

The Loudon Ledger

PUBLISHED BY THE LOUDON COMMUNICATIONS COUNCIL



**December 2007
Volume 9, Issue 12**

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Mission Statement...

To provide a comprehensive source of information and education about business, government, and community organizations within Loudon in order to facilitate and encourage informed citizen participation.

Two Major Fires in Five Days

By Debbie Kardaseski

The week of November 18 proved to be a difficult week for two families in Loudon.

On Tuesday, November 20, firefighters were called to a house fire on Wales Bridge Road. The fire went to a second alarm shortly after the trucks arrived.

The home is owned by Wayne and Susan Aldrich, who were not home at the time. A friend who was staying in a camper behind the house, was woken up by a dog barking. He saw the smoke coming from the house and immediately called the fire department.

Unfortunately, even with the speedy arrival of multiple fire departments, the home was pretty much a total loss. It was unknown what started the fire. The following departments responded: Loudon, Concord, Chichester, Epsom, and Pittsfield, with Pembroke covering the Loudon station.

If you would like to help the Aldrich family, please call the Loudon Town Office (798-4541) or contact the Red Cross in Concord.

Four short days later, on Saturday, November 24, Wyman Farm Bed & Breakfast on Wyman Road was the scene of a four-alarm fire. In addition to Loudon, departments from Canterbury, Concord, Belmont, Barnstead, Salisbury, Boscawen, Gilmanton, Pittsfield, Bow, Allentown, Northwood, Chichester, Epsom, Webster, and Pembroke responded. Hopkinton Fire Department covered the Loudon Station.

It was the coldest day so far this Fall, but thankfully there was little wind, unlike the day before. Firefighters were able to save many household items as well as most of the main part of the house, which is over 200 years old. The attached shed was a total loss and the fire got into the attic, causing a great deal of damage to the roof on one end of the house.

All in all, an excellent job was done by all as the house can be rebuilt and/or refurbished.

If you'd like to help the family, please contact the Loudon Fire Department at 798-5612. ■

Rec Committee Invites You to Make Plans to Ice Skate in Loudon This Winter!

The Loudon Recreation Committee would like to thank the Loudon Highway Department, Fire Department, and all the volunteers who came out on Monday, November 5 to set up the ice rink at the Recreation Field. We are hoping we have some great weather this winter so everyone in Loudon gets a chance to utilize this ice rink. The Committee is looking for people who are willing to maintain the ice over the winter months, which would include snow blowing or shoveling the area after snow.

The Fire Department has graciously volunteered to flood the rink when necessary. If you are willing to volunteer — even just a few times — with the snowblowing or shoveling, please contact Alicia Grimaldi, Recreation Chairperson at 435-5193.

Rec Committee Looking for Ideas

The Loudon Recreation Committee needs your help!! In addition to setting up the ice rink for everyone in Loudon to enjoy this winter, we are working on possibly offering an aerobics class. The committee will also be working on a long-range plan and goals for recreation in Loudon. If you have any ideas for events or activities you would like to see, there are several ways for your voice to be heard. You could contact Alicia Grimaldi at 435-5193 or email

affirmhealth@yahoo.com or you can print and return the events and activities survey which is available on the website www.loudonnh.org.

Another way is to join us at our monthly meeting. The Recreation Com-

mittee meets once a month on the fourth Wednesday of the month at 6:30 p.m. at the Maxfield Public Library. Please join us if you are interested in helping out — we hope to see you there!!! ■

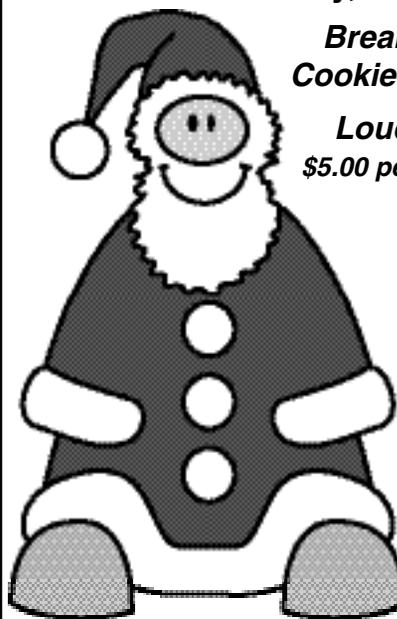
LOUDON PTA'S ANNUAL BREAKFAST WITH SANTA!

Saturday, December 8, 2007

**Breakfast 8-10
Cookie Walk & Craft Fair 'til Noon**

Loudon Elementary School

\$5.00 per person or \$20 max per family



- Homemade pancakes, real maple syrup, sausage, juice, and coffee.
- Visits with Santa — bring your camera!
- Quarter Raffle
- Cookie Walk & Craft Fair

If you would like to donate an item or need more information, please contact Cindy Labonte at 783-0464.

Town of Loudon Office Hours

Selectmen's Office

PO Box 7837 • 798-4541

Selectmen meet Tuesday evenings at 6:30 p.m. in the Community Building.
Mon.–Thurs.: 8 a.m.–4 p.m. • Tues. evenings: 6 p.m.–9 p.m.

Town Clerk

PO Box 7837 • 798-4542

Mon.: 8 a.m.–2 p.m. • Tues.: 3 p.m.–9 p.m. • Wed.–Thur.: 9 a.m.–4 p.m.

Planning/Zoning Board

PO Box 7837 • 798-4540

The Planning Board Meets the third Thursday of the month at 7:00 p.m. in the Community Building. The Zoning Board meets the fourth Thursday of the month at 7:30 p.m. in the Community Building.

Mon.–Thurs.: 8 a.m.–4 p.m. • Tues. evenings: 6 p.m.–9 p.m.

Tax Collector

PO Box 7844 • 798-4543

Tues.: 3 p.m.–9 p.m. • Wed.–Thurs.: 9 a.m.–4 p.m.

Police Department: Emergencies: 911

PO Box 7059 • 798-5521

Mon.–Fri.: 8 a.m.–4:00 p.m.

Code Enforcement

PO Box 7059 • 798-5584

Mon.–Fri.: 8 a.m.–4:00 p.m.

Fire Department: Emergencies: 911

PO Box 7032 • 798-5612

The Fire Department holds its general meeting on the second Monday of the month at 7:30 p.m. in the Safety Building. To obtain a fire permit, please stop by the station weekdays between the hours of 7 a.m. and 6 p.m.

Fire permits for the weekend need to be obtained during these times.

Loudon Elementary School

7039 School Street • 783-4400

The School Board meets the second Monday of the month at 7:15 p.m.

Call the Superintendent's Office for meeting location.

Transfer Station

Tues. & Thurs.: 9 a.m.–5 p.m. (Winter)

Tues.: 9 a.m.–5 p.m. • Thurs.: 11 a.m.–7 p.m. (Summer) • Sat.: 8 a.m.–5 p.m.

Loudon residents can purchase facility stickers at the transfer station for \$1.00. See the attendant.

Highway Department

Road Agent: David Rice • 783-4568

Mon.–Fri.: 7 a.m.–3:30 p.m.

Maxfield Public Library

Librarian: Nancy Hendy • 798-5153

Mon.: 1–7 p.m. • Tues.: 10 a.m.–9 p.m. • Wed.: 1–9 p.m.

Thurs.: 10 a.m.–9 p.m. • Sat.: 9 a.m.–1 p.m.

John O. Cate Memorial Van

798-5203 (Mondays only) to schedule a ride.

For more information or on other days, call Barbara Cameron: 783-4534

Blessed Hope Food Pantry of Loudon

30 Chichester Road

Open most Wednesdays from 2–3 p.m. or for emergencies.

For more information, call Rev. Henry or Betty Frost: 783-4540

Loudon Representatives

Merrimack County — District 6

Maureen Baxley: NEED ADDRESS

Claire D. Clarke: 437 Daniel Webster Hwy., Boscawen, NH 03303

Priscilla P. Lockwood: 435 Northwest Rd., PO Box 1, Canterbury, NH 03224

Joy K. Tilton: 4 Hill St., Northfield, NH 03276-1611

Frank A. Tupper: PO Box 92, Canterbury, NH 03224-0092

Deborah H. Wheeler

Senators — District 07

Harold W. Janeway

Loudon Ledger Submission Policy

All groups, organizations, individuals, etc. are encouraged to submit articles to the *Loudon Ledger*. Special events, landmark anniversaries or birthdays, “attaboys,” etc. are all welcome.

Please note, however, that the *Ledger* will uphold its mission:

To provide a comprehensive source of information and education about business, government, and community organizations within Loudon in order to facilitate and encourage informed citizen participation.

We will also follow our *Articles of Agreement*, which are on file with the Secretary of State:

The corporation shall not participate in, or intervene in any political campaign on behalf of any political party or candidate for public office, nor shall it sponsor or endorse any plan or proposition that does not facilitate or encourage informed citizen participation.

In other words, any article submitted must present *all sides* of an issue in a factual, unbiased manner so that the reader may form his/her own opinion based on the information presented. To paraphrase Eric Sevareid: “You should elucidate but not advocate.”

Articles should be submitted to the Loudon Communications Council, P.O. Box 7871, Loudon, NH 03307. They may be emailed to debbie@debbiekgraphics.com. From there, they will be forwarded to the Council for review before they are inserted in the *Loudon Ledger*. If you have any questions regarding this policy, please contact Raymond Cummings, chairperson of the Council, 798-3128. ■

Classified Ads are available. Please mail your ad copy, along with a check payable to LCC, to PO Box 7871, Loudon, NH 03307. A 1–3 line, 1-column ad will cost \$10. A 4–5 line, 1-column ad costs \$15.

“The Loudon Ledger” 2008 Schedule

January 2008 Ad & Copy Deadline: Fri. 12/14 Council Meeting: Mon. 12/17

February 2008 Ad & Copy Deadline: Fri. 1/18 Council Meeting: Mon. 1/21

March 2008 Ad & Copy Deadline: Fri. 2/15 Council Meeting: Mon. 2/18

April 2008 Ad & Copy Deadline: Fri. 3/14 Council Meeting: Mon. 3/17

May 2008 Ad & Copy Deadline: Fri. 4/18 Council Meeting: Mon. 4/21

June 2008 Ad & Copy Deadline: Fri. 5/16 Council Meeting: Mon. 5/19

July 2008 Ad & Copy Deadline: Fri. 6/13 Council Meeting: Mon. 6/16

August 2008 Ad & Copy Deadline: Fri. 7/18 Council Meeting: Mon. 7/21

September 2008 Ad & Copy Deadline: Fri. 8/15 Council Meeting: Mon. 8/18

October 2008 Ad & Copy Deadline: Fri. 9/12 Council Meeting: Mon. 9/15

November 2008 Ad & Copy Deadline: Fri. 10/17 Council Meeting: Mon. 10/20

December 2008 Ad & Copy Deadline: Fri. 11/14 Council Meeting: Mon. 11/17

**PLAN YOUR ADVERTISING IN ADVANCE!
TO ADVERTISE, CONTACT: Samantha French/783-4601**

DISPLAY ADVERTISING RATES:

Business Card	4 $\frac{5}{8}$ "W x 2"H	\$35.00/issue
1/8 Page	4 $\frac{5}{8}$ "W x 3"H — or — 2 $\frac{3}{8}$ "W x 6"H	\$50.00/issue
1/4 Page	9 $\frac{3}{8}$ "W x 3"H — or — 4 $\frac{5}{8}$ "W x 6"H	\$65.00/issue
1/2 Page	9 $\frac{3}{8}$ "W x 6"H — or — 4 $\frac{5}{8}$ "W x 11 $\frac{3}{4}$ "H	\$115.00/issue
Full Page	9 $\frac{3}{8}$ "W x 11 $\frac{3}{4}$ "H	\$230.00/issue

**Purchase an advertising contract for
the entire year and SAVE 10%!**

CLIP AND SAVE FOR FUTURE REFERENCE!

The Loudon Ledger

is published monthly by the Loudon Communications Council,
PO Box 7871, Loudon, NH 03307.

Council Members: Kris Tripp, Dottie Mulkey, Mary Ann Steele, Tricia Ingraham, Emily Bracey, Sherry Blanchard, and Amanda Masse.

Editorial Submissions may be mailed to PO Box 7871, Loudon, NH 03307 or sent via email to: debbie@debbiekgraphics.com

All editorial submissions are approved by the Council before publication.

Advertising: Samantha French — 783-4601 / harvestmooner@aol.com

Where to Worship in Loudon

Family Bible Church

"Where everybody is somebody, and Jesus is Lord!"

Pastor Steve Ludwick

676 Loudon Ridge Rd., PO Box 7858, Loudon, NH, 03307 • 267-7577

www.myfamilybiblechurch.org • Email: fbc@emlot.com

Coffee & Prayer Time: Sunday 8–9:10 a.m.

