www.wildnh.com). ■

## MVSD School Board Meeting Dates and Locations

2010–2011

### MEETINGS START AT 7:15 PM

Date of Meeting	Place of Meeting
December 13, 2010	Merrimack Valley High School
January 10, 2011	Merrimack Valley High School
February 14, 2011	Merrimack Valley High School
March 4, 2011	Penacook Elementary School

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\*

**Wishing everyone a warm and wonderful Holiday Season.**

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# Loudon Recreation Committee News

## ARCHERY CLASSES

Loudon Recreation Committee is offering a four-week session of Olympic style archery lessons through New England School of Archery. Classes will be held December 10, December 17, January 7 and January 14 at Loudon Elementary School in the cafeteria from 6:30–7:30 for beginners and from 7:40–8:40 for intermediate students. Cost is \$55 per person. Registration accepted no later than December 3rd. For detailed information and the registration flyer please visit [www.loudonnh.org](http://www.loudonnh.org).

*Look for Line Dancing classes to start in January please watch the website or contact Kim at 435-6266 for more information.*

We are in the early stages of planning our winter carnival event for February. Also in the works are the American Red Cross Safe on My Own class for kids between the ages of 8–11 who may be home alone and the Babysitting class for youth ages 11–15 who are interested in babysitting in February and March. We are trying to put together a crochet or knitting class for beginners of all ages and are working with Salty Dog Pottery in Barnstead to offer children's pottery classes over February and April vacation and possibly an adult class too... Please watch future issues of The Loudon Ledger and the website for more details on these upcoming events.

As always, you should check the website [www.loudonnh.org](http://www.loudonnh.org) between issues of The Loudon Ledger to make sure you aren't missing anything!! Thank you for your continued support!

We want to hear from you!!! If you have a great idea for a workshop or class that you would like to see offered or know of an instructor, please let us know! We always need ideas and comments about recreation programming here in Loudon. If you have ideas or comments or would like to be placed on our email contact list please contact Alicia at 435-5193 or by email at [affirmhealth@yahoo.com](mailto:affirmhealth@yahoo.com). The Loudon Recreation Committee meets once a month usually on the fourth Wednesday of the month at 6:30 p.m. at the Maxfield Public Library, join us if you are interested! We hope to see you there!! ■



## NH Moose Hunt A Success

As of Wednesday, October 20, 2010, a total of 244 moose had been taken in the 2010 New Hampshire moose hunt (172 bulls and 72 cows). That means that 61% of hunters holding moose permits had succeeded by the mid-way point in the state's moose hunt. Last year at this point in the season, 50% of moose hunters had gotten their moose. The nine-day season runs through Sunday, October 24, 2010.

Among the successful hunters was Jack Middleton of Freedom, N.H., whose bull moose taken in Wildlife Management Unit (WMU) A-2 set a new state record. The bull's rack boasted a spread of 68.5 inches, topping the old state record of 68 inches set in 1996.

Quite a few hunters have reported seeing rutting activity this year, which is unusual for this point in the season, according to moose biologist Kristine Rines of the New Hampshire Fish and Game Department. "It's pretty exciting for hunters to see bull moose sparring," Rines said. "Normally, the hunt falls at the tail end of the rut or shortly after it."

Aside from rain and wind on opening day, the weather has been ideal for moose hunting. "Temperature-wise, it's been perfect," said Rines, explaining that cool or cold days keep moose on the move. The animals have already grown their heavy winter coats, so to cope with warm days, they tend to bed down in the shade or move uphill in search of cooler elevations, making them harder to find.

The heaviest bull registered so far this season was taken in WMU E-2 by

Leslie Fox of Peterborough, N.H. His bull weighed 970 pounds dressed (its approximate live weight would have been an impressive 1,462 pounds). The biggest cow taken so far weighed in at 730 pounds (approximate live weight: 1,065 pounds), shot by Wendy Sheridan of Milford, N.H.

Enthusiastic first-time hunter Karen Lavallee of Weare, N.H., took a nice yearling cow in WMU C-2. She was dressed for the successful occasion, with fingernails painted hunter orange and bearing the inscription "Moose 2010."

This year, more than 14,000 people entered the 2010 moose hunt lottery, held last spring, for a chance to win one of the 395 permits drawn for the New Hampshire moose hunt.

For more about moose hunting in New Hampshire, including a list of moose hunt check stations, visit [www.huntnh.com/Hunting/Hunt\\_specs/hunt\\_moose.htm](http://www.huntnh.com/Hunting/Hunt_specs/hunt_moose.htm).

The New Hampshire Fish and Game Department is the guardian of the state's fish, wildlife and marine resources and their habitats. Visit [www.huntnh.com](http://www.huntnh.com). ■



Concord business owner Bernie Sparks, having successfully defended his dissertation, Corporate Governance: A Study of the Perceptions and Attitudes of Members of Corporate Boards of Directors in New Hampshire Bernie Sparks has received his Doctorate of Arts in Leadership degree from Franklin Pierce University. He is the Executive Director of Sparks Employment Group and the President of 21st Century Leadership, a Leadership Consulting company. Bernie plans on writing books on various leadership topics. ■

- Nineteen billion catalogs are mailed out to American homes each year.
- The production of these catalogs requires 53 million trees, 53 billion gallons of water and emits 5.2 million tons of carbon dioxide.

The Loudon Transfer Station accepts these catalogs.

Recycle them with your other paper in the mixed paper bin.

Loudon Solid Waste and Recycling Committee



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## Fire Permits Required

**A Fire Permit is REQUIRED for ALL outside fires, including family campfires, chimineas, fireplaces, etc.**

**Permits can be obtained at the Fire Station during normal business hours.**

# Santa's Breakfast

Saturday, December 11, 2010

Loudon Elementary School Cafeteria

(Snow Date: Sunday, December 12)

**Breakfast: 8-10 a.m. • \$5/person or \$20/family**

*Enjoy breakfast and a visit from Santa 8-9:45*

**Craft Fair: 8-noon**

A great way to shop for the holidays and support local artisans.

**Quarter Raffle: 10 a.m.**

Dozens of items to choose from — just 25¢ a chance!

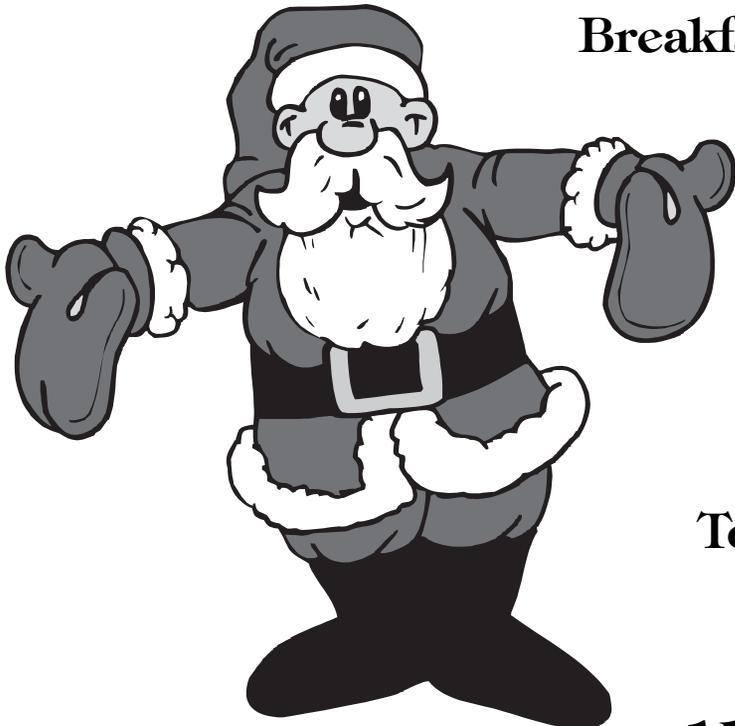
**Cookie Walk: 8-noon**

Fill a bag with delicious home-baked cookies.

To donate a raffle item, call Cindi Labonte

To rent a table at the craft fair, call Jenn Becker at 798-5926

**All proceeds to benefit the LES PTA**



Black



## Maxfield Public Library Passes!

Passes are available to museums and points of interest around the state for Library borrowers! We suggest reserving in advance either

by phone (798-5153) or in person. Call for details.

### CANTERBURY SHAKER VILLAGE

Each pass entitles the bearer to 2 discounted admissions of \$6 for adults and \$3 for children under 18. Children under 6 free.

### CHILDREN'S MUSEUM OF NEW HAMPSHIRE

Each pass entitles the bearer up to 4 discounted admissions of \$4. Children under age 1 free.

### CURRIER MUSEUM OF ART

Each pass entitles the bearer to 2 free admissions.

### MCAULIFFE-SHEPARD DISCOVERY CENTER

Valid for admission to exhibit halls for 4 people.

### MOUNT KEARSARGE INDIAN MUSEUM

Free admissions for 2 guests per day.

### MUSEUM OF NEW HAMPSHIRE HISTORY

Unlimited free admission to the Society's museum and free use of the Society's library.

### SQUAM LAKES NATURAL SCIENCE CENTER

Free trail admissions for 2 people per day plus 4 additional discounted admissions of \$7 each.

### WRIGHT MUSEUM

Free admission for 2 adults and 4 children (under 18 years).

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# Fun at Loudon's First Farm



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# ... Feast, November 7, 2010

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# Loudon Locavore: *Meadow Ledge Farm*

By Lee Laughlin

I love apples. They are an easy way for me to snack healthy. Once when I was at Meadow Ledge farm, getting my weekly fix, I asked, “So, what do you guys do in the off season?” I got a friendly snort. “Off season? What’s that?”

You might think of the Meadow Ledge Farm when you drive by in June and see the sign for strawberries. Or more likely in the fall when the air turns cold and it is time to enjoy all things apple, like pie, cider or one of Meadow Ledge’s legendary cider donuts. Maybe you even get your Christmas tree at Meadow Ledge. But, come January, you have probably moved on and don’t give apples a second thought.

Most of us only think of apples as fall approaches. The Roberts family thinks about apples 24 hours a day, 7 days a week 365 days a year. Ernie and Kris Roberts own Meadow Ledge Farm and Country Store on Rt. 129. Ernie and son Shawn run the day-to-day operations. Kris and daughter Krystal pitch in on weekends and with the baking of all the delicious home made treats sold in the store.

Come January, when we have put apples behind us, Ernie and Shawn are hard at work preparing for next season’s crops. Winter is the time for pruning the trees and repairing the farm equipment and storage containers. Come March, the first of their seasonal laborers will return from Jamaica. Final repairs are made and preparations begin for the secondary crops such as strawberries, peaches, pumpkins, tomatoes, and squash.