Sunday Worship: 9:30 a.m. A blend of hymns & contemporary songs. Fellowship time following service is provided. Sunday School for ages 4 years–5th grade during worship service. Nursery also Available.
Sunday Evening: Youth Group — For Grades 6–11: 6–7:45 p.m.
Monday: Men's Fellowship and Prayer 7–8:45 p.m.
Wednesday: Women's Bible Study, fellowship, and prayer: 9:15 a.m.
Ongoing Evening Adult Bible Studies: call for details

■■■

Faith Community Bible Church — Evangelical Free Church of America

Pastor Jeff Owen

334 North Village Road, Loudon, NH 03307 • 783-4045 • Office Hours: Tues.–Thurs. 9 a.m.–2 p.m.

www.fcbe-loudon.org

Winter Worship Hours:

Sunday Worship Service: Sunday 8:00 a.m. and 11:00 a.m.
Sunday School Classes: 9:30–10:30 a.m. • **Bible Study:** Thursday 9:30 a.m.
Youth Group: Leader Tom Stevens. Sept.–June 6:00 p.m., Grades 6–12
FWFriends: Weds. evenings 6:30–8. Ages 3 through Grade 5 (Sept.–June)
Faith Community Bible Church has Men, Women, and Small Group Ministries.
Please call for more details.

■■■

Landmark Baptist Church

Fundamental, Independent, Biblical, Caring

Pastor Paul J. Clow

103 Chichester Road, Loudon, NH 03307 • 798-3818 • www.landmarkbaptistchurch.info

Sunday School: 9:30 a.m. (Nursery Provided) **(New Beginnings Class:**

for those interested in the Christian Faith and in Landmark Baptist Church. This is a time for questions and answers about what it means to be a Christian and what we believe here at Landmark!)

Sunday Morning Worship: 10:30 a.m. (Nursery and Children's Church Provided)

Sunday Evening: 6 p.m.

Wednesday Evening Bible Study: 7 p.m. (Nursery Provided. We are studying verse by verse through various books of the Bible.)

Saturday Street Witnessing: 9:30 a.m. •

Saturday Youth Group: 7–9 p.m. (Grades 7–12)

We never cancel services for any reason!

■■■

Loudon Center Freewill Baptist Church

Rev. Henry Frost

Clough Hill Road. Mailing address: P.O. Box 7852, Loudon, NH 03307 • 783-4540

Member of the American Baptist Churches of VT/NH (Lakes Area Association)

Sunday Worship: 10:00 a.m.

■■■

Loudon Congregational Church

Rev. David D. Randlett, III

7018 Church Street, PO Box 7034, Loudon, NH 03307 • 783-9478 • www.loudoncongregational.org

Sunday Worship: 9:30 a.m. (Staffed nursery for infants–pre-K)

Sunday School (all ages): 11:15 a.m. (Sept.–June)

Sunday Evening Celebration Supper and Worship:

Monthly at 5:30 p.m. Please call for details.

Wednesday, 7–9 p.m.: **Family Night.** Small groups for men, women, teens, and kids.

■■■

New Beginnings Church of the Nazarene

Rev. W. John White, Senior Pastor

33 Staniels Rd, Loudon NH 03307 • Ph: 224-1311 • Office Hours: 9–2, Mon., Wed., Fri., 9–4, Tue., Thu.

phyllysh@LNBnazarene.org • www.LNBnazarene.org

Sundays: Sunday School & Adult Bible Studies: 9:15 a.m.

Worship: 10:30 a.m. (Childcare provided for Infants.) **Jr. Kids Church** (2-year-olds–Kindergarteners.)

Children's Christmas Program Rehearsals (Grades 1–6)

Tuesdays: Early Youth Group (Grades 5–6). 6:30–8:00 p.m.

Brian & Jill Bollinger: 267-1744

Wednesdays: Youth Group w/Youth Pastor: 6:30 p.m. [Brian Bollinger]

Children's Bible Quizzing: 6:30–7:30 p.m. (Grades 1–6) **Adult Bible Studies:** 7:00 p.m.

Other: Once a month will also have events for men, women, adults, and seniors (50+) called OASIS.

Please visit our NEW website or call the church office for details.

■■■

SonLight Christian Fellowship

Pastor Thomas Friedrich

Currently meeting at the Loudon American Legion Hall, So. Village Rd.

Mailing address: 55 Wiggins Road, Loudon, NH 03307 • 798-3112 • pastor@sonlightchristian.org

Sunday Worship: 10:30 a.m.

First Sunday of Every Month: Discovery Series Bible Lessons

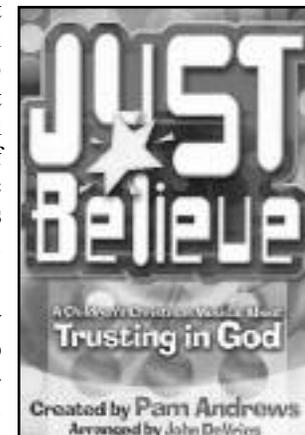
■■■

To have your Church's information added to this column, please email your information to debbie@debbiegraphics.com

December Happenings at New Beginnings Church of the Nazarene

We will light an Advent Candle during each Sunday morning service leading up to Christmas, plus...

- * **Sunday, Dec. 2 at 10:30 a.m.** — "An Instant Christmas" — There will be a part for everyone. Come find out what it's all about and hear a message by Pastor John White.
- * **Sunday, Dec. 9 at 10:30 a.m.** — The Jr. KIDS Church children (nursery through kindergarteners) will make a short presentation for Christmas. Be sure to bring your cameras!
- * **Sunday, Dec 16 at 10:30 a.m.** — "Just Believe" a Children's Christmas Musical will be presented. 1st–6th Graders will make up "the choir" and our older children will present the story through puppets. This musical will help children of all ages look for the light of Jesus when a door is closed to them. The music will include several traditional Christmas songs plus some upbeat, rappin' rockin' tunes. This will be a treat for all ages.
- * **Sunday, Dec 23 at 10:30 a.m.** — The Sunday before Christmas is always a special time to attend church. Come hear and sing some non-traditional and traditional Christmas music. Pastor John will bring us the message of hope.
- * **Monday, December 24th at 6:00 p.m.** — Christmas Eve Service Candle-light Service.



Nursery care will be provided for babies (if needed) and a Jr. KIDS Church Team will provide a special Christmas Eve Service tailored just for the 2's through 5's age group. ■



Loudon Young at Heart

By Joanne Arsneault

On November 13th, our regular meeting was called to order by Vice President Shirley Preston with the salute to the flag. She also mentioned Walter Lampron who has been in the hospital for several days for injuries he sustained, but is getting better. We wish him well. We had 48 people in attendance at the meeting and Lottie Moody and Shirley Preston each won a \$10.00 cash prize.

Treasurer, Irene Dow reported we were able to purchase eight turkeys for the Food Pantry and we had five or six boxes of canned and boxed food items donated by the very generous members to add.

Karen Clark from Volunteers of America Northern New England spoke on the progress of the affordable senior housing project on South Village Road. A completion date is expected by Spring of 2008. On December 18 at 11:00 a.m. at the Community Center there will be a meeting for those people interested in residing at the facility, concerning, in particular, the documents necessary for consideration of occupancy.

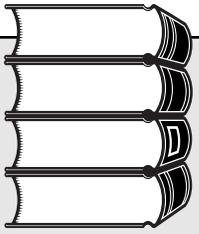
In January or February, there may be a walk-through of the building.

Nick Lausier from Granite Ledges spoke to us on the advantages of residing at their facility located in back of the Concord Hospital campus. They have many amenities, and he passed out gifts and information to those present.

Police Chief Fiske left pamphlets for the members on poison control, home emergencies, etc, as well as secure daily pill boxes.

Tuesday, December 11 is the date for our annual Christmas Party. The Committee members will each bring a salad and calls will be made to members asking them to bring a casserole or dessert. Roger Dow will play the piano for our Christmas Carol Sing-Along. What would we do without Roger?

Our next few meetings are pretty well established, except for a group trip in June. Suggestions, anyone? We are leaning toward a car-pooling trip rather than a gas-costly bus trip. We need suggestions from anyone out there who has any ideas. Any and all ideas will be welcome and given consideration. Be thinking of short interesting trips, easy accessibility, and places that can accommodate 40 or so of us. ■



Maxfield Public Library News

By Cheryl Ingerson

STORY TIME

As the day gets shorter and the warmth of the indoors beckons, join us in the Children's Room for stories and a craft. Story time is offered on Tuesdays and Thursdays at 10:30 a.m. and Wednesdays at 2 p.m.

December 4th through the 6th, before the bears hibernate for winter, the children will hear *Bear Feels Sick* by Karma Wilson and Jan Brett's *The Three Snow Bears* (Brett's version of Goldilocks and the Three Bears). Craft time will involve building an igloo — make sure you wear your mittens!

On **December 11th through the 13th**, the story time group will listen to *When Winter Comes* by Robert Maas and learn why Lauren Stringer feels that *Winter is the Warmest Season*. The children will create a winter scene that will have them dreaming of snow days and hot cocoa.

December 18th through the 20th, will be the last story times of the year. Join us as we read William Joyce's *Snowie Rolie* and Mike Reiss's *Merry Un-Christmas*, a tale that reminds us to be careful what we wish for. The children will make an ornament to hang on their Christmas tree. Parents are asked to bring a treat to share at the holiday party and the library will provide refreshments.

Story time will resume on Wednesday, January 2nd.

TRICK OR TREATING

On October 30th and 31st, the story time children had a Halloween parade of their very own. There were firemen and lady bugs, ghosts and princesses, Velma and Daphne and...was that a washing machine?! A big "Thank You" to those at the Town Offices, the Police Station, and the Fire Station, for handing out goodies and creating smiles; the children look forward to this event every year.

TUMBLEBOOKS

"For those students with reading or visual disabilities, TumbleBooks provides the long-awaited accessibility to books in the library, the classroom, or at home without the need for bulky and expensive equipment.

TumbleBooks provides a unique format for a wide-range of students. The program offers such a unique concept that meets the needs of several different student abilities, it is sure to be a hit with many teachers and librarians. As more materials become available and more publishers see the opportunities, these products will grow in popularity. Even with the limited number of titles, these products still address the needs of struggling readers and special student populations who are often ignored by other programs. TumbleBooks deserves a strong A."

School Library Journal, Oct. 2007 issue

The library has bookmarks available to get you the information you need to access this learning tool. The site is great for pre-readers and early readers and offers puzzles and games as well as stories. It's another way to help your child get a jump on learning — and it's FREE to the residents of Loudon.

NEW BOOKS

Adult fiction

Ackerman, Diane	<i>The Zookeeper's Wife</i>
Baldacci, David	<i>Stone Cold</i>
Cussler, Clive	<i>The Chase</i>
Enright, Anne	<i>The Gathering</i>
Iles, Greg	<i>Third Degree</i>
Karon, Jan	<i>Home to Holly Springs</i>
Richards, Emilie	<i>Touching Stars</i>
Royal, Anastasia	<i>Undoing I Do</i>
Sebold, Alice	<i>The Almost Moon</i>
Truman, Margaret	<i>Murder on K Street</i>

Adult Nonfiction

Armstrong, Karen	<i>The Bible: The Biography</i>
Brady, James	<i>Why Marines Fight</i>
Chua, Amy	<i>Day of Empire</i>
Clapton, Eric	<i>Clapton: The Autobiography</i>
Favre, Deanna	<i>Don't Bet against Me!</i>
Isay, Dave	<i>Listening is an Act of Love</i>
Jessop, Carolyn	<i>Escape</i>
Luttrell, Marcus	<i>Lone Survivor</i>
Ulrich, Laurel Thatcher	<i>Well-Behaved Women Seldom Make History</i>
Wilson, Valerie Plame	<i>Fair Game</i>

BOOK GROUP

Neither rain, snow, sleet, dark of night, nor holidays can keep the book group from meeting. December's gathering will be at 7:30 on the 27th. The selected title is to be announced. For details, please call 798-5153.

LIBRARY HOURS

The library is open Mondays 1–7 p.m., Tuesdays and Thursdays 10 a.m.–9 p.m., Wednesdays 1–9 p.m., and Saturdays 9 a.m.–1 p.m.

HOLIDAY HOURS

The library will be closed for the holidays and for inventory from December 24th through January 1st. HAPPY HOLIDAYS!! We'll see you in 2008! ■

What is a snowman's favorite food?



EMDBCREE _____

EIDRENRE _____

DASRC _____

EIC _____

ASEKT _____

LODC _____

ONWS _____

He likes to eat _____!

November Word Scramble Answers:
Thanksgiving Vegetables Leftovers Family Potato Corn Onion Dessert Pies
TABLE MANNERS

MASTER ELECTRICIAN

LIC. IN NH & ME

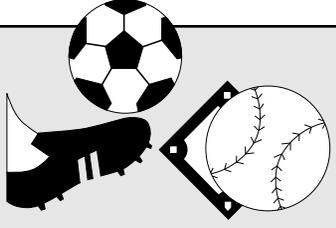
BOB DUFOUR

Specializing in Small Electrical Jobs

141 Batchelder Road, Loudon, NH 03307

Tel: 603-783-8955

ACCEPTS MASTERCARD AND VISA



Loudon Youth Athletic Assoc.

By Melody Broider

Baseball News

The Baseball Board will be having its first meeting for the 2008 season on Thursday, Dec. 6th, 2007. We are looking forward to next spring already and soliciting for volunteers. If you would like to be considered for a coaching, assistant coaching, or umpiring position or know of anyone that would be great at any of the following positions: Baseball Vice President, Softball Director or Umpire in Chief. Please contact Baseball Commissioner, John Charron. Please pass the word to anyone you know who wants to become involved in baseball!