In the early spring, bees are hired to pollinate the apple trees and then Mother Nature takes over to bring the trees to blossom. As you can imagine, New England is not the easiest place to grow fruit and vegetables. Our springs can be a roller coaster ride with regards to temperatures and this can have a devastating effect on tender apple blooms. Ernie has developed a method for protecting the tender blooms from freezing. His trick? Air circulation. Apple blossoms can survive temperatures down to about 30 degrees and even last



up to 2 hours at 28 degrees before the blooms begin to die off. During this past bloom, Ernie awoke at 3 a.m. to find the temperature at 32 degrees. When he checked again at 4 a.m., the temperature had dropped to 25 degrees. All hands on deck! Ernie and Shawn and the others were out in the orchard with tractors that towed trailers mounted with huge fans. The circulating air is warmer thus offsetting the dangerous effects of the cold. These late night efforts combined with the use of alternate water sources to combat our lack of rain this summer resulted in an average crop for Meadow Ledge when other local orchards saw a decrease in production.

As the apples grown, farm hands hand trim the trees and thin the crop so that the best apples can grow to their full potential. As we progress in to June and July there is mowing and weeding to be done and strawberry crop ripens and August brings the first apples and the peach crop. Then it is crunch time. During the fall, the pick-your-own business and store operations take center stage. Louie, a full-time store

employee enjoys the chaos that is pick-your-own season. “The day just flies by and you get to see so many people.” PYO brings many families from near and far to enjoy a day in the fresh air picking apples. They have welcomed visitors from as far away as England and Kuwait. Numerous local schools (including LES) bring in busloads of kids to learn about the process of apple picking and to pick apples for themselves. The decline in the economy has seen an increase in families searching for a fun, budget friendly activity.

However the increase in visitors brings a few challenges. Over the last few seasons, Ernie has noticed a decrease in respect for the property and an increase in people walking off without paying for the apples they picked. “People have even said, ‘What’s it to you, you have thousands of apples out there.’ Well, my money grows on trees. We love having people here, the majority of them are respectful and a pleasure to have.” That said, there has been an increase in people (kids AND adults) climbing trees and throwing apples. So reluctantly Meadow Ledge has had to implement security measures to head off potential damage and theft.

Don’t think for a minute that any of the apples at Meadow Ledge go to waste. Ernie is a stickler for quality. The pickers are only allowed a 5% bruising rate and they are required to pick 8–10 bushels an hour (no easy task). “I’m all about quality, quality, quality.” As I was talking with him, he spied a bruised Granny Smith in one of the bins and it is driving him bonkers. Finally, Jess, a store employee left her station labeling jars of homemade preserves and searched for the sub-par fruit. Louie joked from across the store “Ernie is the only guy I know who can see a bruise in the dark!” Apples that don’t meet Ernie’s high standards are set aside and sold to cider mills, or as animal feed or deer bait.

## Two Businesses Under One Roof.

Most people don’t realize that nestled in the barn just behind the store, is an apple slicing business that functions year round to supply fresh, preservative free, peeled, sliced apples to local companies like The Pie Guy, Plymouth State University, and the Berry Delicious Bakery and the national grocery chain, Trader Joe’s. This year the week before Thanksgiving, Meadow Ledge expected to peel more than 20,000 pounds of apples to meet the needs of consumer looking pies for their Thanksgiving celebrations.

The apples are unloaded a bin at a time into a hopper where they are scrubbed and then travel down a conveyor belt to the machine that peels the apples. A farm hand staffs the machine loading two apples at a time on alternating mounts. The apples spin around a rapidly rotating sharp blade. The peels and apples travel down separate conveyers. The peels are sold as deer bait and animal food to local farmers. The peeled apples continue to the slicer where they are cored and sliced. Then they are shaken to separate the seeds and finally the slices are bagged in twelve-pound bags. The slicing room is also home to the commercial kitchen where Meadow Ledge Bakers create homemade apple breads, whoopie pies, and even the batter for those delicious cider donuts. For the record, I asked Ernie what was in the batter and his answer? Cider. I guess he keeps that recipe under lock and key.

Fresh, sliced apples are in demand year round, but apples are notoriously challenging to store over the long term. That’s why, two years ago, Meadow Ledge built a controlled atmosphere unit or CA. Apples are loaded by the bin into the CA. Once sealed, the temperature is dropped to around thirty-three degrees. The humidity is





increased and the oxygen level is lowered to 5% (down from the 21% humans breathe). The apples will give off carbon dioxide, which then must be removed via a lime based filtration system. The CA is now stocked with apples from this year's harvest that will supply the slicing business through next summer. The diversity of business is what has sustained Meadow Ledge.

Ernie has always enjoyed farming. He likes animals, but lacked the appreciation necessary to raise them. He has a degree from UNH's Thompson school of Applied Science and has been working in orchards in 1989. He and Kris bought Meadow Ledge in 1994 and Ernie is optimistic that Shawn will take over the business someday. Farming

today is less about luck and more about science and math. He encourages anyone who has a love of the outdoors and abilities in science and math to consider the field. It is not easy work, much of the year Ernie and his team put in 70-hour weeks, but the work is rewarding and the results taste good.

For more information about Meadow Ledge Farm visit their web site [www.meadowledgefarm.com](http://www.meadowledgefarm.com). The store is open until December 23rd Monday through Saturday from 9am to 6pm and Sundays, 9am to 5pm.

Lee Laughlin is a freelance writer and blogger. Currently she blogs at [thisnhlife.com](http://thisnhlife.com) and [livefearlesslee.com](http://livefearlesslee.com). She can be reached at [lee.laughlin@gmail.com](mailto:lee.laughlin@gmail.com). ■



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# State Of New Hampshire Department Of Safety Boating Education

Call 267-7256 or (888) 254-2125 (Monday through Friday 8:15 a.m.–4:15 p.m.)  
WEBSITE ADDRESS: [www.boatingeducation.nh.gov](http://www.boatingeducation.nh.gov)

## BOATING EDUCATION CLASS SCHEDULE

The Department of Safety, Boating Education recently scheduled additional boating safety courses for the upcoming months. There is a \$30.00 non-refundable fee per person for the class and because of the limited seating pre-registration is required. Call (603) 267-7256 or (888) 254-2125 to pre-register. Seating is still available in the following courses:

### ONE FULL-DAY SESSION (Saturday)

12/04/10	9:00 a.m.–4:30 p.m.	Seabrook Fire Department	Seabrook
12/04/10	9:00 a.m.–4:30 p.m.	Windham Fire Department	Windham
12/11/10	9:00 a.m.–4:30 p.m.	Bedford Police Department	Bedford
12/11/10	9:00 a.m.–4:30 p.m.	St. Joseph's Hospital	Nashua
01/29/11	9:00 a.m.–4:30 p.m.	Department of Safety	Concord
02/19/11	9:00 a.m.–4:30 p.m.	Department of Safety	Concord
02/26/11	9:00 a.m.–4:30 p.m.	St. Joseph's Hospital	Nashua
03/12/11	9:00 a.m.–4:30 p.m.	St. Joseph's Hospital	Nashua
03/26/11	9:00 a.m.–4:30 p.m.	Department of Safety	Concord

### TWO-DAY SESSION (weeknights)

12/07/10 and 12/09/10	6:00 p.m.–9:30 p.m.	Dover High School	Dover
12/13/10 and 12/15/10	6:00 p.m.–9:30 p.m.	West Running Brook School	Derry
12/14/10 and 12/16/10	6:00 p.m.–9:30 p.m.	Exeter Library	Exeter
01/31/11 and 02/02/11	6:00 p.m.–9:30 p.m.	West Running Brook School	Derry
02/28/11 and 03/02/11	6:00 p.m.–9:30 p.m.	West Running Brook School	Derry
03/22/11 and 03/29/11	6:00 p.m.–9:30 p.m.	Lakes Region General Hosp	Laconia
03/07/11 and 03/09/11	6:00 p.m.–9:30 p.m.	Dover High School	Dover
03/14/11 and 03/16/11	6:00 p.m.–9:30 p.m.	West Running Brook School	Derry
03/21/11 and 03/23/11	6:00 p.m.–9:30 p.m.	West Running Brook School	Derry
03/28/11 and 03/30/11	6:00 p.m.–9:30 p.m.	West Running Brook School	Derry
03/28/11 and 03/29/11	6:00 p.m.–9:30 p.m.	Lakes Region General Hosp	Laconia

# Boy Scout Troop 247 News



From left: Mike Ainsworth, Chance Smith, Brady Leonard, Cullen Rodrigue, Alec Decato, Dylan Babonis, Matthew Lyle, Jacob Barrington, and Joesph Stokes.



From left: Chance Smith, Dana Fisher, Nathan Coloumbe, Levi Fisher, ASM John Decato, SM Scott Rodrigue, Cullen Rodrigue, Alec Decato, and Midnight.

The Pack and Troop 247 attended the fall District Camporee held at Waterville Valley on October 1-3. Events included a Chuck Wagon, Summiting of Mt. Techumseh, and a Valley Adventure. The Troop tagged along with Troop 83 and hiked the mountain. It was STEEP going up the slope, but so fun!

The Troop also took a 10-mile Hike through Loudon and Canterbury in early November. What a beautiful area we live in!

Our Open House will be on Thursday, December 9th at 6:30 p.m. We invite anyone interested in Scouting to come by and say hello. Happy Holidays to you all. ■

## Pittsfield Players Are Conducting Auditions for "Lie, Cheat and Genuflect" — A Comedy

4 — MALE ROLES. 4 — FEMALE ROLES.

The Buckle brothers, Billy and Tom, are in big trouble: Tom's infallible eye for slow horses has drained away all of Billy's savings and he has borrowed from loan shark Pizza Face Petrillo, who now wants his money back or else! There's plenty of money in grandfather Buckle's will, but these two black sheep are pretty sure they'll never see any of that. What else to do but dress Billy up as a nun and have him pose as their cousin who is to inherit the entire fortune? Involve a stuffy young lawyer, a hard drinking, man hungry housekeeper and a trio of beautiful young women, and you have the recipe for a laugh packed farce of twists, turns, puns and pratfalls as Tom strives mightily to compensate for Billy's "habitual" errors.

LOCATION: SCENIC THEATER, DEPOT STREET, PITTSFIELD, NH

### AUDITION DATES AND TIMES

WEDNESDAY, December 08, 2010 @ 7:00 PM

SUNDAY, December 12, 2010 @ 5:00 PM

MONDAY, December 13, 2010 @ 7:00PM

John Charron

CONTACT NUMBER — 765-5280

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*Loudon Solid Waste and Recycling Committee*

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# MVHS News

There is a newly-developed **Special Education Parent Resource Group** that meets the third Thursday of the month at MVHS in the library. This is a group of parents, teachers, and administrators across grade levels that have joined together with the mission of providing support, guidance, and resources to parents of students with special needs. For parents who are more experienced with working with educational teams to develop the most effective educational plans for your children, this is an opportunity to share your experience and expertise to support parents with less experience. For parents who are beginning to work with educational teams to address individual student needs, this is an opportunity to make connections and learn from others. For any parent who is interested in learning about educational supports and services for students who are struggling in some way, these meetings will provide that opportunity.

For more information, please contact Maureen Gross-O'Brien, Administrator for Middle/High School Special Education at 753-1406 or [mgross@mv.k12.nh.us](mailto:mgross@mv.k12.nh.us) or Erika Downie at 648-2338 or [ebdownie@tds.net](mailto:ebdownie@tds.net).

## Class of 2013 News:

A sophomore homeroom was held on Wednesday, November 3 for all sophomores where a representative from Balfour presented information about ordering class rings. Materials were handed out to all students. Mr. Trono will be back at MVHS on Wednesday, November 17 during all lunches to collect orders and/or answer any questions. If you have any further questions please contact Abby Sanborn or Kristin Anderson at MVHS.

## National Honor Society News:

On October 21, Margaret Polywajlo from UNH Manchester's Center for Academic Enrichment spoke to NHS students about study skills necessary for success in college. Some study skills she suggests: get together with people taking the same class to discuss and study the material; carefully choose a place to study to be productive and undisturbed; and take notes as you read. She also emphasized the importance of asking questions both to clarify and to

anticipate test questions. The presentation was free through the UNH Speaker's Bureau.

## Math Team News:

The MV Math Team started off the season on the right footing by placing 3rd in the Large School Senior Division at their first meet at Belmont HS on 10/6/10. Perfect scores were recorded by: Brett Branscombe (our team high scorer as well as the Lakes Region Math League highest scorer to date), Amanda Bullock, Peter Bultman, Sarah Fontaine, Rachel Malkin, David Paiva, Kaitlin Smith, William West, and Alex Williams. Nice job team as MV takes pride in your accomplishments. Our next contest is here at MV as we host The Lakes Region Math League 11/3/10. *Submitted by Mr. Hallahan*

## Political Action Club News:

As Election Day approached, The Political Action Club invited all candidates for Governor, U.S. Senate and U.S. House to speak with our students. We had three candidates for federal office accept our invitation. Charlie Bass, the Republican candidate for Congress in District 2, came to MVHS on October 14 along with John Babiarz, the Libertarian candidate for Governor. Both candidates spoke to the students about why they are running for office,

what issues were important to them, and why it is important for citizens to stay involved in the political process. The candidates also fielded numerous questions from the students. On October 15, Ken Blevens, the Libertarian candidate for the Senate, spoke with the students about important issues facing our country and his concern for a loss of Constitutional rights. Mr. Blevens handed out copies of the New Hampshire Constitution to the students in attendance, and fielded numerous questions from both the students and the teachers.

## Ski & Snowboard Club News:

Winter is fast approaching and the MVHS Ski and Snowboard club is beginning its campaign to attract student participants for this upcoming snow-season. On Friday, October 29 students interested were provided information; including dates and rates. We will be returning to Waterville Valley this winter as this mountain complex provides us the best opportunity for all students, from novice to expert, to have a top rate winter or snowboard experience. Forms and fees are due back to the advisor, Mr. Neilsen, as soon as possible as there is limited space available. This message brought to you by the committee for better snowfall accumulation. *Mr. Neilsen, Chair*

## Greetings from MVHS Guidance!

At this time all seniors should have a list of colleges narrowed down and be completing/submitted applications. Don't forget to keep track of deadlines and requirements (Does your college require letters of recommendation, SAT scores, etc.?). Also, make sure to stop by Guidance and fill out the transcript request form.

All sophomores and about 40 juniors took the PSAT on Oct. 13. In December, each test taker will receive a score report and access code to My College Quickstart on Collegeboard.com. This is a terrific tool that can help students gain insight into academic strengths and weaknesses and plan for high school and college success. Students should take advantage of this tool, which includes a personalized study plan based on PSAT performance as well as info on colleges offering majors that match a student's interests.

## Upcoming Events:

**Financial Aid info night.** Monday, December 6 at 6:30 we will host NHHEAF for a financial aid info night for seniors and their parents. Please plan to attend this helpful and informative session on filing the FAFSA, applying for scholarships, CSS Profile, and any questions you may have about financial aid for college. *Submitted by Mark Ciarametaro* ■

## Fish & Game Facebook "Fans" Reaches 3,000

The New Hampshire Fish and Game Department has reached a new milestone in expanding its online outreach efforts: more than 3,000 people have hit the "like" button on the agency's Facebook page at [www.facebook.com/nhfishandgame](http://www.facebook.com/nhfishandgame).

"We're using social media to connect with new audiences — and to better serve our existing constituents," said Judy Stokes, chief of public affairs for Fish and Game. Thousands of people who currently "follow" Fish and Game through e-mail news releases and reports have come to expect a regular

flow of information, Stokes said. Now, the same people can readily interact with fellow Facebook fans as well as the staff members who take turns monitoring the page, posting updates and answering questions.

"Facebook has been a fun and effective way of increasing the quality and timeliness of our public communications with people who don't necessarily get our news and information through traditional sources," Stokes noted. "One benefit has been our ability to give thousands of people the answer to a question that might in the past have been asked and answered one-on-one. That saves staff resources — and at the same time, it continues to spread the word about the work we do for wildlife and habitat conservation in additional ways." According to a September 2010 poll by Harris Interactive, 87 percent of online Americans now use social media, so "it's a natural connection for us to pursue," said Stokes.

Fish and Game uses Facebook to point out important season dates, announce events, illustrate the many facets of the agency's work in the state,

explain rules and laws, offer wildlife facts, show videos and more. One of Fish and Game's most popular Facebook features has been the occasional "Name That Scat" photo quiz, wherein users are asked to identify which New Hampshire animal left behind a certain something.

In turn, Fish and Game's Facebook fans use the page as a place to get answers to questions about fish and wildlife regulations, to ask about favorite fishing spots and strategies, to share stories or post photographs of wildlife and outdoor experiences — and, on occasion, praise or question the department's work on behalf of the state's natural resources, all of which helps staff better understand what kinds of information people are looking for.

Fish and Game's Facebook page is at [www.facebook.com/nhfishandgame](http://www.facebook.com/nhfishandgame). It was established in April of this year.

The New Hampshire Fish and Game Department is the guardian of the state's fish, wildlife and marine resources and their habitats. Visit [www.wildnh.com](http://www.wildnh.com). ■



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## OBITUARIES

### Abby C. Corliss

Abby Claire Corliss, 20, beloved daughter of Carol Corliss and her godfather, Dale Kilmister, of Loudon, died Sunday, Oct. 24, 2010, at Hospice House in Concord of complications from injuries sustained in a motor vehicle accident in September, 2008.

Abby was born Dec. 29, 1989, in Concord and graduated from Concord High School in 2008. She was a bright light in the family, an independent and happy soul that overflowed with love and care for everyone. She loved to laugh and dance and cherished time with family, her pets, and friends. Abby is now free to laugh and dance with those she loved who went before her.

Abby is predeceased by her grandparents, Malcolme and Claire Corliss of Webster.

She is survived by Carol and Dale; her half-sister, Bridget Johnston; uncle, Leslie, and aunt, Kathryn Corliss of Webster; cousins, Jeremy Corliss of Concord and Eric and Amy Corliss of Loudon; great-aunt, Eleanor Corliss; and special cousins, Barbara, Diane, Dana and Mary Susan.

In lieu of flowers, memorial donations may be made to the Brain Injury Association of New Hampshire, 109 N. State St., Concord, NH 03301.

### Dana A. Pitman

Dana Adolphus Pitman, 94, died Tuesday, October 26, 2010, at his home in which he was born in Loudon.

He was the son of the late Sam and Maggie (Bailey) Pitman.

He served in the US Air Force from 1942–1964, retiring at the rank of TSgt. He was a veteran of WWII and the Korean War. He was an air traffic control radar supervisor.

During WWII, he was stationed in India and Burma with a combat cargo group. He later went to Alaska, and then he went to Japan and Korea. His last overseas deployment was as a military advisor in Taiwan.

In lieu of flowers, memorial donations may be made to Vernon Advent Christian Home, 61 Greenway Dr., Vernon, VT 05354.

### Donald Vosgershian

Donald "Don V" Vosgershian, 57, died Friday, November 5, 2010, after losing a courageous two-year battle with cancer.

Don was born in Keene and grew up in Attleboro, MA, where he attended school. He moved to NH in his 20s and was employed with Texas Instruments in Attleboro as well as GE in Hooksett, and for over 15 years at Hoyt Electric in Penacook.

Despite some truly tough times in his life, Donald, or Don V, as he was known to just about everyone he met, had a way of seeing the good in people. His love of music sustained him, and he brought his wonderfully rich singing voice to the band Profits of Revelation in his early years. Later in life, he formed his own deejay company; performing at countless events, weddings, and many gatherings for family and friends. He was one of the first karaoke deejays in NH and helped many people through some rough times in their lives using the power and magic of music.

Don's other loves included deep sea fishing with his Dad at Ocean Gove in MA, as well as frequent trips to casinos in CT, sometimes traveling in the early morning hours after breaking down his karaoke equipment at one establishment or another. It was that sense of spur-of-the-moment adventure that drew people to him. He and a small group of close friends played cards every two weeks for years, and that tradition will proudly continue in his absence.

Don belonged to several organizations, some of which he also brought karaoke to, such as the Sons of American Legion Detachment 31 in Penacook, the Halcyon Club in Derry and the Eagles Club in Concord.

He is survived by Linda Swierk, his loving wife of eight years; his mother Elisabeth Vosgershian; children Joseph Vosgershian and his wife, Allison, of Moultonboro, and Lisa Auprey and her husband, Doug, of Webster; grandchildren Hailley Simpson, Elizabeth Vosgershian, Brianna Smith, and Brodie Auprey; and sisters Marie Anne Smith of Omaha, NB, Rose Marie Gustavus of Englewood, FL, and Lucille Brauneis and her husband, Todd, of Salisbury.

Donald was predeceased by his father, Joe Murad Vosgershian; daughter Kerry Vosgershian; and granddaughter Christina Vosgershian. He also leaves behind many other relatives and countless friends, acquaintances, co-workers, and music lovers from all over New England.

He was a true friend who could always be counted on, and he held a fascination with anything mechanical. Don's love of family, children, music, laughter, and even entire cans of frosting have brought joy to all of those fortunate enough to be in his life, and he is already deeply missed. The world is missing one of its lights today, yet that brightness will always shine, so long as we can learn the lessons he taught through his experiences. We ask that in his memory, you keep in your hearts, and use that to see the world through brighter eyes so that we can build a chain of love that can't be broken.