Independent Community Basketball (ICB) Basketball News

The basketball season has begun! Check them out at www.icbbasketball.com for schedules, directions, and other information.

Annual LYAA Meeting

The LYAA will be holding its annual meeting on Tuesday, January 22 at 7:00 p.m. at the Maxfield Public Library. This is the only meeting in which the by-laws can be amended. There are also open offices or ending term positions which will be voted on. The current open/ending terms are Vice President, Treasurer, Soccer Commissioner, and Director-at-Large. Check out the website or contact a board member for more information on the individual positions.

The L.Y.A.A. usually meets on the fourth Tuesday of every month at the Loudon Library. However, our schedule has changed due to the holiday. The next meeting is scheduled for December 18 at 7:00 p.m.

Is there something you'd like to see the LYAA offer? Do you have a question or concerns? Come see how you can add value to the youth in Loudon! We need many volunteers to keep our programs successful for our children. For more info, check us out at www.lyaanh.org or contact Melody Broider via e-mail: foreyesstudios@hotmail.com. ■

2008 New Hampshire Fish & Wildlife Calendar Available

Here's a WILD way to get organized for the new year — pick up a 2008 New Hampshire Fish & Wildlife Calendar featuring twelve months of striking photography of New Hampshire wildlife and handy season dates for fishing, hunting, and enjoying the outdoors in the Granite State. You'll be reminded through the seasons of New Hampshire's rich wildlife resources and exciting outdoor opportunities.

The New Hampshire Fish & Wildlife calendar, priced at \$9.95, makes a great gift for friends and relatives who love the outdoors and our native wildlife. A print-and-mail order form is available at www.WildNH.com (shipping is free). Calendars are also available for sale at New Hampshire Fish and Game Department headquarters on Hazen Drive in Concord and at some retail outlets around the state.

The calendar features top-notch wildlife images by notable New England photographers including Gerry Lemmo, Charles Willey, Alan Briere, and Roger Irwin, bringing you 12 months of magnificent black bear, moose, pine marten, birds, butterflies, and other favorite animals and fish. For a preview of the images, check the Fish and Game website, www.WildNH.com.

The calendar also provides nature notes and useful dates of interest to outdoor enthusiasts, such as opening day for New Hampshire's trout ponds, youth hunt weekends, free fishing day, archery and firearms seasons for various species, and more.

Your calendar purchase helps the New Hampshire Fish and Game Department manage the natural resources we all enjoy — the state's fish and wildlife and their habitats. Visit www.WildNH.com. ■



Who's Who in Loudon

This month, the *Loudon Ledger* begins a new feature titled "Who's Who in Loudon" written by Emelia Campbell. Emelia is a student at Merrimack Valley Middle School. She enjoys writing and has volunteered to write this column on interesting people she meets in Loudon. If you know someone she might like to write about, please email her at camps06@aol.com.

Do you know Art Swenson, the local photographer in Loudon? Do you know everything about him? Is there something you want to know about him? Well, in this article, I decided to interview Art Swenson because I briefly know him because he did my school pictures, sport pictures, my older sister's senior pictures, and my grandfather's wedding pictures. You will learn about him, from where he was born to his business in Loudon.

Art Swenson was born in western Massachusetts, but grew up in Penacook. He's lived in Loudon for 30 years on Old Shaker Road. Living with his wife and dog, Art has three grown children. Photography was a hobby for Art until people started paying him — now it's a business! His favorite things to photograph is people, weddings, and sports. He also told me the hardest thing to photograph is food: I mean, it has to look real! The funniest? All he said was wedding bloopers. If he could photograph anyone, who would it be? "My mom because she died and I don't have enough pictures of her." Art goes to school every year and every year he gets better!

Art Swenson started with a film camera before the digital camera became popular. He has his own dark room where he develops his own film. He does have a digital camera now, with a computer, software, etc. but he told me that film was a whole lot cheaper — figures!

Art believes that non-posed photos are the best because it shows more motion and it is easier to capture emotion.

In his spare time, Art likes to sail in his sailboat.

Art is passionate about photography and it shows in the great quality pictures he produces. A huge thank you to Art Swenson for being my first interview. I hope you look forward to next month's *Who's Who* article! ■



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LOUDON GIRL SCOUT NEWS — In the Spirit of Giving

The Loudon Girl Scout Service Unit continues to welcome any girl or adult volunteer interested in joining our fun. The Daisy troop (kindergarten girls) is looking for some more friends to join the fun. If you are interested, please go to the website www.loudonnh.org and print the forms under "Girl Scouts."

Thank you to those who came to our Bake Sale and supported Loudon Girl Scouting! We would also like to thank the Maxfield Public Library for opening early and allowing us to use the space and advertising the sale. We appreciate everyone's support! Thank you also to all the families who baked for the sale, yummy! We will be sharing some Holiday Spirit on Sunday, December 16 as the entire service unit will be caroling around the village area.

We know after the holidays many of you think of dieting, but we hope that you will have room for our fantastic Girl Scout Cookies. Look for Loudon Girl Scouts beginning on January 5 for your Girl Scout cookie cravings!! We have all your favorites and a few new ones as well.

If you were involved in Girl Scouting years ago and would like to come back and have fun, please let us know! We always welcome more volunteers. In addition we are looking for materials such as troop flags, and ceremony items that former leaders and volunteers may have stored away. If you have these items and would like to move them out of your space, please contact Michele Paquette, Service Unit Manager at 783-4275.

A huge focus in Girl Scouting in Loudon is to give back to our community, please read what each troop is doing in the spirit of giving. The Loudon Girl Scouts wish you a magical Holiday Season full of fond memories and fun!!

Here is an update on some of our great Loudon Girl Scout troops:

Daisy Troop #955

Amanda Wolf & Karry Gay

The Daisy's are finally getting settled. Our group of four girls has met twice so far. They are working very hard on learning the Girl Scout promise. We are planning to have their investiture at the end of December.

We have a lot of things we would like to do with the girls in addition to working on their petals such as a trip to the police station and a visit with the fire fighters.

We are looking forward to a great year with the girls!

Brownie Troop #10454

Julie Segien & Kathy Fisher

Troop 10454 will have an Investiture and pinning ceremony at the end of November for the newcomers and a rededication for the returning Girl Scouts. The ceremony will include the Promise, The 10 Laws of a Girl Scout, plus a presentation for a couple of try it patches and Brownie Girl Scout pins. The troop has worked well together and love the sharing times and being helpers at the meetings.

Brownie Troop 45

Lysa Crouch & Tamika Carter

We are very excited to start the 2007/2008 year! We have three third-year, two second-year, and six first-year Brownies for a total of 11 girls. We meet the first and third Wednesday of each month so our meetings are very busy. At our first meeting we got to know each other and began our first Try-It, Shapes and



Loudon Girl Scout Brownie Troops #685 and #45 paid a visit to the Veteran's Home in Tilton. They brought cards thanking the veterans for their service, sang patriotic songs, and presented a play "Recipes For an American Flag."

Numbers. We learned about tangrams and made many figures out of those seven shapes. We also used origami techniques to create a dolphin. For our second meeting, we learned about the different shapes of the moon and continued to tracking the moon through the month. Luckily, the moon was out early in the evening through the latter part of September and very easy to track. We learned some paper magic with Mobius strips. The girls were very intrigued to see what the outcome of each of the three paper strips would yield just by twisting the strip a different way and cutting the strips in half.

Our third meeting, we went over, in detail, the Girl Scout Promise and Law and what it means to be a Girl Scout. We also held our Investiture Ceremony. Our favorite part was the "older girls" spinning the "new girls" and looking in the mirror to see themselves in the pond.

Our fourth meeting, we began our second Try-It, Movers, which will teach the girls how wind affects different objects. We cut and folded our way to a paper copter that fluttered and spun in the wind. We then made colorful windsocks to see which way the wind blows. During this meeting we also practiced some patriotic songs and signed a Thank You banner for our visit to the Veteran's Home.

On Friday, November 9, we joined Brownie Troop 685 for a visit to the Veteran's Home in Tilton. Our girls brought along some baked goods as well as our Thank You banner. We participated in Troop 685's "Recipe for an American Flag" play and we all sang patriotic (and some camp) songs to a room of very receptive Veterans. Troop 685 also made individual cards for the Veterans that the girls helped hand out. The evening turned out to be a great experience for the girls to show their patriotic spirit and to interact with the fine Veterans who reside there. A big Thank You to Troop 685 for allowing us to join them for this event!!

Our fifth meeting, continuing with our Movers Try-It, we made pinwheels and learned how the wind's energy spins the "fins." We began our last requirement for the Movers Try-It — a balloon rocket. We will learn how the "wind" escaping from a balloon will propel a lunch bag forward. We will conduct a few trials with different amounts of air in the balloons to see how far our "rockets" go.

In addition to these activities, there are a couple more things to mention. The girls successfully participated in the Fall Product Sale. Thank you to all that purchased these items and to the girl's families for their hard work selling and delivering these items!! The money we earned from this sale will go towards future field trips and supplies. The girls have made their first choice for the country they wish to represent at World Thinking Day in February. And lastly, the girls have an ongoing Community Service Project of collecting toiletry items that will be donated at the end of the year to a group chosen by the girls.

Brownie Troop #685

Christine Campbell & Karen Minery

Troop #685 has spent the past few weeks planning a visit to the Veteran's Home in Tilton. They made wonderful cards thanking veterans for their service. They practiced singing patriotic songs and rehearsing a play, "Recipe For An American Flag." Troop #45 joined us in bringing the total children present to 26 (adding siblings) for our visit to the Veteran's Home. The girls were able to hand the special card that they made to a veteran and visit with them after our performance. The veteran's enjoyed the girls' vests decorated with many badges and patches. This sparked conversation and the girls were eager to share with them special memories that they had in earning each badge or fun patch.

A special thank you to Suzanne Eastman who shared a special Thanksgiving craft with us on November 19. During December we are busy with a few community service projects for the holidays. We will be visiting Build-A-Bear Workshop, creating special teddy bears while earning a try-it. The following week our bears will be donated to Loudon Rescue during a special visit to the community safety building. Also, we are doing some holiday shopping for others who may be less fortunate and wrapping our donations. We will end the month of December with a festive party celebrating how good it feels to be a Girl Scout and to know that each girl can make a difference in our community and world.

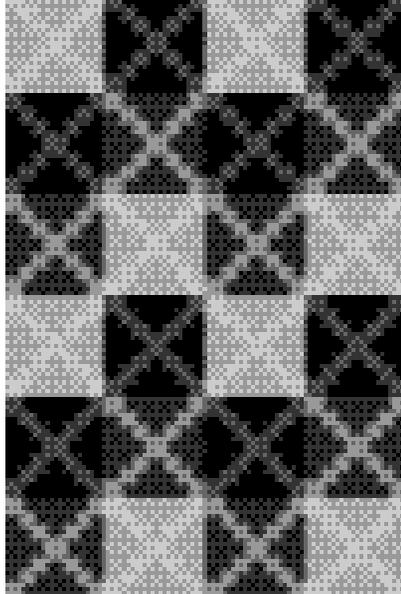
Girl Scouts — continued on page 7

Handmade Quilt Raffle to Benefit Concord Hospital Breast Care Center

Tickets to win a handmade queen-sized quilt can now be purchased to benefit the Concord Hospital Breast Care Center. Tickets are \$1 or 6 tickets for \$5 and can be purchased in the HeartGifts Boutique in the Concord Hospital Payson Center for Cancer Care and the Office of Philanthropy. The quilt is on display at Endicott Furniture Company in Concord.

The winner will be drawn at the Heart-Gifts Boutique on February 14, 2008 and you do not need to be present to win. For more information about the raffle, please contact the Office of Philanthropy at Concord Hospital at (603) 225-2711, ext. 3076.

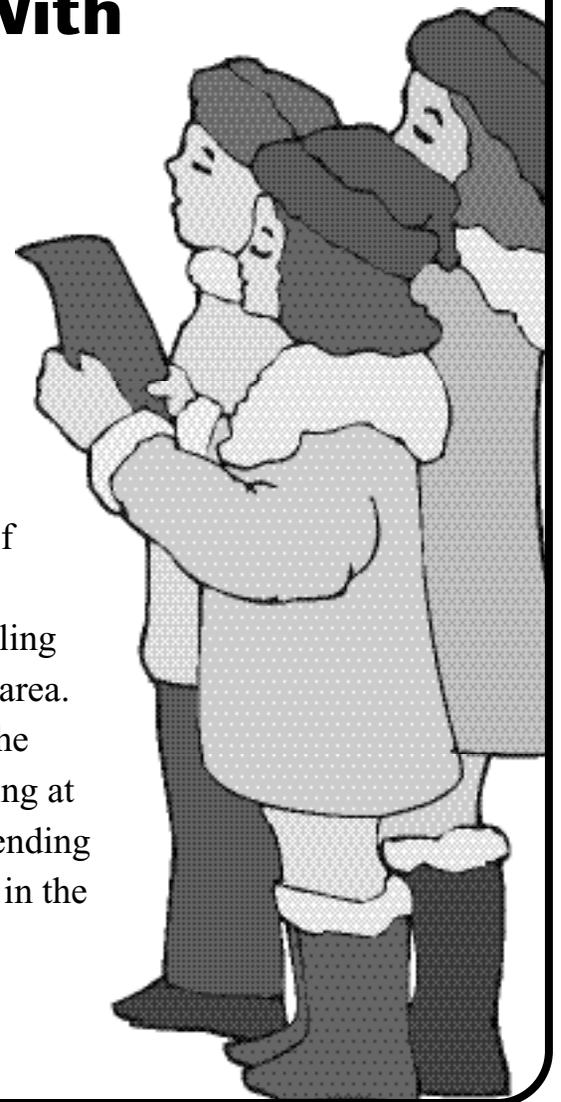
Concord Hospital Breast Care Center, in collaboration with Concord Imaging Center, Concord Surgical Associates and Dartmouth-Hitchcock Concord, provides streamlined care from education and detection to treatment and follow-up. Services provided include annual mammograms, breast ultrasound, ultrasound-guided breast biopsies, stereotactic breast biopsies, surgical consultations, and genetic testing and counseling. For more information, call the Concord Hospital Breast Care Center at (603) 230-7266. ■



The deadline for the next issue is Friday, December 14 for the January 2008 issue of The Loudon Ledger.