In lieu of flowers, memorial donations may be made to Concord Regional Visiting Nurse Association Hospice House, 30 Pillsbury St., Concord, NH 03301.

### Jane I. Parker

Jane Irene Parker, 71, died Tuesday, November 16, 2010, at home, surrounded by her loving family.

Born in Highland Falls, NY, she was the daughter of Emmanuel and Eugenia (Monsarno) Vanzo.

She was a 1960 graduate of Syracuse University. Mrs. Parker enjoyed doll collecting and antiques.

Survivors include her husband, Paul E. Parker of Loudon; two sons, Clifford Parker and his wife, Susan, of New Ipswich and Andrew Parker and his wife, Jennifer, of White Lake, MI; two daughters, Jeanne DesRuisseaux and her husband, Dan, of Atkinson and Sandra Martin and her husband, Jeff, of Wayne, MI; one brother, Edward Vanzo of Webster, NY; and 12 grandchildren.

In lieu of flowers, memorial donations may be made to the Concord Regional Visiting Nurses Association Homecare, 30 Pillsbury St., Concord, NH 03301. ■

*In memory of  
Dana A. Pitman  
from the Merrill's*

**Let Me Live In a House  
By the Side of the Road  
and Be a Friend to Man...**

— SAM WALTER FOSS

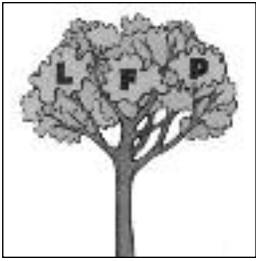
There are hermit souls that live withdrawn  
In the place of their self-content;  
There are souls like stars, that dwell apart,  
In a fellowless firmament;  
There are pioneer souls that blaze the paths  
Where highways never ran—  
But let me live by the side of the road  
And be a friend to man.

Let me live in a house by the side of the road  
Where the race of men go by—  
The men who are good and the men who are bad,  
As good and as bad as I.  
I would not sit in the scorner's seat  
Nor hurl the cynic's ban—  
Let me live in a house by the side of the road  
And be a friend to man.

I see from my house by the side of the road  
By the side of the highway of life,  
The men who press with the ardor of hope,  
The men who are faint with the strife,  
But I turn not away from their smiles and tears,  
Both parts of an infinite plan—  
Let me live in a house by the side of the road  
And be a friend to man.

I know there are brook-gladdened meadows ahead,  
And mountains of wearisome height;  
That the road passes on through the long afternoon  
And stretches away to the night.  
And still I rejoice when the travelers rejoice  
And weep with the strangers that moan,  
Nor live in my house by the side of the road  
Like a man who dwells alone.

Let me live in my house by the side of the road,  
Where the race of men go by—  
They are good, they are bad, they are weak, they are strong,  
Wise, foolish — so am I.  
Then why should I sit in the scorner's seat,  
Or hurl the cynic's ban?  
Let me live in my house by the side of the road  
And be a friend to man.



## Loudon Food Pantry News

### Thanks to Your Generosity 122 Thanksgiving Boxes Given Out

Last year we gave out 120 Thanksgiving Boxes. This year it is 122. Not much of an increase. Please keep in mind that we now service between 90–95 households per week. Some of our patrons from last year have lost their homes and/or have moved out of our service area. We would prefer to lose our patrons to better circumstances (getting jobs, circumstances overall getting better etc.). Some patrons go and more patrons join us. Until the economy gets better we will go with the flow and help as many as we possible can.

This year, our donors came through with flying colors. We had donations of all types (holiday and non holiday items). The items that were not donated were purchased with funds that were donated. *We cannot thank you enough for opening your hearts to those in need.* We would like to thank Foxy Hair Care, Meadow Ledge Farm, Freihoffers, and some very generous personal donors as well. But whether you donated pennies, dollars, time, space, food or goods we appreciated all that you do.

The boxes contained fresh potatoes, carrots, onions, bananas, apples as well as turkey, stuffing, cranberry sauce, gravy, yams, dinner rolls, rice, dessert, and they picked off our food shelves to have enough food for 10 days (because we're closed the following week).

Donors, if you can't make it to the pantry to donate, you can drop by The Ivory Rose in Loudon and leave it there for us! We also have two of our new cash bins at that location as well. Thanks Ivory Rose!

### Did you ever ask yourself "How does Loudon Food Pantry service five towns from just three rooms"?

Believe me, we ask ourselves that same question every day! Are you curious to see what we do and how we do it? Well, let's start the new year right, have you over, and answer all your questions. You're invited to visit us on Saturday, December 11th between 9:00 a.m. and 6:00 p.m. It's just an all around get together so you can get to know us and we can get to know you. We'll have refreshments and coffee as well! See you there! ■

## Deer Hunting in New Hampshire is Big... REALLY Big

How big is deer hunting in New Hampshire? REALLY big, according to a new postcard campaign by the N.H. Fish and Game Department. A pair of parody postcards making the rounds feature old-time hunters in the woods, scouting for deer and finding perhaps more than they bargained for.

"The postcard images sprang from a discussion about the fine art of exaggeration in advertising," said Jon Charpentier, marketing and promotions supervisor for Fish and Game. "They're funny. While it's obviously not true that New Hampshire deer tracks are as big as a Volkswagen, we thought the images would give hunters a laugh, start a conversation and get them excited about getting out into the field." See the postcards at [www.huntnh.com/reallybig](http://www.huntnh.com/reallybig).

One goal of the virtual postcard campaign is to get hunters to visit Fish and Game's website for the hunting information they need, including season dates, regulations, license prices, harvest reports, and topo maps.

Fish and Game has also set up an e-postcard page so that people can send the "really big" postcards to their friends and hunting buddies, or post them to social media sites. Visit [www.huntnh.com/reallybig](http://www.huntnh.com/reallybig). No actual postcards are being printed.

New Hampshire's regular firearms deer season opened November 10, 2010.

For more information on hunting in New Hampshire, visit [www.huntnh.com](http://www.huntnh.com). ■



## How to Save Money By Winterizing Your Home

By Jack Prendiville

Century 21 Thompson Real Estate

[jprendiville@c21nh.com](mailto:jprendiville@c21nh.com)

Now that the weather is cooling off, have you noticed drafts in your home? Well, those drafts aren't just annoying — they could be costing you money by raising your home energy bills. In fact, according to the U.S. Department of Energy, drafts can waste 5% to 30% of the energy you use.

Here are some ways to reduce energy use this season:

- Seal cracks and other openings. Consider hiring a qualified technician to conduct an energy audit — particularly a blower door test — to detect air leaks. (Your power company may do this for free.) Inspect places in the home where different materials meet, such as brick and wood, as well as door and window frames, electrical outlets, and water lines, for gaps that could lead to leaks. Then seal with caulk or weather stripping.
- Add insulation. An energy audit will tell you if you need more. The good news: you may qualify for a tax credit.
- Change furnace filters once a month. Dirty filters restrict airflow and increase your need for energy.
- Run ceiling fans in reverse to make rooms warmer.
- Install storm doors and windows to improve energy efficiency.
- Tune up your heating system. By making it run more efficiently, you will save money. ■

## Historical Society Minutes — November 3, 2010

Attendance: Michele York, Bob Ordway, Cyndi Babonis, and Irene Dow

Irene brought in items for donation from her sister, Alta Hammett, as follows: Cabbage Patch doll and quilted pillow (for raffle donations), 3 Bicentennial Pins, a Bicentennial Booklet, and a plaque (for museum).

Michele reported that we have rescheduled the NH Humanities Council presentation by Charles Clark of "What NH thought was funny 200 yrs ago." The event was cancelled due to illness of the presenter. It is now scheduled for April 20th.

Bob Ordway suggested that there are still a number of long-time Loudon residents who should have an oral history recorded. Michele suggested organizing reminiscence groups that are willing to be videotaped. Bob agreed to contact some potential participants to determine their level of interest.

Cyndi brought up a discussion about the Town Pound restoration project. Some ideas for gathering technical support and expertise in the fundraising and organization of the project were reviewed. Our group reviewed a grant application and identified additional information that will need to be gathered to move forward.

Meeting was adjourned.

Respectfully submitted,  
Cynthia Babonis  
LHS Secretary

## DEADLINE FOR THE JANUARY ISSUE OF THE LOUDON LEDGER: FRIDAY, DECEMBER 17, 2010



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## Library Trustees Meeting Minutes — October 5, 2010

### 5:15 p.m.

*In Attendance:* Trustees Sue Kowalski, Sandy Blanchard, Ken Krzewick, Library Director Nancy Hendy, and Alternate Marilyn Sylvester

*Minutes from the September 7, 2010 Trustees meeting were read and approved.*

### Financial Report

The Board had a discussion regarding the financial books and the profit and loss statement from July 1, through October 4, 2010. The Trustees approved the statements submitted.

### Library Director's Report – October 5, 2010

The **Children's Literature Festival** will be at Keene State College on October 30. Registration has reached the maximum number, eight people, for the **oil painting course** for beginners which starts on Wednesday, October 13, from 2–4 p.m., and will run for eight weeks.

The **Loudon Village Arts Fall Show** will be held at the end of this week, in the Everson Room, on October 8 and 9. The Opening Reception is on Friday.

Joan Malfait donated **mums** for the walkway in addition to those we had.

### Children's Librarian's Report

Stories and crafts were picked for the October story time. A spreadsheet was created of the programming statistics for the summer reading programs with information that was available: years 2006 through 2010. September 14th was the first story time for the 2010–11 season. The library was in touch with the Loudon Fire and Police Departments and the town offices about hosting story times annual trick or treat parades on Tuesday, October 26th and Wednesday, October 27th. On October 1st the librarian spoke with Louie of Meadow Ledge to give him the head count for the apple picking field trips. The Story Time

numbers for the month of September were 109 children and 86 adults.

### Metal Roof Report

The metal roof is being researched and is in the process of being discussed by the Board of Trustees.

### Friends Group Update

The trustees had some discussion regarding the Friends of the Library Group. Laura Vincent will be heading up the Friends of The Library.

### Children's Room Committee Re-formation

The Trustees had some discussion regarding the Children's Room Committee. The committee is currently being formed to include the Library director, Sandy Blanchard, Sue Kowalski, and Ken Krzewick. The committee is especially looking into the decor of the stairway leading down to the Children's Library.

### Budget 2011–2012

The Trustees had a discussion regarding the preparation of the budget spreadsheet, pay raises, the need for a separate workroom, especially when receiving shipments of books. The Trustees also had a discussion regarding future needs of the library, which included some thought and consideration for a phase III expansion of the Library and its development.

### Personnel Policy

The personnel policies are under review. The Trustees meeting adjourned at 6:30 p.m.

The next Trustees meeting is scheduled for 5:30 p.m. on November 2, 2010.

Susan Kowalski  
Sandra Blanchard  
Kenneth M. Krzewick

## Selectmen's Meeting Minutes — October 12, 2010

Present: Selectmen Ives and Bowles. Chairman Maxfield is not in attendance due to illness.

Also present are Steve Bennett, Transfer Station Manager and Stanley Prescott, Planning Board Vice-Chairman.

Selectman Ives called the meeting to order at 6:30 P.M.

*Selectman Bowles moved to approve the Selectmen's Meeting Minutes of Tuesday, October 5, 2010 as presented. Second by Selectman Ives. All in favor. Motion carried.*

Selectman Ives read the following warrant into the minutes: *To the inhabitants of the Town of Loudon in the County of Merrimack, New Hampshire. You are hereby notified to meet at the Loudon Town Hall on Tuesday, the second day of November, 2010. The polls will be open between the hours of 8:00 A.M. and 7:00 P.M. to act upon the following subjects: To bring in your votes for Governor, United States Senator, United States Representative, Executive Councilor, State Senator, State Representatives and County Officers. Given under our hands and seal, the 12th day of October, in the year of Our Lord two thousand and ten. Signed Selectmen of Loudon. We hereby certify that we gave notice to the inhabitants within named, to meet at the time and place for the purpose within mentioned, by posting an attested copy of the above Warrant at the place of meeting and at the office of the Town Clerk on the 13th day of October, 2010. Signed Selectmen of Loudon.*

Selectman Ives stated for the record three pistol permits were signed for approval.

The Board met with Transfer Station Manager Steve Bennett.

Mr. Bennett advised the Board it was time so set the "Guaranteed Minimum Quantity" for the 2010–2011 fiscal year for the Concord Solid Waste/ Resource Recovery Co-Operative. Mr. Bennett discussed the affect of the number of events scheduled for NHMS. Mr. Bennett explained the GMQ and the effect on the per ton rate for being under or over the GMQ set by the town. Mr. Bennett said he would recommend 3347 tons. The Board recommended rounding it up to 3400 tons.

Selectman Ives asked Mr. Bennett how the issue with the metal pile has worked out. Mr. Bennett said it has worked well with placing signs restricting the amount of material that can be removed for personal use. Chip Cochran commented on the changes that have taken place in regards to the metal pile. He said residents are abiding by the rules and not taking the additional metals that can be sold or recycled by the town.

The Board began their review of weekly correspondence.

Selectman Ives distributed a memo from town auditor Paul Mercier regarding the draft annual audit report for the Selectmen's review.

The Board acknowledged receipt of a petition submitted by residents of Bee Hole Road requesting efforts to slow down traffic. Selectman Bowles said that other than Village Road, Bee Hole Road is the only other road posted at 30 MPH. The Select-

men will discuss these concerns with Police Chief Bob Fiske.

The Board reviewed past due ambulance bills. *Selectman Bowles moved to send the following past due ambulance bills to collection; Account #19894 in the amount of \$110.15, Account #46399 in the amount of \$720.80, Account #45936 in the amount of \$600.80, and Account #33797 in the amount of \$569.10. Second by Selectman Ives. All in favor. Motion carried.*

The Board received the September property transfers for review.

The Board received notice of informational sessions from the Coalition Committee regarding proposed reductions in state education aid which is scheduled to go into effect on July 1, 2011.

The Board received information from The Local Government Center on the member outreach survey conducted recently.

The Board received notification of current use forums regarding the proposed current use tax rates. The local forum is Monday, November 8 in Concord at 9:30 A.M.

Selectman Ives read the following public notice: *The Board of Selectmen of the Town of Loudon will hold a public hearing on Tuesday, October 12, 2010, 7:00 P.M. at the Loudon Community Building, located behind the Town Offices for the purpose of establishing an annual renewal fee to be charged for daytime parking permits. All interested persons are invited to attend. Signed: Roger A. Maxfield, Chairman, Steven R. Ives, Selectman, and Dustin J. Bowles, Selectman.*

Selectman Ives advised those present the Selectmen have been given the authority by the Legislative Body at Town Meeting in 2009 to establish fees as explained in RSA 41:9-a. Selectmen Ives explained the Planning Board accepts applications for a site plan review from those interested in obtaining a daytime parking permit, which allows residents to park cars during race weekends. He said it has been brought to the Selectmen's and Planning Board's attention that issues have come up and maybe it would be a good idea to have the permits reviewed on an annual basis. This public hearing is to discuss the establishment of an annual renewal fee. Selectman Ives said the Board is looking at a fee of between \$20 and \$30. He said these fees would be used to ensure the permit holders are in compliance with the plans filed with the Planning Board. Tom Dow, Planning Board Chairman stated that it was approximately one year ago that the Planning Board and the Fire Department came to a meeting to discuss the issues that had been brought forward and the Fire Department suggested having someone to inspect the permitted locations and having an annual renewal fee was discussed to cover the cost of the inspections. Chairman Dow said it was necessary to establish the fee so the Planning Board will have time to get each permit holder in to renew and update their permits before the 2011 racing season. Selectman Ives said if there are no further comments from the public he will close the public

Selectmen — cont. on 26

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**Selectmen — cont. from 25**

hearing and the Board will take this information under advisement at this time. He then resumed the regular Selectmen's Meeting.

Selectman Ives asked if there was anything else to come before the Board.

Selectman Ives recognized Mike Henderson from the audience. Mr. Henderson said he still has concerns regarding Chichester Road. Mr. Henderson reviewed com-

ments made during prior Selectmen's meetings and what has been stated by the town engineer. Mr. Henderson said he had gone down to the roadway and shot grades of the road. He said on the Loudon end as you are going toward Chichester the existing pavement on that lane has 3-5/8s inches of crown. Mr. Henderson said the plans on file with the Planning Board call for 1/4" per foot in an 11 foot lane equals 2-3/4". In that lane, eight feet in there is only 1 and 7/16 inches of crown. He said the crown grades drops 1

and 3/4" in eight feet. He said the approved plan shows the road should rise in grade 9%. He said at that spot the road is 2 and 5/8" lower than what it should be. Mr. Henderson went on give additional measurements of the road going from Chichester toward Loudon. Selectman Ives said he did go to Chichester Road during the recent rain storm and he did not see any puddling on the road. Selectman Ives advised Mr. Henderson that by law, it is the Selectmen's decision on whether they allow someone to

speak during the meeting. They have allowed Mr. Henderson to express his comments as a courtesy.

*Selectman Bowles moved to adjourn at 7:13 P.M. Second by Selectman Ives. All in favor. Motion carried.*

**LOUDON BOARD OF SELECTMEN**

*Roger A. Maxfield, Chairman  
Steven R. Ives, Selectman  
Dustin J. Bowles, Selectman*

**Selectmen's Meeting Minutes — October 19, 2010**

Present: Selectmen Maxfield, Ives, and Bowles. Also present Road Agent David Rice and Deputy Fire Chief Rich Edgecomb.

Chairman Maxfield called the meeting to order at 6:30 P.M.

*Selectman Bowles moved to approve the Selectmen's Meeting Minutes of Tuesday, October 12, 2010 as presented. Second by Selectman Ives. All in favor. Motion carried.*

Chairman Maxfield stated for the record two pistol permits were signed for approval.

The Board met with Road Agent David Rice.

Mr. Rice advised the Board the highway crew is continuing to prepare for the winter weather and are continuing with grading the dirt roads.

Mr. Rice said the paving on the top of Batchelder Road would be on Thursday, weather permitting.

Selectman Ives asked if Mr. Rice had heard anything back from the Clough Pond Association on the grant request to NH Lakes. Mr. Rice said he had spoken with both George Page and Andrew Knowlton. Mr. Knowlton was to be in contact with Office Manager Jean Lee regarding the project. Mr. Rice said he will contact Mr. Knowlton again to see where things are.

Selectman Ives asked if the town has a lot of trouble with road signs being stolen. Mr. Rice said it happens occasionally but not on a regular basis.

The Board met with Deputy Fire Chief Rich Edgecomb.

Mr. Edgecomb advised the Board three new members joined the department.

Mr. Edgecomb said the Harvest Supper went well with approximately 450 dinners being served. He said the Fire Department Association will be making a donation to the Loudon Food Pantry once the final tally has been completed.

Mr. Edgecomb said the ladder truck is back in service after undergoing some repair work. He said Forestry 1 is out of service at this time due to a front end problem. Repairs are in process.

Mr. Edgecomb advised the Board there will be EMT refresher training taking place at the Safety Building on October 22 and 23.

Selectman Ives addressed the memo that was presented to the Board at their October 5 meeting. He said he had spoken with Chief Burr and requested Chief Burr to attend the Selectmen's meeting to present his request before the full Board.

Selectman Bowles asked for an explanation of the vote by the Fire Association to deny use of their tables and chairs to NH Motor Speedway for the annual children's Halloween Party. Selectman Bowles asked if there was a good reason for this decision. He said he doesn't call this good community cooperation and the only reason the party takes place at the track is because it is the only facility large enough. He said it is difficult enough to make everything work up there without something like this getting thrown into the pot and making the town

look bad. Mr. Edgecomb said that as Vice-President of the Association, he could explain how the vote came about. He said Mike LaBonte had asked if the tables and chairs would be available for the track to use. Mr. Edgecomb said there was grumbling among the association members who feel they have been treated badly, it went to vote by the members and that was the result. Selectman Ives said he understands the Association is separate from the Town and the Selectmen have no say on what the Association does. He said he finds it very disappointing that at this time of year, where the Town supports the Department with the Harvest Supper and then the Association turns around and does this. Selectman Bowles said the work done to put the Halloween Party together is totally volunteer, no one receives one dime. He said this party is for the kids in the community. Mr. Edgecomb said this was all brought up at the Association meeting. Selectman Bowles said what goes on during the race season has to be separated from something like this. He said it is very disheartening that now this comes back to haunt us. Chairman Maxfield asked if the Association would be willing to re-look the situation. Mr. Edgecomb said the next meeting is a month away so it would be too late to change the results of the ballot vote, which came out with a majority against the request. Selectman Ives said his personal opinion is to be sure the Association members know of the Board's displeasure with this decision and he will personally attend the next meeting to express his displeasure in person. Mr. Edgecomb said the Track had been sent 10 tickets to the Harvest Supper free of charge. Selectman Bowles said that was fine, but this is a totally separate issue. This is for the kids, many of whom look forward to this party. In addition, it gets the kids off the street and gives them a safe place to enjoy Halloween. Selectman Bowles said he hopes this does not end up being a situation where the Fire Department starts a riot act with safety issues and does not try to work with these people. Selectman Ives said he is obviously a safety advocate but it has come to his attention that there are other businesses that have been cited for safety violations as well. He said he hopes the Chief is not acting in a heavy handed manner in these situations.