Girl Scouts Sharing the Joy of The Season With Loudon

The Loudon Girl Scout Service Unit will be sharing some Holiday Spirit on Sunday, December 16th as members of all nine Girl Scout troops will be caroling around the village area. We will begin at The Community Building at 2:00 p.m. and are ending at 4:00. If you live in the village area, listen out for us! ■



Black

Girl Scouts — continued from page 6

Brownie Troop #300

Amanda Masse, Michele Paquette & Jessalynn Geerdes-Lakowicz

Troop #300 (pictured at right) has been busy this past month. We have held our investiture and rededication ceremony welcoming in seven new Brownie Girl Scouts and rededicating three third-year Brownies and two second-year Brownies. The girls completed two try-its: Friends are Fun and Brownie Girl Scouts Through The Years. The girls learned about Girl Scouting in the 40's, 50's, and 60's. We played games and had a snack from those eras. We will be working on Healthy Habits try-it next. We celebrated Juliette Low's birthday by having a food drive and collected two boxes of food for The Blessed Hope Food Pantry. The girls voted to spend some of their money to purchase items for the Junior troop's Stockings for Soldiers campaign. We made five no-sew tie fleece blankets for the pediatrics department at Concord Hospital. We did very well with our Fall Product sale and the girls will be making plans for fun ways to use their funds. Our troop is deciding on a country for the World Thinking Day event and continue to have great fun at our meetings.



Junior Troop 2641

Heather Herter & Darlene Conte

First we want to thank everyone who donated stockings and items to stuff inside the stockings for the "stockings for soldiers" program that we participated in. We received a lot more items than we thought had anticipated getting. We really appreciate your generosity. It is our hope that these stockings

will help the US Troops have a happier holiday while away from home. We were able to put together 30 stockings! Thank you again very much.

Along with the stocking project, the troop was very busy last month. We participated in a Self Defense course that was organized by the Swift Water GS Council for Girls Scouts from all over the state. The course was taught by local police officers and King Fu

instructors. We all learned how to protect ourselves from potential dangers that could be out there. The girls came away from this course feeling very empowered, more confident and with new life saving skills (hopefully they will never have to use them). The girls also took part in Novemberfest at Salem High School. This event is for Junior Girl Scouts only (grades 4 & 5). At this event they got to pick 2 badges that they wanted to earn. A variety of badges were earned - First Aid, Walking for Fitness and Toy Maker were a few that they earned. They worked with other Girl Scouts from the state and each earned two badges. While they did that, the leaders had some enrichment courses. In lieu of dues for two of our November meetings, the girls decided to bring in non-perishable food items to donate to the local food pantry. We were able to donate a large bag of food. We are looking forward to participating in other events, such as Christmas caroling with the other troops in December. We still have to make some decisions of what other activities and badges we would like to do. I am sure we will be very busy. We would like to wish everyone a safe and happy holiday season. ■

LOUDON HISTORY AND MYSTERY

By Amanda Masse

Last month's mystery photo wasn't really a mystery, but it was a reminder to all Veterans in town about the first Honor Roll of the service men and women at that time in Loudon. We want to thank all Veterans of all wars for their service to our country. The photo was taken at the ceremony in front of the Maxfield Public Library in 1945 and shows Selectmen Leonard Hill, Mr. and Mrs. Robert Smith, Mr. and Mrs. Herman Towle, and Mr. and Mrs. Fred Dirth. The Army band came and played at the ceremony and Betsy Towle made coffee and donuts for everyone.

Thank you to Harriet McLaren for providing me with the photo and sharing her details. Mr. Sinclair called remembering some of the people in the photo and shared with us that he remembers mowing the Library lawn many a time in his youth.

Do you know or can you guess where this month's mystery was? If you have guesses or details, please contact me. I am always looking for more individuals interested in helping out with this section, and always looking for your great photos. If you are interested in helping or have photos to share please contact me, Amanda by email at jaelmasse@comcast.net or call 783-0227.

Please consider stopping by and joining the Historical Society, the next meeting is on December 5. Please email Cyndi Babonis at cbabonis@gmail.com for meeting details. Let's all help keep Loudon's history alive! This group has gathered some great energy and plans on working in sub-groups on topics such as cemetery documentation, oral histories, and public relations efforts, join them to find out more! ■



Senior Housing Project Progressing!

Work is progressing on the Volunteers of America's senior housing project on South Village Road. The long-delayed project has made great progress in the last few months.

Please note that an **informational meeting will be held on December 18 at 11 a.m. in the Community Building**. Many people are under the mistaken impression that they've already gotten onto the waiting list for housing. This is *not* the case. **The only way to get on the housing list is to pick up an information packet which will be handed out at the December 18 meeting.**

Read the packet carefully. There will be an application in it. This will need to be filled out and returned before you'll get on the waiting list for housing. ■

**Important
Informational
Meeting about the
Senior Housing
Project
Dec. 18 at 11 a.m.
at the Community
Building**



A bird's eye view of the Volunteers of America senior housing project on South Village Road. This photo was taken October 16, 2007. Take a ride by and see how much progress has been made since then!

Forrest D. McKerley Donates \$500,000 to Establish Forrest D. McKerley Simulation and Education Center at Concord Hospital

Forrest D. McKerley, a local businessman and philanthropist, has donated \$500,000 to establish the Forrest D. McKerley Simulation and Education Center at Concord Hospital, a state-of-the-art facility with sophisticated multi-functional technology that will allow healthcare professionals to hone their life-saving critical care skills through simulated hands-on experience.

As one of the few technologically advanced centers north of Boston, Mass., the Forrest D. McKerley Simulation and Education Center will include adult, pediatric and infant patient simulators to help further prepare healthcare professionals to respond to critical care incidents and, potentially, save more lives. These dynamic human patient simulators blink, speak, breathe, have a heartbeat and pulse and accurately mirrors typical human responses to medical procedures. The center will enable healthcare professionals to learn through repetition in a controlled environment and is similar to the type of simulation training utilized by domestic and military pilots in which instant and accurate assessment, critical thinking and teamwork are fundamental to success.

The center is currently on Floor 4 and will be housed permanently on Floor 1 of Concord Hospital beginning in fall 2008. Upon relocation, the center is expected to include a hospitalized patient's room that can be reconfigured depending on the pre-chosen simulated real-life scenario, a control room from which the simulation is managed, an observation area and a debriefing room. It may eventually also include an operating room setting and a multipurpose training room for other associated training activities.

McKerley has been involved in the healthcare field for most of his career, including positions as president of McKerley Health Care Centers and as chairman of Secure Care Products, Inc.

In accordance with its vision, Concord Hospital aggressively identifies and applies new proven or promising technologies and therapies for the betterment of the community's health. In 2006, medical education was a key community benefit providing nearly \$1.34 million in training for physicians, nurses, technicians, and area paramedics and EMTs. The hospital's commitment to continuing medical education helps ensure that the best available medical care is close to home.

A fund raising plan with a goal of \$1.2 million is currently under way for the center, and funds are being sought from the medical staff, hospital vendors, local, national and federal foundations, as well as the community. For more information on the center or how you can contribute, please call the Office of Philanthropy at (603) 225-2711, ext. 3076 or visit the hospital Web site at www.concordhospital.org. ■



The American Legion Post 88 Loudon

The end of 2007 is near. This past year has been a very trying time for all of us. We have lost quite a few Legion members, and are still trying to fill their shoes. Not an easy task! One of the members we lost was the treasurer who was a leading force in Post 88. We have done our best working through these challenges, and hope that 2008 will be a little bit kinder to us all.

This year a few of our accomplishments were:

- A well attended Memorial Day celebration;
- A great Old Home Day turn-out;
- And we've started some important projects.

Unfortunately, we have had to give up Bingo on Tuesday nights. We thought long and hard on this, but we could not justify the cost of keeping this going.

Some of the projects we are now working on are:

- A Post 88 memorial stone at the Boscawen Veterans cemetery, this should be in place by the end of this year.
- The main hall, of the Legion, and the entry way have been painted, the floor has been re-surfaced, and the outside ramp has been repaired.
- More inside work will start in December.

To afford these projects, many Legion members volunteered at the Belmont Lodge for a percentage of the gaming tables. This money has enabled us to make these upgrades with the hope of attracting more rental customers, thus bringing in more revenue. For more information please call 798-5875.

The Boy Scouts Troop 247 hosted a Veterans Day Roast Beef Dinner, with a very good turnout. Next year, the Legion has expressed thoughts of getting involved with this event, and possibly doing a ceremony of some type. This is a very important day, and we will be putting more thought and time into this project.

POST NEWS AND EVENTS

Remember Pearl Harbor day on December 7th.

We will be visiting the Veterans Home in Tilton on Sunday, December 9th.

Remember the Veterans in need.

The Legion Family wishes all a happy and safe holiday season. ■

*Thank you,
The Legion Family*

Black

Join the Loudon Communications Council!
There's lots going on in Loudon and we could always use help getting the news out to friends and neighbors!
The next meeting is Monday, December 17 at 6:30 at the Community Building.



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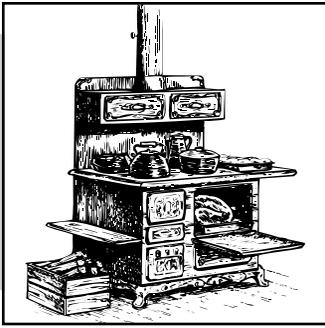
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What's Cookin'!

This month: Christmas Cookies

By Jennifer Pfeifer

Happy Holiday's Loudon! I hope everyone takes a little bit of time to cook with the people you love — especially your kids! All of the following recipes are very kid-friendly. Cracking eggs, measuring ingredients, stirring, scooping, and taste testing are all very important jobs.

For tons more delicious cookie recipes, holiday ideas, and fun go to www.northpole.com.

SAND ART BROWNIES — www.northpole.com

This recipe is a great way to give a delicious homemade gift that can be made after the hustle and bustle of the holidays have slowed down. Be sure to make one for yourself.

- 2/3 teaspoon salt
- 1/2 cup plus 1/8 cup flour
- 1/3 cup cocoa
- 1/2 cup flour
- 2/3 cup brown sugar
- 2/3 cup sugar
- 1/2 cup semi-sweet chocolate chips
- 1/2 cup vanilla-flavored baking chips
- walnuts to fill jar (about 1/2 cup)

Place ingredients in order listed in a quart-sized jar. Tamp ingredients down. Attach the following directions to the jar: Mix with 1 teaspoon vanilla extract, 1/2 cup vegetable oil, and three eggs. Spread into a greased 9x9 pan and bake at 350 degrees for 30–40 minutes or until done.

CORNFLAKE CHRISTMAS WREATHS — www.northpole.com

Kids love this recipe. You can also make a Christmas tree shape and decorate with assorted small candies.

- 1/2 cup margarine
- 1 package (10 oz.) regular marshmallows
- 1 teaspoon green food coloring
- 6 cups Corn Flakes cereal
- red cinnamon candies
- vegetable cooking

In a large saucepan, melt margarine over low heat. Add marshmallows and stir until completely melted. Remove from heat. Stir in food coloring. Add corn flakes cereal. Stir until well coated. Using 1/4 cup dry measure coated with cooking spray, evenly portion warm cereal mixture. Using buttered fingers, quickly shape into individual wreaths. Dot with cinnamon candies. Makes 16 wreaths or 1–2 large wreaths.

BROWN SUGAR SHORTBREAD — www.northpole.com

- 2 cups butter
- 1 cup brown sugar
- 1/4 teaspoon salt
- 4 cups of flour

Bring butter to room temperature. Preheat oven to 300 degrees. Cream the butter until it is the consistency of whipped cream. Beat in sugar. Add salt. Add flour in 4 portions (one cup at a time) mixing well after each addition. Turn out onto a floured board and pat or roll to 1/4 to 1/2 inch thick. Cut into shape desired with cookie cutter. Place on an ungreased cookies sheet and bake for about 20 minutes or until lightly browned. Keep your on eye on them, shortbread burns really fast.