Chairman Maxfield addressed the public hearing held on October 12th to establish an annual renewal fee for daytime parking permits. *Selectman Ives moved to establish the annual parking permit renewal fee at \$20.00. Selectman Bowles seconded the motion for discussion purposes.* Selectman Bowles said he is not sure he is in favor of this plan. He said he does not feel there have been a lot of problems with the current permits. He said permit holders he has spoken with are down about 20% over previous years. Selectman Bowles said the track is expanding their on-site parking so there may

be less and less of the outside parking areas. Selectman Ives explained the process the permit holders go through with an application to the Planning Board. He said the renewal fee would be to have someone do inspections to ensure the safety requirements are being met. Chairman Maxfield called for a vote. *All in favor of the \$20.00 annual renewal fee, Ives yes, and Maxfield yes. All opposed, Bowles yes. Motion carried by majority vote.*

The Board began their review of weekly correspondence.

Chairman Maxfield read a reminder of the 2010 tax rate appointment on Wednesday at 2:30 P.M. at Department of Revenue Administration.

The Board acknowledged receipt of a copy of the bond payment for Clough Pond Road.

Chairman Maxfield reviewed a request for a scholarship award to be applied to a student loan payment. The Board approved this request.

The Board reviewed the approval for a grant award from Primex to purchase ergonomic equipment for the Selectmen's Office. The grant amount is \$375.00.

The Board received correspondence from Senator Lou D'Allesandro regarding the State's inventory of properties within the Town of Loudon.

The Board received copies of the NHDOT/NH Motor Speedway traffic plan meeting minutes from September 9 for review.

The Board received copies of the ESMI compliance reports for July, August and September.

*Selectman Ives moved to adjourn at 7:00 P.M. Second by Selectman Bowles. All in favor. Motion carried.*

**LOUDON BOARD OF SELECTMEN**

*Roger A. Maxfield, Chairman  
Steven R. Ives, Selectman  
Dustin J. Bowles, Selectman*

**Selectmen's Meeting Minutes — October 26, 2010**

Present: Selectmen Maxfield, Ives, and Bowles. Also, present Police Chief/Code Enforcement Officer Bob Fiske, and Fire Chief Jeff Burr.

Chairman Maxfield called the meeting to order at 6:30 P.M.

*Selectman Bowles moved to approve the Selectmen's Meeting Minutes of Tuesday, October 19, 2010 as presented. Second by Selectman Ives. All in favor. Motion carried.*

Chairman Maxfield read the following 2010 Fall Property Tax Warrant in to the minutes:

*"To: Helen L. McNeil, Collector of Taxes for Loudon, New Hampshire in said County. In the name of the State you are hereby directed to collect the property taxes in the list herewith committed to you, amounting to the sum of Five Million One Hundred Seventy Three Thousand One Hundred Thirty Eight Dollars (\$5,173,138.00) and with interest at twelve (12%) percent per annum from December 1, 2010 thereafter, on all sums not paid on or before that day. And we further order you to pay all monies collected to the Treasurer of said town at least on a weekly basis, or daily whenever tax receipts total Five Hundred Dollars (\$500.00) or more."* Given under our hands at Loudon, New Hampshire, this Twenty-sixth day of October in 2010. Board of Selectmen, Loudon, New Hampshire. *Selectman Ives moved to approve the warrant as written into the minutes. Second by Selectman Bowles. Chairman Maxfield read the following oath: We, the Selectmen and Assessors of the Town of*

*Loudon, NH, do solemnly swear that in making the inventory for the purpose of assessing the foregoing taxes we appraise the same in payment of a just debt due for a solvent debtor. So help us God. All in favor of the motion. Motion carried.*

The Board met with Police Chief/Code Enforcement Officer Bob Fiske.

Chief Fiske said he had nothing to discuss with the Board at this time.

Selectman Bowles asked if the patrols were being conducted on Bee Hole Road. Chief Fiske said yes, morning, noon, and night.

The Board met with Fire Chief Jeff Burr.

Chief Burr said he had a statement relative to the Selectmen's Meeting Minutes of October 19, 2010, item F. "Relative to the vote of the Fire Association to deny use of their tables to NHMS for the Halloween Party, please note that the vote of the Association was only a reiteration of a previous vote by the Association, which was that the Association will not loan or otherwise allow anyone other than the Fire3 Association members to use the tables and chairs owned by the Fire Association. This is the Association policy regarding items purchased for its Association use and has been in effect since February 13, 2006. This policy came about as some of the equipment was not returned or was returned in a damaged condition. This does not represent a change in Fire Association policy, nor does it have anything to do with the racetrack. The Fire Association at its last meeting, held a long

**Selectmen — cont. on 27**

**Selectmen — cont. from 26**

discussion regarding the loaning of tables and chairs, which was followed by a vote of the Association members re-affirming their prior decision not to allow equipment to be loaned. As President of the Fire Association, I participated in the discussion but abstained from the vote. The Fire Association's denial of the request for the use of the tables and chairs was in no way intended to make the Town look bad. It is merely the Fire Association not playing favorites or allowing one business and not another to borrow or use their equipment." Chief Burr said in the same minutes there was also reference to the department being heavy handed. In response to this comment, Chief Burr stated the Department has been very careful not to play favorites with anyone or any organization. The Department in past years conducted inspection of places of assembly in Loudon. Several were found to have deficiencies. The places of assembly were notified and the Department worked with those organizations to correct the deficiencies. No one was shut down or otherwise not allowed to continue operations. This year the department added gas stations to its list of inspections. Again, several businesses were found to have deficiencies. The Department has worked or is working with them for corrective actions. Again, no one was shut down or not allowed to continue operations. The Department has worked out plans with those businesses which allow the business to make the corrective actions in a manner which does not severely impact their business. The Fire Department is and always has been willing to answer any questions you might have. We look forward to addressing concerns before they become issues.

Chief Burr stated the last item he wished to address was the cancellation of the Halloween Party at NHMS. Chief Burr stated that on October 12, Mike Lawton sent an email informing Chief Burr of the upcoming event and asking if the racetrack needed to provide any information to the Fire Department. As it appeared that both of the individuals are new to their respective positions at the racetrack, the Fire Department provided NHMS with copies of the Fire Code relating to this type of event. In no way did the Department make any comments or attempts to tell the race track what needed to be done for the event to be in compliance with Fire Code. We only provided information. The Department made it clear to the racetrack that if they had any questions, the Department would be happy to try to answer them. A Fire Department member had a discussion with Christa Kwarta on October 14 as he was delivering copies of the State Fire Code relative to haunted houses and Christa mentioned that the track was having trouble coming up with enough volunteers for the event. The racetrack responded on the 15th with a question regarding the plastic sheeting used

as a backdrop to block light and create "walls." Christa Kwarta specifically asked the Fire Department if they felt that with the proper precautions the sheeting could be used. Christa also asked that the Fire Department contact her as soon as possible if the sheeting could not be used so that she could discuss other options with management. Chief Burr said it was also noted in the email that the racetrack was working on the Emergency Action Plan and Fire Watch plans and would be ready to present their plans to the Fire Department on the following Monday or Tuesday. Chief Burr said the Fire Department was unsure of whether or not the sheeting could be made fire-retardant so he sent a request for this information to the State Fire Marshal's office. He said the Department received an immediate response letting them know that there was no way the sheeting could be made fire retardant. He said this information was immediately forwarded to the racetrack. Chief Burr said the Fire Department was more than willing to work with the racetrack to develop alternatives that would be in compliance with the Fire Codes. Chief Burr went on to say an email was received from Ms. Kwarta on October 19 indicating NHMS would forego the planned Halloween party and the track thanked the Chief and his staff for their information and assistance. At no time did the Fire Department suggest or tell the racetrack that it could not hold the Halloween party. The Department was ready and willing to work with the track so that a safe party would take place as planned. Chief Burr said he was including copies of the emails between the track and the Department for the Board's review. Chief Burr said the Fire Department handled questions regarding the Fire Code and the Halloween party in a professional manner. Selectman Bowles said this was great Chief Burr could put all this time in putting this material together but wished Chief Burr could put as much time and effort into other situations that the Board had requested. Selectman Bowles said personally and as a Board, no one is blaming anyone. It was an array of circumstances that appeared as if the Department wasn't interested in cooperating. He said there was a by-law that went in during 2006 but he said he is pretty sure the track has used the tables and chairs since then. He said he feels this is a moot point at this time. Selectman Bowles said as far as the other comments, it should be put to rest. Chief Burr said he is trying, but felt he needed to respond to the comments that were made. He said he is doing his job and the Department is working with these people and businesses in town to ensure they meet the minimum standards. Selectman Bowles commented on the use of the plastic, which had been used for years, and now this has to go before the Fire Marshal. Chief Burr said the question was raised and he obtained the answer. Selectman Ives said the Board was told by

the Deputy Chief that the reason the vote went the way it did was because the members were angry with the track over the reduction in security. He said Chief Burr reluctantly agreed to reductions after a special meeting was held with town counsel to impress upon Chief Burr the importance of the negotiations. Selectman Ives said this weighs in on his displeasure with the Fire Department. Selectman Ives said his comments were the result of hearing about these issues and his first response. He said he did not have time to prepare a written statement as Chief Burr has done. John Reese was recognized from the audience. Mr. Reese explained that the track did use the tables and chairs last year as an Association member came and got them to take to the track. He said this year the member opted to put the questions of use before the Association meeting and that is when the vote took place. Selectman Bowles questioned if those voting were Association members. He was told they were.

The Board met with Moderator Mike LaBonte.

Mr. LaBonte discussed the upcoming general election on November 2. He asked the Board to supply heaters for the ballot clerks as they sit by the door and it gets very cold. The Board said they would take care of this.

The Board met with Jerry Gappens, General Manager of NH Motor Speedway and Ed Dupont.

Mr. Gappens discussed the proposal they have before the State to address the plan to widen Route 106. Selectman Ives asked Mr. Dupont to explain the plan that had been presented. Mr. Dupont said initially the racetrack did not have a big impact on the plan. He said the State is looking at updating the study that had been done previously and see how this project could be moved forward. Mr. Gappens said the State would provide 2/3 of the funds needed and the Town would supply 1/3. Mr. Gappens said the Speedway is willing to provide the Town's share so there would be no impact on town residents. Mr. Gappens said the projected cost is \$330,000 with the State providing \$220,000 and the Town providing \$110,000. Mr. Dupont said the study would cover the area from 393 to Route 140 in Belmont. Chairman Maxfield asked how the funds would be provided. Mr. Gappens said the track would need direction from the Town on how this could be accomplished. He said the track would provide a check in that amount made payable to the Town if that was acceptable. Selectman Bowles asked for clarification on the steps that would be taken. Mr. Dupont said updating the study would be the first step. Then the results of the study would be taken before

the State to see if it would be feasible to place the widening project back on the 10-year transportation plan. The Board said they would address this with Town Counsel and then let Mr. Gappens know the results.

The Board discussed a letter received from Attorney Bradley regarding a bequest for perpetual care of a cemetery lot. Attorney Bradley has sent a receipt for signature by the Chairman so the funds can be dispersed.

The Board began their review of weekly correspondence.

The Board received an email from Tom Edwards, secretary of the Clough Pond Association regarding the NH Lakes program and the Board's letter requesting assistance with the revitalization of Clough Pond Beach.

The Board reviewed a memo requesting assistance with a confidential matter.

The Board received a request for refund of motor vehicle fees paid. The request involves transfer of plates from one vehicle to a new vehicle vs. entirely new plates. The Board approved the refund as long as one set of plates and registration is turned into the Town Clerk prior to payment being processed.

The Board reviewed a letter from George Hunton regarding access to Comcast internet service.

The Board received information from the NH Charitable Foundation on the proposed payments for 2010 for the Tewksbury Memorial and the Veteran's War Memorial funds.

The Board acknowledged receipt of the October Highway Block Grant payment in the amount of \$50,685.69.

The Board received the October draft Planning Board minutes for review.

The Board was provided a copy of the bond reduction decision for Loudon Woods Estates.

The Board received the 3rd Quarter 2010 host community fee calculation for ESMI. The amount is \$18,329.73.

The Board received verification of the submittal of the Hazard Mitigation Plan update from Central NH Regional Planning Commission. They also received the breakdown of the in-kind match figures, which is a requirement of the plan update.

The Board received the monthly newsletter from Councilor Shea for review.

*Selectman Ives moved to adjourn at 7:20 P.M. Second by Selectman Bowles. All in favor. Motion carried.*

**LOUDON BOARD OF SELECTMEN**

*Roger A. Maxfield, Chairman  
Steven R. Ives, Selectman  
Dustin J. Bowles, Selectman*

**Please note that both Planning and Zoning Minutes are DRAFT minutes, i.e., they have not been approved yet. For a copy of the approved minutes, please contact the Planning/Zoning Office after their monthly meetings (798-4540).**

**Planning Board meets the third Thursday of the month at 7 p.m.**

**Zoning Board meets the fourth Thursday of the month at 7 p.m.**

**Both Boards meet at the Community Building. All meetings are open to the public.**

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## Planning Board Minutes — October 21, 2010

Meeting called to order at 7:00 p.m. by Chairman Tom Dow.

### Attendance:

Chairman Tom Dow, Tom Moore, Steve Jackson, Vice Chairman Stanley Prescott, Bob Cole, Alternates Jeff Green and Bob Ordway, Ex-Officio Steve Ives

Bob Ordway was appointed as a voting member in the absence of Henry Huntington.

Bill Gabler represented the Conservation Commission.

### Acceptance of Minutes:

**September 16, 2010 Meeting** — Bob Cole made a motion to approve the minutes as presented; seconded by Steve Ives. All were in favor.

**September 28, 2010 Site Visit** — Steve Jackson made a motion to approve the minutes of the site visit; seconded by Tom Moore. Stan Prescott noted that Elizabeth Knowlton was also in attendance at the site visit. Mr. Jackson and Mr. Moore amended the motion and second to reflect this addition to the minutes. All were in favor.

### Discussion:

**Rodney Phillips — Faith Community Church** — Pastor Jeff Owen was in attendance with Mr. Phillips. Mr. Phillips explained that he spoke with the Board in March about using the garage at the church parsonage for Sunday school classes for an average of 120 to 130 students. After further review and survey of the property it has been determined that the lot will not support a well and septic system because of the wet areas. Mr. Phillips stated that they are now looking at adding on to the church. He said the proposed addition would be 36' x 40', two-story, and would match the existing building. He noted that this would not affect the sanctuary which has a current capacity of 225. Mr. Phillips pointed out that this plan would mean nobody would have to cross the street and there would be no impact on the residential property. He said they plan to attend the ZBA meeting next week as there will be a couple of matters to be dealt with, one being the 100' setback because this is a commercial property and the other being the amount of impermeable area. Mr. Phillips stated that the as-built that he handed out for the Board's review shows they are 2.05% over the allowed percentage of impermeable area because the

pavement was laid out differently from the original plan.

Steve Ives asked about access to a shed where the fire pump is located. Mr. Phillips noted that the entire building is sprinklered, and he said they would still be able to access the pump by going around the church. He said he spoke with Firefighter Reese who did not think there would be any issue since the building is sprinklered. Mr. Ives asked to confirm that the addition would be two stories. Mr. Phillips said it will be two stories and the elevator in the church would give access from the main part of the church to the addition. Steve Jackson asked how many parking spaces are currently available. Mr. Phillips said that 36 are required and they have 96 lined spaces. He said they proposed 85 in 2004 and the company who did the lines suggested going with 9' spaces instead of 10', therefore they got more spaces.

**Dan Aversa — Loudon Woods Estates — request for bond reduction** — Mr. Aversa informed the Board that the off-site improvements have been completed and inspected by Louis Berger Group. He said the top coat and guard rails are all that remain to be done on Bert Lane and he plans to finish that work next year. Mr. Aversa's estimate of the remaining work is \$33,192. Donna provided the Board with copies of previous minutes, letters, comments from the Louis Berger Group, and a calculation of the amounts needed to continue the bond. The Board reviewed the information and agreed to the bond reduction. Stan Prescott made a motion to reduce the letter of credit from \$100,000 to \$61,750, to be split into two bonds, one for \$40,000 on Bert Lane and a second letter of credit for \$21,750 for one year on the off-site improvements; seconded by Tom Moore. All were in favor.

### Old Business:

**Application #10-11, Russell L Pearl & Michael J Martel — Major Subdivision, RR District, Map 52, Lot 11.** Jeff Green recused himself from the Board. Abutter Roy Merrill was present. Applicants Pearl and Martel were present. Jeff Green of J L Green Enterprises represented the applicants. Mr. Green reported that they do not have State subdivision approval from DES but they would like a conditional approval to be considered based on the receipt of that approval in the near

future. He explained that they went from six lots to five so had to resubmit the plan to the State. He also said that there has been a change in the rules so now all lots have to be done if in the shoreland protection area, regardless of lot size. Tom Moore asked Mr. Green what made him feel they are all set with the State. Mr. Green said that the review has been done, a site visit was done, and they just needed to do a perc test on Lot 2, even though that lot is no longer being used as a separate lot. Mr. Moore asked if the findings were all acceptable. Mr. Green said that TPI had seasonal high water at 44" which is higher than the limits. He explained the results.

There was discussion of the application being incomplete. Mr. Green said his clients are trying to get this process done so they can move on with the project. Steve Ives asked if there is a reason for the push on the timeframe or if it was just for convenience. After further brief discussion, Stan Prescott moved to listen to discussion and continue the application to the November 18, 2010 meeting; seconded by Steve Ives. All were in favor.

Mr. Green stated that some changes were made on the plan after the last Board meeting and the site visit. He pointed out that Lots 1 and 2 were combined and the lots were all reconfigured. Proposed lot sizes are: Lot 1, 5.4 acres; Lot 2, 3.8 acres; Lot 3, 3.3 acres; Lot 4, 12.14 acres; and Lot 5, 6.95 acres. He explained that they moved frontages so as not to impact wet areas and slopes. Mr. Green went over the lot configurations and showed the slopes, noting that they pulled the driveway on Lot 1 back out of the wetland per the Board's request.

Bill Gabler stated that the Conservation Commission toured the property and identified several areas where trees were cut within the 25' buffer zone and the harvest exceeded 50%. He said some were cut in the shoreland protection zone but those were incidental. Mr. Gabler noted that there was a crossing that was questioned and bore samples were done. It was determined to be a previous crossing, not something done by this developer. The Commission gave five recommendations. Mr. Gabler handed in the report and package for the file. Jeff Green said he spoke with the wetlands scientist about the crossing. Mr. Green said that a permit would be required to fix the crossing and that it does not seem reasonable for his client to have to spend that amount of money to fix something that is 50-75 years old per the samples. Mr. Gabler said he could speak with the Conservation Commission about assisting with the cost. There was discussion amongst Mr. Pearl, Mr. Green, and Mr. Gabler with regard to the crossing. Mr. Gabler said he was going on the recommendation made by Dan Geiger who felt the crossing needed repair. Mr. Green said his client could clean up after the loggers and not impact the wetland any more than it has been. Stan Prescott said he would agree with not digging and filling as that could make the situation worse.

Tom Dow said that the merger of Lots 1 and 2 makes the plan a lot cleaner. Stan Prescott asked about the areas of steep slopes. Mr. Green said they are not shown for each lot. Mr. Prescott suggested that Mr. Green show the steep slope area of each lot under the buildable area table on the plan.

Chairman Dow stated that a letter in reference to this application has been received from Michael Harris and Mr. Harris asked that the letter be read into the minutes. The letter read as follows: "1) Please kindly note that the referenced proposed development is a premature development in that, in addition to other issues, the proposed development as to roadway access is bordered both north and south by what essentially are one lane bridges. If this development were to be approved, it would create hazardous conditions for current residents as to traffic. Town in the past has refused permit for such developments, due to safety, traffic, school bus, etc. AND SHOULD DO SO IN THIS APPLICATION. This is clearly a matter of premature development, and these issues must be addressed by various authorities, including if necessary, the Courts.

2) A road and traffic study is required as to this proposal prior to any further, legal action in this matter. The Lower Ridge Road is not suitable for further increased traffic which would be generated by proposed development.

3) Further, any noisemaking activities which would occur relative to any activity in this development must be restricted to '8 to 5' normal business hours so as not to disrupt the community as our school children.

Your prompt action and reply respectfully are requested and required.

Best wishes, s/Michael Harris"

Steve Jackson referred to the Land Development Regulations with regard to premature and scattered development. There was discussion about bridges in the area of this proposed subdivision and how impact fees would apply to any necessary improvements.

The application will be continued to November 18, 2010, 7:00 p.m. at the Community Building. There will be no further notification.

### Board Discussion:

**Parking permit review** — The selectmen held a public hearing to establish an annual renewal fee for daytime parking permits. The annual renewal fee was set at \$20 by the selectmen. There was discussion with regard to the permit being issued on a permanent basis but being reviewed and renewed on an annual basis. The permit will be revised to reflect the annual renewal. It was agreed to send letters to each permit holder, advising that updated parking plans must be submitted to the Planning Office by January 15, 2011 and the Board will begin reviews at the January 20, 2011 meeting.