EGGNOG COOKIES — www.northpole.com

- 2-1/4 cups flour
- 1 teaspoon baking powder
- 1/2 teaspoon ground cinnamon
- 1/2 teaspoon ground nutmeg
- 1-1/4 cups white sugar
- 3/4 cup butter, softened
- 1/2 cup eggnog
- 1 teaspoon vanilla
- 2 large egg yolks

Preheat oven to 300 degrees. In a bowl, combine all the dry ingredients together. In a large bowl, cream together the sugar and butter until it resembles a grainy paste. Add eggnog, vanilla and egg yolks and beat at medium speed until smooth. Add the flour mixture and beat at low speed until blended. Do not over mix. Drop by teaspoons onto ungreased baking sheet, 1 inch apart. Sprinkle lightly with additional nutmeg. Bake for 23–25 minutes or until bottoms turn light brown. Transfer from pans immediately to cool. Makes approximately 3 dozen.

FORGOTTEN COOKIES — www.northpole.com

- 2 egg whites
- 3/4 cup sugar
- 1 cup semi sweet or milk chocolate morsels
- 1 cup pecans
- 1 teaspoon vanilla flavoring

Preheat oven to 350 degrees. Beat egg whites to foamy soft peaks. Gradually add sugar and beat until stiff peaks. Stir in vanilla, chocolate morsels and pecans. Drop by spoonfuls onto foil-lined cookie sheets. Place in oven, turn oven off and forget cookies overnight.

SNOWBALLS — www.northpole.com

- 2 cups graham cracker crumbs
- 1 can sweetened condensed milk
- 1 cup chocolate chips
- 1 cup coconut

Mix the first 3 ingredients together until well blended. Roll into 1" balls then roll in coconut. Repeat till mixture is gone. Put them all on a cookie sheet then freeze them till they get hard. They keep their shape this way and its easier for storing after. Great to eat right out of the freezer.

TURTLE COOKIES — www.northpole.com

- 1/2 cup margarine, melted
- 4 tablespoon unsweetened cocoa
- 3/4 cup white sugar
- 2 eggs
- 1 cup flour
- 1 teaspoon vanilla
- d ash of salt (optional)

Melt margarine and then mix in cocoa. Add sugar. Beat in eggs. Stir in flour, salt and then vanilla. Drop from teaspoon on hot waffle iron and bake approximately one minute. Cool on wire rack. These cookies look like turtles. ■

Next Month: Super Soups! What can you make into a soup? Contact me by email at jtpfeifer@com-cast.net, call at 783-8986, or send mail to 168 North Village Road, Loudon, NH 03307. ■



Good Grief: VNA Helps Make Loss Easier

National Hospice Month was celebrated in November, providing an opportunity for caregivers to be recognized for their dedication to providing physical, emotional, and spiritual support to individuals and their families at the end of life.

Grief and bereavement support is one aspect of the end of life that is sometimes overlooked or glossed over. It is a very significant part of the services provided by the Hospice team at Concord Regional Visiting Nurse Association. When a patient is first admitted for hospice services, the caregiving professionals assess the needs of the family for emotional support, knowing that this can be a very emotional time for the whole family. Hospice's Spiritual Care team provides "anticipatory" grief support, in other words, helping an individual or family adjust to an upcoming loss and helping them to cope going forward. There can be many details to think about, such as funeral or memorial service planning. The hospice team is available to assist families in coping with some of the practical matters that have to be thought through, when such details may feel very overwhelming or confusing.

After the loss of a loved one, the hospice team continues to provide support are mailings that go out with words of encouragement, invitations to support groups and reference material about the normal grief process. Bereavement volunteers are also available to work one-on-one with individuals who need extra help to make funeral and other arrangements, helping them balance their checkbooks in a stress-filled time, and just listening. Listening is especially important as holidays, anniversaries and birthdays approach, knowing that there are many reminders of loss throughout the year. For the first 13 months after the death of a loved one, the hospice team continues to contact the family to be a supportive presence for them.

In addition, throughout the year, Concord Regional VNA offers resources for the communities they serve through a Memorial Service twice a year, a "Grief and the Holidays" session, a Men's Discussion Group, and Bereavement Support groups.

Concord Regional VNA partners with the Payson Center for Cancer Care in providing resources for schools. Laurie Farmer, MSW, visits John Stark Regional High School each year at the invitation of its "Living Through Loss" class. "This gives us a chance to do some proactive, rather than after-the-fact education about hospice, loss and grief," says Farmer. In addition, she often presents a modified version of "Grief and the Holidays" at such facilities as The Birches, where dementia may add to the family's needs.

Bevan Tulk, Spiritual Care Coordinator, trains local clergy in helping to manage "complicated" grief, directs the men's discussion group, and helps provide education about resources in the area and beyond.

New in the Spring will be a one-day or half-day "Families Together" bereavement support session for parents and their children. This will include time for families to receive help together as well as time for the children and parents to separate for appropriate activities.

"People come back a year later, two years later," Farmer says, "to reconnect with the Hospice team, to receive support, and to thank us. It's very gratifying — and it's one reason we do what we do."

Concord Regional Visiting Nurse Association, founded in 1899, provides comprehensive home and hospice care. Hospice care is provided at home, in nursing facilities and at its Hospice House in Concord. For more information, please call 224-4093. ■



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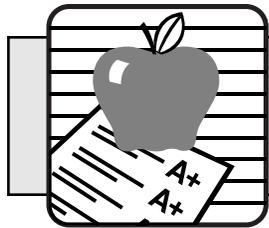
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Merrimack Valley School District News

Loudon Elementary School

Annual Turkey Trot Results

Thanks to all of you who participated in the Turkey Trot this past November. This annual activity provides much-needed food for several area food banks. Over 45 boxes of food was donated to two local food pantries this year.

December 17th — Annual Sing-A-Long!

Mrs. Muzzy, her husband, Ms. Skene, and Mrs. Keaton will have an assembly once more from 9:30 a.m. to 11:15 a.m. to sing holiday songs in the new gym at LES.

LES Important Dates

December 6: PTA meeting canceled

December 8: Breakfast with Santa

December 17: Holiday Sing-A-Long

December 21: Marks close

December 21–January 2: School closed for Holiday Vacation

MV Middle School Important Dates

December 7 :Dance 7–9 p.m.

December 13: Winter concert 7 p.m.

December 18: Winter concert snow date

December 19: PTO meeting, 6:30 Library (third Wed.)

December 21–January 2: School closed for Holiday Vacation

To have your Loudon school event listed in future editions of the *Loudon Ledger*, please contact the Loudon Communications Council at the following e-mail address: Debbie@debbiekgraphics.com or call Kris Tripp at: 783-0448. We look forward to hearing about your event or activity!

Middle School News

Administration Update (First Quarter): Mrs. Estee, Principal, Mrs. Severance, Assistant Principal

With the first quarter behind us and your child's report card in hand it is the perfect time to schedule a Parent/Teacher Conference. Personal contact and continuing to be involved in your child's education is equally important during the "middle years."

Merrimack Valley School District has a newly-updated web site. Please browse our school and teacher web pages. Let us know what you like about it and we welcome suggestions for improvement.

Nurse's Office: Mrs. Jones and Mrs. Picard

The health office is off to a busy start!

Breakfast! We see a handful of students daily for stomachaches and headaches caused by not eating breakfast. They eat something and feel so much better. Please try and encourage your child to eat breakfast daily. If they just can't, it would be helpful if they brought some packaged snacks to school and kept them in their locker to eat.

Cough drops: When a child has a cough and/or a sore throat we can give them cough drops. If they're going to require cough drops for more than a day or two please send some in with your child. It's amazing how many bags we can go through in a year with 600+ kids.

Staying Healthy: Hand washing with soap and water is the number one defense against illness. Also, keeping hands away from your face, nose and ears helps to prevent illness. In between times, an alcohol-based hand sanitizer (like Purell) helps in controlling the spread of germs.

Documentation: When your child is seen by the health care provider for a physical, immunizations or illness, please request written documentation for the health office.

If you ever have any questions or concerns relating to your child's health, please contact us.

News from Eighth Grade

This has been a busy first quarter for eighth grade students! On September 7th students traveled to the Verizon Center to see the Spirit of America production that detailed the history of the American military. Thank you to all the parent chaperones that joined us on that trip.

In Social Studies students have been busy studying our government and completing their D.C. projects in preparation for the Washington, D.C. trip. 175 students traveled to our nation's capital, New York City and Philadelphia from October 29th–November 2nd. Thank you to all the volunteers who make this trip possible. In particular, thank you to Mr. Krajcik and Mrs. Norris for all their time and effort.

Eighth-grade Spanish students will be visiting Margarita's Restaurant on December 12 for a tour and cooking demonstration.

Required Summer Reading Program Celebration! A total of forty-two eighth grade students were honored for creating board games based on the required summer reading novel, *Truesight* by David Stahler, Jr. Certificates of congratulations, pizza, and soda were all part of the festivities. Alison Egounis and Morgan Bailey each won a \$20 gift card to Borders for their grand efforts. Michael Ingerson also won a \$10 gift card to Subway. A job well done by all!

Library Media Center: Mrs. Sprague and Mrs. Pilsbury

HOMEWORK HELP ON-LINE! Did you know that the library subscribes to an on-line encyclopedia, magazine database and a Biography Resource Center! All for free for your students! Check out the link above or click iLibrary! on the MVMS Homepage for lots of great Homework Help!

READING CONTESTS. The sixth grade *Great Stone Face Reading Contest* and the seventh grade *Reach Your Peak* are well underway, but kids can sign up anytime as they run until April. Read from a list of 20–25 titles, a prize every three books read, and a party to vote for your favorite in the spring! Check it out!

Guidance Department: Ms. Tobin/6th, Mr. Carpenter/7th, Ms. Jenkins/8th

The Guidance Department is in full swing for Fall 2007. We have two interns joining our department until December; Melinda Myers and Johanna Rapalyea (a former MV grad). Melinda Myers is one of our 6th grade teachers who is earning a degree in counseling. Johanna Rapalyea is also studying counseling and is working with students on academic skills. We are happy to have both interns with us, as they bring energy and empathy to our students.

Club News: Students can check the Activity Board and posted Announcements for Club News!

Golf Club — Mr. Carey: We had many returning members and a new crop of beginning golfers at Loudon Country Club this fall. It was fun and there is nothing like a beautiful autumn day on the course. We look forward to Spring Golf Club and students can watch the Activity Board and check announcements for sign-ups.

Student Council — Mrs. Puffinberger: Student Council has elected their officers. Congratulations to *President:* Grey Rubin (8th), *Vice President:* John Theroux (7th), *Treasurer:* Ali Mauer (7th), *Secretary:* Glenn Shattuck (6th).

Math Team — Mrs. Jacques: Math team is starting. Our first practice was Tuesday, November 6th in room 116 from 2:30 to 3:30. Math team competes against 10 to 12 schools on different types of mathematical questions varying in difficulty. We had a very successful year last session coming in second out of 11 schools. All members from last year are encouraged to attend in addition to any other students that are interested. The team usually practices once or twice a month with one meet each month from November to April excluding December. Hope to see you there! (Room 112)

Athletic Department: Mr. York

Congratulations to our girl's cross country team for finishing second at the state meet in Londonderry!

I would like to thank all of my coaches for their help during my first season as athletic coordinator. A BIG thank you to Marla, Cathy, and Elaine in the main office.

We are getting the MVMS Athletic web page up and running and hope you will visit the site for schedules, scores, and more.

Some upcoming dates:

Basketball and Winter Spirit sign-ups were held on October 24th and 25th. If your son/daughter missed one of these dates, they can sign-up in the main office.

Basketball tryouts will be held November 7, 8, 9 with the boys from 2:30 to 4:15 and the girls from 4:15 to 6:00.

The dates for winter spirit tryouts have not been set (check the website for updates).

High School News

Construction Update: The front canopy and side entrance are nearly completed and they will bring the new construction phase to a close while we continue to work

School News — cont. from page 12

on the punch list of items that need to be corrected. Last week, a granite bench was placed in the front of the school. The granite was donated by Hutter Construction and it includes a beautiful compass rose that was set to true north. The compass was selected because of what it represents in the words of Stephen Covey: "Our struggle to put first things first can be characterized by the contrast between two powerful tools that direct us: the clock and the compass. The clock represents our commitments, appointments, schedules, goals, activities — what we do with, and how we manage our time. The compass represents our vision, values, principles, mission, conscious, direction—what we feel is important and how we lead our lives" (Covey, Stephen R., A. Roger Merrill, and Rebecca R. Merrill. *First Things First: To Live, to Love, to Learn, to Leave a Legacy*. New York: Simon & Schuster, 1994.). We hope students will enjoy this bench for years and that every member of our school is aware of why the entrance to our learning community is now marked with a compass. The front cupola was also completed with a copper lion weather-vane that was donated to the school. Together, they help create an attractive front entry.

"On the Road" with Crime & Justice: This past month 50 students in the Crime and Justice classes were able to participate in the NH Supreme Court "On the Road" program. This program has the NH Supreme Court travel to different sites around the state so students can see actual cases argued before the Court. After each case, the students are able to ask the lawyers questions about their arguments and about themselves. Then, the Supreme Court Justices take off their robes and answer questions from the students. While the justices could not address questions about the cases, they did provide personal information in regards to their experience in the legal profession as both lawyers and judges.