Planning — cont. on 29

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## Zoning Board Minutes — October 28, 2010

Chairman Dave Powelson called the meeting to order at 7:00 p.m.

### ROLL CALL

The following members were present: Chairman Dave Powelson, Vice Chairman Ned Lizotte, Roy Merrill, George Saunderson, Howard Pearl, and Alternates Jim Venne and Earl Tuson

### ACCEPTANCE OF MINUTES

**Regular Hearing** — *George Saunderson made a motion to approve the minutes of September 23, 2010 as presented; seconded by Jim Venne. All were in favor.*

### DISCUSSION

**Rodney Phillips — Faith Community Church** — Mr. Phillips introduced Associate Pastor Josh Owen. An as-built plan that was done last month by Web Stout was handed out to the Board members for review. Mr. Phillips reminded the Board that he talked with them in March about doing something across the street at the parsonage. He explained that they had the lot surveyed and found that the lot would not support a septic, well, and the remodeled garage for their Sunday school classes due to some wet areas. Mr. Phillips said that they are now considering putting an addition on the church. This would eliminate having people crossing the road and there would be no impact on the residential property. Mr. Phillips explained that they would be adding more Sunday school space and would not affect the sanctuary. The occupancy load and parking are based on the sanctuary size. He said the plan would be for a 36' x 40', two-story addition.

Mr. Phillips said that they will need help with two things. Because the property is in the C/I District they have 100' setbacks. Mr. Phillips said they would be 67' from the addition to the road. He also pointed out that the regulations allow 50% impermeable area. He noted that the pavement got laid

out a little bigger than shown on 2004 plans so the as-built shows the impermeable area at 52.05%. They would be at 55.18% with the addition. There was discussion about setbacks, this corner lot in the C/I District being 100' setback on three sides, and 60' setback on C/I lot that abuts a residential lot. It was agreed that a variance would be the way to address the impermeable area. Mr. Phillips said they will talk with abutters, do a little more planning, and come back to the Board with applications.

### PUBLIC HEARINGS

**Z10-11, New Hampshire Motor Speedway — Variance for Height of Scoreboard, Map 61, Lot 5, Route 106.** There were no abutters present. Tom Blanchette was present on behalf of NHMS until the later arrival of John Zudell. Mr. Blanchette explained that the plan is to replace the existing 85' high scoreboard that Bob Bahre bought used long ago. The sign only has room for seven positions and uses incandescent bulbs. Mr. Blanchette stated that NHMS is in an engineering and purchase deal with Panasonic for the new scoreboard that has LCD screens and large LED TV screens on top. This would be used for large events only, not year-round. Mr. Blanchette said that the new structure would be no more visible beyond the track than the existing scoreboard and it would provide better customer service and more positive fan events. The scoreboard could show up to forty-three positions plus have the TV screens for replays and other highlights. This type of scoreboard is also used at Homestead Miami and Richmond, VA. Mr. Blanchette said that there are some safety concerns with the existing board, explaining that they had to fence it off at the last race due to some pieces falling off. Mr. Blanchette said that NHMS currently rents three TV trucks for the major races.

Roy Merrill asked if the TV screens are taken down for storage. Mr. Blanchette said that they are taken down because of winds, storms, and other weather-related issues. He explained that it is a one to two day crane operation. George Saunderson asked about the height of the scoreboard. Mr. Blanchette said that it would be no higher than the existing grandstands. He reported that Mark Sargent of Richard Bartlett & Associates did some GPS points for visibility references. The sign would be three-sided and is expandable if desired.

Chairman Powelson and Mr. Blanchette went through the points of the application. Mr. Powelson read from the ZBA handbook with regard to the hardship section of the application. Roy Merrill said that the area is obviously a special property since it is used specifically for racing and is zoned C/R. Howard Pearl said they are not creating a hardship for any other property by changing a sign inside the track.

John Zudell arrived at this point in the hearing. He presented the Board with an overhead picture of the entire track. He explained that the new scoreboard would be in the 80'-85' height range and they would be moving the scoreboard a little to the northwest of the location of the existing scoreboard. Mr. Zudell said they should have the engineered drawings from Panasonic within the next two weeks and would then be going to the Planning Board for site review. Dave Powelson stated that the scoreboard would be lower than the press boxes and grandstands. Mr. Zudell said that was correct.

The chairman closed the hearing to the public and opened it to the Board only for

discussion and a decision. *Howard Pearl made a motion to approve the application for a variance for a height of up to, and not to exceed, 85'; seconded by George Saunderson. A roll vote was taken: George Saunderson — Yes; Ned Lizotte — Yes; Dave Powelson — Yes; Roy Merrill — Yes; Howard Pearl — Yes. Unanimous — PASSED Both alternates were also in favor of the approval.*

### BOARD DISCUSSION

Chairman Powelson asked if anyone had any items to be addressed for zoning amendments. Earl Tuson spoke on behalf of the Agricultural Committee and gave some examples of changes that have been brought up by that committee. Those examples included the time limit for seasonal workers to reside at their place of work, steep slope section not including grazing, changing silo to grain bin, off street parking & loading and signs for farms, and building permit structure size limit. Howard Pearl said that the ordinance is talking about disturbing soil and grazing would not do that. There was brief discussion on some of the items. Roy Merrill said that he would like to see the 100' setback on commercial properties brought down to something more like 60'. There was discussion of different scenarios and proposed reductions.

### ADJOURNMENT

*Roy Merrill made a motion to adjourn the meeting at 8:00 p.m.; seconded by Howard Pearl. All were in favor.*

*Submitted by,  
Donna White  
Administrative Assistant*

### Planning — cont. from 28

**Zoning workshop** — Tom Moore said he has been looking for ways to preserve recreation in the town. There was discussion about Mr. Moore's suggestions and ways that this might be accomplished. No date was set for a workshop as there are no proposed amendments at this time.

**Gravel pit review** — Stan Prescott reported that he and Bob Cole met with Donna earlier today. He gave an overview of the review that has been conducted thus far, noting recommendations that they are making. Mr. Cole explained the process of the intents to excavate and the reports of excavation. Mr. Prescott said that excavation is addressed in the Land Development Regulations under site development and RSA 155-E dictates gravel regulations so they do not feel that the Board needs to come up with regulations specific to Loudon. There was discussion of

bond amounts, the review of the pits, and the role of the Board as regulators.

### Report of the ZBA:

Donna reported that there is one application for a variance for the height of a proposed scoreboard at NHMS.

### Report of the Board of Permit:

Stan Prescott said that there was no Board of Permit meeting this month.

### Adjournment:

*A motion to adjourn at 9:00 p.m. was made by Stan Prescott; seconded by Steve Ives. All were in favor.*

*Submitted by,  
Donna White  
Administrative Assistant*

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# December 2010 in Loudon

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1</b> 2pm•Storytime @ Library 7pm•Village Arts Group @ Library 7pm•Historical Society	<b>2</b> <b>HANUKKAH BEGINS</b> 10:30am•Storytime @ Library 6:30pm•PTA @ LES 6:30pm•Boy Scout Troop 247 @ Legion 7pm•Boy Scout Venturing Crew 247 @ Legion	<b>3</b>	<b>4</b>
<b>5</b>	<b>6</b> 6:30pm•Happy Hill 4H @ Legion	<b>7</b> 10am•Young at Heart @ Com. Bldg. 10:30am•Storytime @ Library 6:30pm•Selectmen's Meeting @ Com. Bldg. 7pm•Lions Club @ Library	<b>8</b> 2pm•Storytime @ Library 6pm•Conservation Commission @ Com. Bldg. 6:30pm•Girl Scout Volunteers @ LES	<b>9</b> 10:30am•Storytime @ Library 6:30pm•Boy Scout Troop 247 @ Legion 7pm•Boy Scout Venturing Crew 247 @ Legion	<b>10</b> 6–8pm•“Journey to Bethlehem” @ New Beginnings Church of the Nazarene	<b>11</b> 8–Noon•Breakfast with Santa and PTA Craft Fair 9–6•Food Pantry Open House 6–8pm•“Journey to Bethlehem” @ New Beginnings Church of the Nazarene
<b>12</b>	<b>13</b> 7pm•Loudon Fire Dept. Meeting 7:15pm•MVSD School Board Meeting @ MVHS	<b>14</b> 10:30am•Storytime @ Library 2:30pm•Just the Classics Book Group @ Library 6:30pm•Selectmen's Meeting/Board of Permit @ Com. Bldg.	<b>15</b> 2pm•Storytime @ Library 7pm•Legion & Auxilliary	<b>16</b> 10:30am•Storytime @ Library 6:30pm•Boy Scout Troop 247 @ Legion 7pm•Boy Scout Venturing Crew 247 @ Legion 7pm•Planning Board @ Com. Bldg.	<b>17</b> <b>LOUDON LEDGER DEADLINE FOR JANUARY 2011 ISSUE</b>	<b>18</b>
<b>19</b>	<b>20</b> 6:30pm•Communications Council @ LES	<b>21</b> <b>FIRST DAY OF WINTER</b> 10:30am•Storytime @ Library 6:30pm•Selectmen's Meeting @ Com. Bldg. 7pm•Lions Club @ Library	<b>22</b> 2pm•Storytime @ Library 6:30pm•Recreation Com. @ Library	<b>23</b> 10:30am•Storytime @ Library 6:30pm•Boy Scout Troop 247 @ Legion 7pm•Boy Scout Venturing Crew 247 @ Legion 7pm•Zoning Board @ Com. Bldg.	<b>24</b>	<b>25</b> <b>CHRISTMAS DAY</b>
<b>26</b> <b>KWANZAA</b>	<b>27</b>	<b>28</b> 9_12am•VNA Senior Health Clinic @ Richard Brown House 10:30am•Storytime @ Library 6:30pm•Selectmen's Meeting/Work Session @ Com. Bldg. 7pm•LYAA @ Library	<b>29</b> 2pm•Movie “How to Train Your Dragon” @ Library	<b>30</b> 11–3•Drop In Craft Day @ Library 6:30pm•Boy Scout Troop 247 @ Legion 7pm•Library Book Group 7pm•Boy Scout Venturing Crew 247 @ Legion	<b>31</b> <b>NEW YEAR'S EVE</b>	<b>Jan. 1</b> <b>NEW YEAR'S DAY</b>

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1 or 2 bdrm 1 full bath 26x34 Expansion Cape on .70 acres. 2nd floor unfinished. Lots of design options available, bring your imagination. **MLS# 4031027, \$184,900.**



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**GILMANTON, 3 bdrm 1.75 bath Cape** Circa 1780. Many antique features throughout this home. Attached 38x48 barn, large farmers porch. Small pond. Newer windows, roof, septic and furnace. **MLS# 4016325, \$149,000.**



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