This year we heard two cases. One focused on whether six drug charges should be tried before the same jury. The second case focused on whether a judge made a mistake setting aside a jury verdict in an attempted robbery case. While hearing the lawyers present their arguments was interesting, the highlight was the question and answer sessions between the students and the lawyers and justices. A number of MVHS students were able to ask the lawyers and justices questions. Prior to the court hearings, the students were given briefs about the cases they would hear. Then, Martha Van Oot of the law firm Orr & Reno came and spoke to the students about the workings and protocol of the

NH legal system and the Supreme Court. She also provided insight into the two cases and fielded student questions and comments. I would like to thank Ms. Van Oot, for prepping the students, Mrs. Johnson and Mr. Corrow for chaperoning, Dr. Jette for driving the bus and chaperoning, and the NH Supreme Court for offering this program. *Submitted by David Carle, Crime & Justice Teacher*

Tips from the Nurse for staying healthy this winter: Wash hands often or use a waterless hand sanitizer. Do not share drinks or eating utensils. Avoid touching your eyes, nose or mouth. When you cough or sneeze, cover your mouth or nose with a tissue or your inside elbow. Cover wounds. Avoid sharing personal items such as towels or razors. Keep your immune system healthy by getting plenty of sleep, staying active, drinking lots of fluids and eating healthy foods. Please notify the school nurse if you have any health issues to report. Hopefully, working together we will all have a healthy winter.

Great shopping for a great cause! The annual Senior Class Auction will take place on Thursday, December 6th in the High School Auditorium. There will be a silent auction from 6-8pm with a live auction beginning at 7pm. All parents and community members are invited to attend and support the Senior Class. Proceeds go to offset the costs of upcoming events such as the Class Trip. We are also seeking donations of items to auction. If you would be willing to donate or have any questions, please contact Class Advisor, Abby Sanborn by email asanborn@mv.k12.nh.us.

The Food Choices classes have just completed their units on Fruits and Vegetables, with emphasis on choosing quality and variety. The next unit is Dairy. Students will get the opportunity to try samples of unusual cheeses and other dairy products. The week of Thanksgiving all the students will make a double crust fruit pie and a pudding pie. Each student will need 2 pie pans, 1 or 2 cans of fruit filling or their equivalent in fresh fruit and 1 or 2 boxes of pudding mix. If this is a problem for your son or daughter, please have them speak to me before 11/19. *Submitted by: Linda Woodward*

Guidance News:

We've just completed our NECAP testing for juniors. Testing went smoothly and we were very happy with the effort our students put into these tests! They took the testing seriously and were very cooperative throughout. We will get the results in January, and these tests now serve as our graduation competency requirement in math and reading. Juniors who did not meet the requirement of Proficient or above will have the opportunity to take an alternative assessment using our NWEA district testing. Reminder: our After School Academic Support Center is open every Monday, Wednesday and Thursday with teachers eager to tutor students who need it.

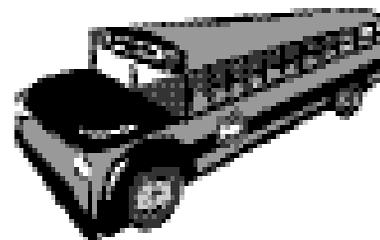
We've also completed our PSAT testing, which ran smoothly as well. All sophomores were tested plus juniors who signed up tested on Wed. Oct. 17th. Results are due back in December and will be disseminated to all students who tested. Parents should be on the lookout for these results as they can be used to prepare students for the SAT. Please urge your student to set aside some time to review these results using the testing booklet and practicing questions he/she got incorrect.

Seniors: Remember to sign up for SAT's! Also, check college application deadlines and make sure you are preparing your application packets including the application itself, transcripts (which must be requested in Guidance), letters of recommendation, and any other documents required by the college.

Letters have been sent home to parents of seniors who are in danger of not passing required courses to graduate. These letters will be sent at each marking period as well as each interim report period throughout the year. Parents are urged to contact your son or daughter's guidance counselor with any questions or concerns about graduation requirements, as well as your child's teacher with any questions or concerns about specific classes.

Upcoming Guidance Events: Please mark your calendars!

Dec. 18th at 6:30 we will hold a Financial Aid information workshop for seniors and their parents in the MVHS auditorium. Topics covered will include applying for financial aid, information about the FAFSA, when to file, what to expect, different kinds of aid offered, scholarships, and any questions you may have for our financial aid experts from NHHEAF. These workshops are free through New Hampshire Higher Education Assistance Foundation and are jam packed with helpful information. Please make every effort to attend! We look forward to seeing you there! ■



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T+ YOUR HEALTH

By Tricia Ingraham, MPH

The holidays are here, which brings feelings of love, peace, and stress! We've made it through Thanksgiving, now our days are filled with shopping, wrapping, shipping, cooking, decorating, traveling, entertaining and family squabbles. All of these take money and time, which no one ever seems to have enough of.

Each year, millions of people suffer from increased stress and tension during the holidays. Much of this stress can be avoided, however. I came across a report written by Dr. Orman who specializes in stress elimination. I thought I would share some of his holiday stress tips with you.

Causes of Holiday Stress

Social and Personal Expectations

Social expectations are a huge source of stress for many people. The holiday season is not a happy time for everyone. And not everyone feels in a partying mood all the time. Yet just about everyone feels compelled to look and feel merry during the holidays. This is a form of social pressure that can be very stressful, especially if you happen to be in an emotional down cycle at the time.

In addition to social pressures, watch out for intrapsychic pressures (no, I don't mean two psychics talking with each other) deep within you. Often, people believe something is wrong with them if they don't feel merry or if they aren't in a celebratory mood. Or they become angry and frustrated when their own expectations of how the holidays are "supposed to be celebrated" don't get realized. Watch out for these and other unrealistic expectations. They're a common cause of holiday stress for many, many people.

Too Many Responsibilities

Be careful during the holidays not to over commit. Don't take on more than you can comfortably handle, and stop trying to be Superman or Superwoman by doing it all yourself.

Don't just assume that family members or other people will help you out with added responsibilities, unless you discuss this with them first and get their agreement. And remember: scheduling too many parties, too many extra activities, and too many family obligations can put a big strain not just on you, but on your family as well.

Expecting Others To Behave As You Prefer

Expecting others to behave, as you prefer during the holidays is another sure-fire way to end up feeling stressed. Please, please avoid this. And if you do catch yourself trying to fulfill this unrealistic goal, stop yourself immediately.

Always remind yourself that your own opinions, attitudes, and "rules" for celebrating the holidays might not be shared by other individuals.

Your personal history and past experiences regarding the holidays will most likely differ from those of your spouse, your friends, or even other relatives. To expect others around you to think, feel, and behave as you would, therefore, is useless.

Unpleasant Memories

Many people have bad memories of past holiday seasons. Perhaps a friend got killed, a close family member died, a valued relationship came to an end, or some other crisis occurred. Under these circum-

stances, it's not uncommon for negative memories to resurface during the holidays. This can be disconcerting, since it's generally assumed that everyone should feel "good" or "happy" at this time of year. Even positive memories of past holiday seasons can be stressful. If you're not having a good time now, and you compare your present experiences to how you felt in previous years, you can end up feeling worse. In addition, if a child, loved one, or other valued person has died or otherwise left you, happy memories of past holidays with them can put a damper on your joy.

Blaming Yourself or Others When Things Go Wrong

During the holidays, there are many opportunities for things to go "wrong." Thus, our automatic pattern of BLAME will get triggered more often. Watch out for this insidious cause of stress, not just during the holidays, but all year long as well.

Failing to Anticipate Likely Problems and Delays

Another common cause of stress during the holidays is FAILING TO ANTICIPATE LIKELY PROBLEMS AND DELAYS. During most of the year, this pattern comes into play when we schedule our daily activities too closely, when we don't anticipate certain problems and plan contingencies for them, or when we don't allow enough time to travel between destinations or important meetings.

During the holidays, this pattern centers around letting things go until the very last minute. Since thousands of other people do the same, an enormous wave of last-minute shoppers usually pours out to flood all the roads, malls, and shopping centers. Many of these last-minute shoppers return home feeling angry, frustrated, and totally exhausted from fighting all the crowds. But if they had anticipated this likely problem — and avoided it by shopping earlier or during less busy hours — much of this holiday stress could have been eliminated.

Also, letting things go until the last minute puts added pressure on you (and other people) to get more done in any given day. This added stress could also be

avoided by simply accomplishing just a few tasks every day, over a longer period of time.

Using Food, Drugs, or Alcohol To Cope With Stress

During stressful times, many people turn to food, drugs, alcohol, or other chemical substances to cope with their stress. These coping strategies remain very popular for one important reason — THEY WORK! — at least in the short run. They aren't good coping strategies for the long run, however. And even as short term measures, they can cause serious problems such as car accidents, family blow-ups, injuries at work, etc. The problem with these coping strategies during the holidays is that THEY ARE ALL SOCIALLY SANCTIONED! Wherever you go, food and alcoholic beverages will be plentiful, and you'll be encouraged to partake of them in large quantities. What a great way to have fun and deal with your stress at the same time. Right? Wrong. If you're suffering from increased stress levels during the holidays, don't turn to food, drink, or drugs for relief. Not only will these make you fat, obnoxious, and intoxicated, but more importantly, they will shield you from learning how to deal with the deeper causes of your problems. As a result, you'll end up in the same boat again, needing to rely upon these substances every future holiday season.

So force yourself to find other strategies. The knowledge you'll gain by doing this will be very useful to you for many years to come.

Expecting Things to Go Well

Expecting things to always go well, or always go as you planned, during the holidays (or any time of year) is an excellent way to end up feeling stressed. A better approach is to adopt the attitude that no matter how things might go, YOU'LL MAKE THE BEST OF WHATEVER HAPPENS.

People Who Are Single, Divorced, Widowed or Separated

If you are single, divorced, widowed or recently separated, it's not uncommon to feel unhappy or depressed during the holiday season. With all the images of couples and families enjoying themselves together, it's easy to feel that you're missing out on all the fun (or worse, that something's wrong with you because you're alone).

Unrealistic expectations, social pressures, painful memories, and other causes of holiday stress can be much more intense for people who are alone. Family members, children, and friends can often make matters worse by not responding appropriately to your situation, or by not visiting you at all during the holiday season. You can remind yourself, every day, that there's nothing wrong with being single during the holidays. You have just as much right to celebrate and have a good time (whether you choose to be alone or with others) as anyone else.

Just because the whole world buys into the "happy family" mystique, you don't have to let this get you down.

How to Deal With Financial Stress During The Holidays

The last issue I'd like to discuss is the problem of financial stress during the holidays.

Financial difficulties are a great source of stress for many couples, families, and individuals throughout the year. During the holiday season, many of these financial problems come to the forefront. Many cou-



Sign Up for Snowmobile Safety Class



Winter fun is right around the corner, and now is the time to sign up for snowmobile education classes offered across the state. Any child under the age of 14 must be accompanied by a licensed adult when operating a snowmobile off of their parents', grandparents' or guardians' property. Additionally, any person over the age of 12 must have either a valid Motor Vehicle Driver's License or have successfully completed an approved Off-Highway Recreational Vehicle (OHRV) Safety Education class taught by Fish and Game-trained volunteer instructors. Most classes are offered in November and December, with a few in early January. There is no charge for the class, which is usually completed in a single day. Parents are encouraged to attend with their kids.

For a current class schedule, visit www.ride.nh.gov.

"Snowmobiling is a great way for families to get outside and have fun," said Major Timothy Acerno, who coordinates Fish and Game's OHRV Education Program. "But riders also have a responsibility to obey the rules of the trails, to be courteous and — most of all — to ride safely."

Many of the trained volunteer instructors teaching the safety classes are affiliated with one of the more than 100 snowmobile clubs in New Hampshire. "Join-

ing a snowmobile club is a great way to learn about safe riding and help maintain trails for your own and others' enjoyment," Acerno said, noting that club membership also gives riders a \$30 break on snowmobile registration fees.

The New Hampshire Snowmobile Association (NHSA) and its member clubs have actively promoted safe and responsible riding since 1969. NHSA members work with Fish and Game to manage over 6,800 miles of trails in New Hampshire and provide safety education to more than 2,500 children each year. For more information on how to become involved with a snowmobile club, visit www.nhsa.com.

In addition to safety education, this winter Fish and Game Conservation Officers will continue to use innovative enforcement patrols to detect and apprehend impaired snowmobile operators, and will be conducting enhanced speed enforcement and modified exhaust patrols. These ongoing initiatives will help to keep the state's snowmobile trails safe for all outdoor enthusiasts during the upcoming season.

The New Hampshire Fish and Game Department is the guardian of the state's fish, wildlife and marine resources and their habitats. For snowmobile safety class listings and more, visit www.ride.nh.gov. ■

Concord Hospital Named One of Nation's Best in Providing Human Subject Patient Education for Clinical Research Trials

Concord Hospital was named one of the Top 10 programs in the nation for Continuing Education in Human Research Management. This award is achieved by being a leader in providing human subject education for clinical research trials. The annual honor is given by the National Association of Institutional Review Board Managers, Inc. (NAIM), an organization that provides management, consultation and educational services in human research management.

Clinical research trials answer specific questions about new therapies or new ways to use known treatments and are available to patients meeting certain criteria. Federal regulations authorize Institutional Review Boards (IRBs), local review panels at health care facilities, with overseeing patient care research. At Concord Hospital, the IRB is the Human Investigation Committee (HIC) a group of 13 health care professionals and community members that are responsible to approve, modify, or reject all research conducted by medical staff members, employees and students affiliated with Concord Hospital or any research to be performed at the hospital.

Each health care application submitted for award consideration to the NAIM is judged on:

- Conference attendance and participation;
- Teaching;
- Publishing;
- Research organization membership;
- Leadership;
- Certification;
- Staffing;
- Reporting structure;
- Regulatory inspection result.

"The quality of clinical research trials being done is a tribute to the caliber of the medical staff at Concord Hospital, who bring the leading-edge pharmaceutical, therapeutic and medical device technology to a community medical center," said Dr. Joseph Snow, HIC committee chair. "Participating in clinical research trials not only gives patients access to potential breakthrough therapies, but also allows patients to give back to future generations the potential benefit of advancing medical knowledge."

Ongoing clinical research trials at Concord Hospital include studies in behavioral sciences, cancer, cardiovascular disease, gastroenterology, heart failure, high cholesterol and physical therapy. For more information about clinical research trials at Concord Hospital, please call Lisa Rocheford, MBA, CIM, continuing medical education and research coordinator at (603) 227-7000, ext. 3540. ■

Health — continued from page 14

ples, for example, struggle with money decisions all year long. During the holidays, issues such as: How much do we spend? Do we go into debt? And who makes the final decisions? Can be particularly stressful. Some years financial problems may only surface under extreme conditions, such as the loss of one's job, a big loss in business, or some other failed financial venture.

The American Psychological Association released recent survey results that suggest money issues top the list of causes for holiday stress. The survey found that 61 percent of Americans listed lack of money as the top cause of holiday stress, followed by the pressures of gift-giving, lack of time and credit-card debt.

If year after year, you know it's going to be a struggle; my best advice is to plan ahead.

Stick to a budget: Before you go shopping, decide how much money you can afford to spend on gifts and

other items. Then be sure to stick to your budget. If you don't, you could feel anxious and tense for months afterward as you struggle to pay the bills. Don't try to buy happiness with an avalanche of gifts, give homemade gifts or start a family gift exchange.

Once you have a healthy financial system in place, you should be able to handle any increased financial pressures during the holidays.

I hope you have a wonderful stress free holiday season!

Source: www.stresscure.com, American Psychological Association, www.mayoclinic.com

Do you have a health topic that you would like to see featured?

Please send ideas to the Loudon Communications Council, POB 7871, Loudon, NH 03307 or email Tricia Ingraham: dtingraham@comcast.net. ■

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Boy Scouts and Cub Scouts News



Second-year Webelos recently visited the Audubon center in Concord where they helped build winter houses for injured raptors. They are working toward earning the World Conservation Badge.

Pack 247

Committee Chair Rhonda Decato announced that Pack 247 sold almost three times more popcorn than last year. Of the \$6,960 in sales, the Pack keeps about \$2,500. Mrs. Decato said they were planning a special activity for the boys this Winter that would be

funded with the proceeds of the popcorn sale. She then announced the winning dens and top sellers.

The First-year Webelos won first place and will have a pool party at Red Roof Inn. The Wolf Den won second place and will have a pizza party at Brookside Pizza. The top sellers were: 1/Alec Decato, 2/Joseph Stokes, 3/Chance Grimaldi, and 4/Michael Ainsworth. The Pack would like to thank the following businesses

and individuals for donating prizes: Aquanuts Scuba Shop, Brookside Pizza, Capital Yardworks, John Charron, J. Decato & Son Enterprise, and the Red Roof Inn.

The second-year Webelos received their Forester Badge at the November Pack meeting. They displayed wood samples explaining uses of different types of wood and the make up of a cross section of a tree. The Den also went on a field trip to the Audubon Center where they built winter houses for injured raptors. They are working toward earning the World Conservation Badge, which is a special international award. Second-year Webelo Chance Grimaldi also received his Naturalist Badge and Mitchell Fillion received his Outdoorsman Badge. The second-year Webelo Scouts also reached the point in their Cub Scout careers when they receive their Compass Point Emblem. They needed to earn their Webelos Badge and four additional activity badges. Future compass points mark the completion of four more activity badges.

The Scouts in the first-year Webelo Den received their Fitness Badge during the Pack meeting. They learned about healthy eating habits after keeping a log of their meals for a week. They also discussed the dangers of drugs, tobacco and alcohol.

A number of belt loops were awarded during the Pack meeting. Michael Ainsworth earned the Golf, Baseball, Map & Compass, and Bicycling belt loops. Devan Eldridge earned the Swimming and Music belt loops. Chance Grimaldi received the Computer belt loop. Carter Seigan earned the Geography belt loop. The following boys also earned the Map & Compass belt loop: Tyler Matalious, Dylan Babonis, Gabe Jaquith, Joseph Stokes, and Alex Drago. The following boys earned the Bicycling Belt loops, Tyler Metalious, Danny Dockham, Mitchell Fillion, Chance Grimaldi, Aaron Cooper, and Jonathon Cooper.

The Scouts are looking forward to holding a Yankee Swap at their December pack meeting and gearing up for the Pinewood Derby in January.

Boy Scout Troop 30

Boy Scout Troop 30 of Loudon held an open house on November 27th, 2007 at the Loudon Elementary School. Boys interested in joining our fun, adventurous, and active group showed up to check out Troop 30.

Through the Boy Scout program, young men can achieve the core objectives of strengthening character, personal fitness, and good citizenship.

There were demonstrations on campsites, knot tying, how to start a fire, first aid, and cooking outside.

Learn how you can become a Boy Scout by coming to one of our meetings held on Tuesday's from 6:30-8 p.m. at the Loudon Elementary School in the gym. Or you can contact Dylan Swain at 798-3918, or at gone_hunting5210@yahoo.com. We look forward to seeing you there. ■

**The deadline for
the next issue is
Friday, December 14 for the
January 2008 issue of
The Loudon Ledger.**

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TAKING CARE OF BUSINESS IN LOUDON: Fearless Events

By Lee Laughlin

Q How many cups are in a gallon of coffee?

A It depends on the size of the cup and who is drinking out of it.

That may sound flip, but it is the truth when planning events.

Heaven knows you never want to run out of coffee, but it is just one of the considerations that goes into planning a successful event. My company, **Fearless Events**, is focused on planning educational events for small businesses and non-profit organizations. I've planned training seminars for as few as 10 or conferences for as many as 700

I sort of fell into the field. In the late '90's and early '00's, I was designing web sites but looking for a career change. After the birth of my first child, I cut back to half time, but found that working part-time, it was hard to stay on top of field that was literally changing by the minute.

At the same time, a national non-profit that I co-founded wanted to bring their national conference the Boston area and asked me to volunteer as the local coordinator for the event. That meant touring hotels to find the ideal location for this group, organizing childcare and finding local speakers. It was a LOT of work, but it was also incredibly rewarding and I found I had a knack for tracking all the details.

A little later, I was telling a colleague she should offer seminars. She had so much knowledge to share; I was confident people would pay to spend time learning with her. She thought it sounded like fun, but didn't know where to begin. Thus, Fearless Events was born.

Event planning is a broad industry. There are some who focus on personal events, like weddings and kids birthday parties but the largest group of event planners focus on the business sector. Many planners work for corporations or associations but there is a small, solid contingent of independents like myself. There are niches in medical education, insurance education, travel and incentives, and marketing events (such as

product launches). I love to learn and I really enjoy creating environments where attendees can learn not only from instructors, but from colleagues as well. That's why I chose educational events. I have always been a details person and I have a memory like an elephant. Both are assets in the event planning industry.

One of the events I am currently working is the Granite State Human Resources Conference held annually in Manchester. A volunteer board of directors made up of HR professionals runs this conference. As Event Manager, I am the only paid staff and I work with the board to identify a location, manage contracts for the hotel, speakers and audiovisual needs. I oversee the production and mailing of save-the-date postcards and registration packet. I also work with the Exhibitor's Chair to register conference sponsors and exhibitors. As the event gets closer, I will manage attendee registrations and work with the hotel to finalize room layouts (how many chairs and in what layout) and menus (chicken or fish for HOW many?). On the day of the event, I am the first one there and one of the last to leave. It is up to me to insure that all of our best-laid plans execute smoothly.

I love what I do because I can do it from home. Loudon is a great place to raise a family and working from home allows me to have a flexible schedule so I can support my kids in their endeavors. All I need to do my job is a computer, a phone and a high speed Internet connection. With the exception of 4 days during the floods of 2007, that has never been a problem. Some of my previous events have been held in major cities around the country, but with Manchester so close and Logan a reasonable distance, I can get anywhere I need to go easily and relatively inexpensively.

I love the fact that I can look out my office window and experience all the natural beauty New England offers year round. The view is conducive to a high level of productivity. Yet, despite its small town feel, I have ready access to



All set up and ready to go! **Fearless Events**, a Loudon business, organizes all types of events.

other types or professionals such as designers, printers and producers of promotional sales items necessary to make my events a success.

So, that's a little about my business Fearless Events, now I want you to tell me about your business. We're hoping to make the business profile a regular feature in the Loudon Ledger. I've had a few emails from some businesses and town, but would love to hear from more business owners. If you are interested in having your business profiled please email me at laughlin@fearlessevents.com or call me at 783-8971. ■

We all know that Loudon is a great place to live, but did you also know it is a great place to work? Loudon resident and business owner Lee Laughlin will be starting a new feature profiling local businesses in upcoming issues of the *The Loudon Ledger*. If you are a Loudon business owner are interested in having your business profiled, please send your name, contact information and a brief description of your business to Lee Laughlin at laughlin@fearlessevents.com.

Fearless Events Fun Facts

Total number of people in attendance at events planned by Fearless Events.....**3,500**

Largest number of attendees served**670**

Smallest group of attendees.....**5**

Farthest distance traveled to plan an event.....**3,030 Miles**
(Seattle, Washington)

Favorite small venue**The Watertown Hotel, Seattle, Washington**

When planning morning refreshments if your audience is mostly male approximately 70% will drink regular coffee. 55% of an all female audience will drink regular coffee.

Place I most want to plan a future event?**Walt Disney World**



Another successful event organized by **Fearless Events**.

Catch The Excitement Of Fishing, Hunting And Wildlife Watching In N.H.: New Audio And Streaming Video From N.H. Fish And Game

Click, watch and discover. The New Hampshire Fish and Game Department has entered the era of streaming video and downloadable audio. Capture the excitement of fishing, hunting and wildlife watching in New Hampshire at www.wildnh.com/Media. Or log onto New Hampshire Fish and Game's website at www.WildNH.com and click on "TV/Video/Audio" in the menu at left.

The New Hampshire Fish & Game Channel is a new web video feature that helps fish and wildlife enthusiasts get the most out of their next adventure. The program segments offer tips and strategies shared by biologists, guides and other experts. Video is played back through a flash video player, allowing viewers smooth playback of the video content.

Or listen to the award-winning weekly radio show Outdoor Almanac. Peter St. James, an outdoor writer and local radio personality, shares hunting and fishing news, tips and stories about the state's wildlife and great outdoors. The radio show is carried on more than 15 radio stations and their affiliates throughout the New Hampshire.

"This is only the beginning," said Jon Charpentier, manager of N.H. Fish and Game's Broadcast Media and Promotion Unit, "We also plan on adding segments that feature places to fish, hunt and watch wildlife in New Hampshire, to help people who are planning their next trip."

Fish and Game plans to update the streaming videos and radio programs regularly, so check back often! To sample all of New Hampshire Fish and Game's audio, video and television programs go to www.WildNH.com/Media. ■

*The Loudon
Communications Council
wishes all of you
a Joyous Holiday Season
and a
Happy and Healthy
New Year.*

Where
do I find
Public
Notices?

Notices for all Public Meetings are posted at the following sites:

- **Town Office**
- **Maxfield Public Library**
- **Beanstalk Store**
- **Ivory Rose/USPS**
- **Transfer Station**
- **Web Site**

Fish And Game Commission Seeks Nominations For Awards Of Excellence

The New Hampshire Fish and Game Commission is looking for nominations for its annual Awards of Excellence program to recognize outstanding achievements in furthering the N.H. Fish and Game Department's mission.

Nomination forms can be printed from the N.H. Fish and Game website at www.WildNH.com, or call (603) 271-3511 to request by mail. Nominations must be postmarked by December 31, 2007. The awards will be presented in April 2008.

"These awards allow us to recognize outstanding efforts to further the work of the Fish and Game Department in conserving and managing our fish, wildlife and marine resources," said N.H. Fish and Game Commission Chair Robert Phillipson Jr. of Keene.

There are seven award categories in which nominations may be made:

1. **Ellis R. Hatch Jr. Commission Award of Excellence** — Recognizing an individual, group, organization, club, foundation or agency that has excelled in efforts to promote, enhance or benefit fish, wildlife or marine resources or the Department's mission through any variety of involvement.
2. **Youth Conservationist** — Recognizing an individual, 18 years of age or younger, who has excelled in efforts to benefit fish, wildlife or marine resources or the Department's mission through any variety of involvement.
3. **Communication** — Recognizing an outdoor communicator, writer, or media source (radio, television, magazine, newsletter or periodical) that has written or published articles or materials beneficial to public understanding about fish, wildlife or marine resources as they relate to the Department's mission. This category will be judged on fairness, accuracy, timeliness, balance and quality of reporting.
4. **Conservation Organization** — Recognizing any organization, group, foundation, or agency that has excelled in efforts to enhance the welfare of fish, wildlife and marine resources, and supporting achievement of the Department's mission. Recipients will be judged on their efforts to promote the wise use of natural resources for their recreational or economic value.
5. **Volunteer** — Recognizing an individual who, as a volunteer with the Department, has excelled in efforts to support and achieve the Department's mission.
6. **Habitat Stewardship** — Recognizing an organization, non-governmental entity, individual or corporation that has excelled in the enhancement, conservation or creation of land management practices beneficial to New Hampshire's fish, wildlife and marine resources and the Department's mission.
7. **Landowner Appreciation** — Recognizing an individual who excelled in the preservation or enhancement of opportunities for public use on private property as it benefits the Department's mission.

To nominate a person or organization for one of these awards, download the nomination form from the Fish and Game website, pick up a copy from a Fish and Game office, or call (603) 271-3511 to request a form. Mail your nomination package, postmarked no later than December 31, 2007, to: Commission Awards Program, N.H. Fish and Game Department, 11 Hazen Drive, Concord, NH 03301. No electronic submissions will be accepted. Posthumous nominations are acceptable.

Last year's award winners included long-time volunteer Hunter Education and Becoming an Outdoors-Woman instructors *Al and Lorri Menard* of New Boston; volunteer *Allan Clark* of Sugar Hill, who helped form Pemigewasset Valley Search and Rescue Team; *Lisa Bell* of Mt. Sunapee for her volunteer involvement at shows, exhibits, and programs, including the NH Locked Moose Antler Project, Inc.; Youth Conservationist *Joshua Basnar* of Littleton, who volunteered with Fish and Game's bear project; and *Hawkeye Hunting & Fishing News* of Milford for coverage of Fish and Game issues.

As guardian of New Hampshire's fish, wildlife and marine resources, the Fish and Game Department works in partnership with the public to:

- Conserve, manage and protect these resources and their habitats;
- Inform and educate the public about these resources; and
- Provide opportunities for the public to use and appreciate these resources. ■

Be Prepared for Any Emergency

The information appearing on this page and the next is from CERT-Loudon (Citizen Emergency Response Team). This is excellent information to have in *any* emergency, be it a power outage or snow emergency — something we may all be looking at with the Winter months ahead of us.

We encourage you to tear out this page and keep this information handy. Hang it on your refrigerator where it will remind you on a daily basis of what you need to stockpile.

If you would like more information about CERT, please contact Faith Stevens at fsfiasco@yahoo.com. ■

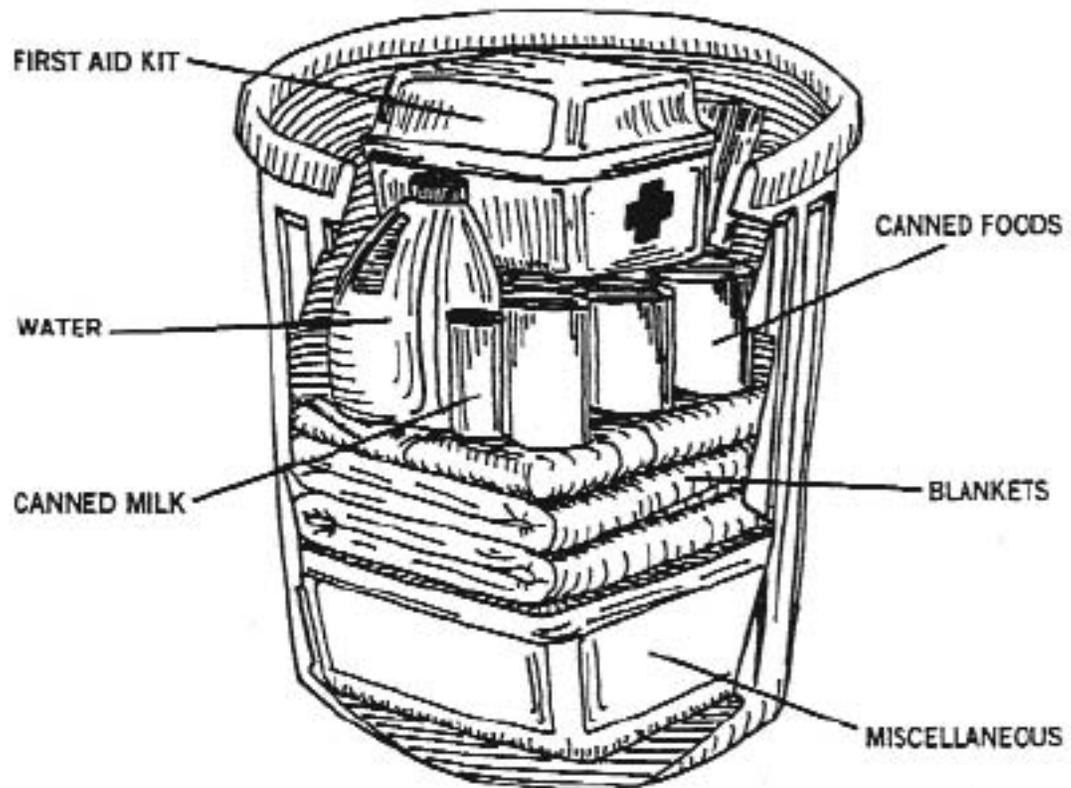
Home Emergency Supplies

Car Mini-Survival Kit

- | | |
|---|--|
| <input type="checkbox"/> Non-perishable food - store in clean coffee cans | <input type="checkbox"/> Essential medication |
| <input type="checkbox"/> Bottled water | <input type="checkbox"/> Tools - screwdriver, pliers |
| <input type="checkbox"/> First aid kit and book | <input type="checkbox"/> Short rubber hose - for siphoning |
| <input type="checkbox"/> Flares | <input type="checkbox"/> Small package of tissues |
| <input type="checkbox"/> Fire extinguisher — A-B-C Type | <input type="checkbox"/> Pre-moistened towelettes |
| <input type="checkbox"/> Blanket or sleeping bag | <input type="checkbox"/> Local maps |
| <input type="checkbox"/> Sealable plastic bags | <input type="checkbox"/> Extra clothes, jeans, sweater |
| <input type="checkbox"/> Flashlight - fresh and spare batteries and bulb | <input type="checkbox"/> Sturdy shoes or boots |

Storage of Emergency Supplies

Some families prefer to store their emergency supplies in one location. Choose a place in your home which would be relatively safe in time of an earthquake (such as a closet or under a bed). The perishable supplies will remain stable longer if stored in a cool, dark location.



One suggested method for storing emergency supplies is to place them in a large, covered trash container. They can be layered as shown and all kept together in the large covered container.

*** Note:** It is best to store plastic water containers on top of the contents rather than on the bottom where they could possibly crack and leak from the weight of heavy objects placed on top of them.

Black

<p>Your Disaster Supplies Calendar</p> <p>The Family Disaster Supplies Calendar is intended to help you prepare for disasters before they happen. Using the calendar, your family can assemble an emergency kit in small steps over a six-month period. Check off each week as you gather the contents. Supplies may be stored all together in a large plastic garbage can or food may be kept on kitchen shelves. Remember to rotate your perishable supplies and change water every six months.</p>			
<p>Week 1 Grocery Store</p> <ul style="list-style-type: none"> <input type="checkbox"/> 1 gallon of water <input type="checkbox"/> 1 jar peanut butter <input type="checkbox"/> 1 large can juice* <input type="checkbox"/> 1 can meat <input type="checkbox"/> hand-operated can opener <input type="checkbox"/> instant coffee, tea, powdered drinks <input type="checkbox"/> permanent marking pen to mark date on cans <p>(remember 1 gallon of water for each pet) Also: pet food, diapers, and /or baby food if needed</p> <p>To Do</p> <ul style="list-style-type: none"> <input type="checkbox"/> Make a family plan <input type="checkbox"/> Date each perishable food item using marking pen 	<p>Week 2 Hardware Store</p> <ul style="list-style-type: none"> <input type="checkbox"/> crescent wrench <input type="checkbox"/> heavy rope <input type="checkbox"/> duct tape <input type="checkbox"/> 2 flashlights with batteries <input type="checkbox"/> "bungee" cords <p>Also: a leash or carrier for your pet if needed</p> <p>To Do</p> <ul style="list-style-type: none"> <input type="checkbox"/> Check your house for hazards <input type="checkbox"/> Locate your gas meter and water shutoffs and attach a wrench near them 	<p>Week 3 Grocery Store</p> <ul style="list-style-type: none"> <input type="checkbox"/> 1 gallon of water* <input type="checkbox"/> 1 can meat* <input type="checkbox"/> 1 can fruit* <input type="checkbox"/> sanitary napkins <input type="checkbox"/> video tape <p>(remember 1 gallon of water for each pet)</p> <p>To Do</p> <ul style="list-style-type: none"> <input type="checkbox"/> Use a video camera to tape the contents of your home for insurance purposes. <input type="checkbox"/> Store video tape with friend/family member that lives out of town. 	<p>Week 4 Hardware Store</p> <ul style="list-style-type: none"> <input type="checkbox"/> plumber's tape <input type="checkbox"/> crowbar <input type="checkbox"/> smoke detector with battery <p>Also: extra medications or a prescription marked "emergency use" if needed</p> <p>To Do</p> <ul style="list-style-type: none"> <input type="checkbox"/> Install or test your smoke detector <input type="checkbox"/> Tie water heater to wall studs using plumbers tape.
<p>Week 5 Grocery Store</p> <ul style="list-style-type: none"> <input type="checkbox"/> 1 gallon of water <input type="checkbox"/> 1 can meat <input type="checkbox"/> 1 can fruit <input type="checkbox"/> 1 can vegetables <input type="checkbox"/> 2 rolls toilet paper <input type="checkbox"/> extra toothbrush <input type="checkbox"/> travel-size toothpaste <p>Also: special foods for special diets if needed</p> <p>To Do</p> <ul style="list-style-type: none"> <input type="checkbox"/> Have a fire drill at home 	<p>Week 6 First Aid Supplies</p> <ul style="list-style-type: none"> <input type="checkbox"/> aspirin and/or acetaminophen <input type="checkbox"/> compresses <input type="checkbox"/> rolls of gauze or bandages <input type="checkbox"/> first aid tape <input type="checkbox"/> Adhesive bandages -assorted sizes <p>Also: extra hearing aid batteries if needed</p> <p>To Do</p> <ul style="list-style-type: none"> <input type="checkbox"/> Check with your child's day care or school to find out about their disaster plans. 	<p>Week 7 Grocery Store</p> <ul style="list-style-type: none"> <input type="checkbox"/> 1 gallon of water* <input type="checkbox"/> 1 ready-to-eat soup (not concentrate) <input type="checkbox"/> 1 can fruit* <input type="checkbox"/> 1 can vegetables <p>Also: extra plastic baby bottles, formula, and diapers if needed</p> <p>To Do</p> <ul style="list-style-type: none"> <input type="checkbox"/> Establish an out-of-state contact to call in case of emergency 	<p>Week 8 First Aid Supplies</p> <ul style="list-style-type: none"> <input type="checkbox"/> scissors <input type="checkbox"/> tweezers <input type="checkbox"/> antiseptic <input type="checkbox"/> thermometer <input type="checkbox"/> liquid hand soap <input type="checkbox"/> disposable hand wipes <input type="checkbox"/> sewing kit <p>Also: extra eyeglasses if needed</p> <p>To Do</p> <ul style="list-style-type: none"> <input type="checkbox"/> Place a pair of shoes and a flashlight under your bed so that they are handy during an emergency.
<p>Week 9 Grocery Store</p> <ul style="list-style-type: none"> <input type="checkbox"/> 1 can ready-to-eat soup <input type="checkbox"/> liquid dish soap <input type="checkbox"/> plain liquid bleach <input type="checkbox"/> 1 box heavy-duty garbage bags <p>Also: saline solution and a contact lens case, if needed</p> <p>To Do</p> <ul style="list-style-type: none"> <input type="checkbox"/> Send some of your favorite family photos (or copies) to family members out of state for safekeeping. 	<p>Week 10 Hardware Store</p> <ul style="list-style-type: none"> <input type="checkbox"/> waterproof portable plastic container (with lid) for important papers <input type="checkbox"/> portable am/fm radio <p>Also: blankets or sleeping bag for each family member</p> <p>To Do</p> <ul style="list-style-type: none"> <input type="checkbox"/> Make photocopies of important papers and store safely. 	<p>Week 11 Grocery Store</p> <ul style="list-style-type: none"> <input type="checkbox"/> 1 large can juice* <input type="checkbox"/> 1 box large plastic food bags* <input type="checkbox"/> 1 box quick energy snacks* <input type="checkbox"/> 3 rolls paper towels <p>Also: sunscreen, if needed</p> <p>To Do</p> <ul style="list-style-type: none"> <input type="checkbox"/> Store a roll of quarters for emergency phone calls. <input type="checkbox"/> Go on a hunt with your family to find a pay phone near home. 	<p>Week 12 First Aid Supplies</p> <ul style="list-style-type: none"> <input type="checkbox"/> anti-diarrhea medicine <input type="checkbox"/> rubbing alcohol <input type="checkbox"/> 2 pr latex gloves <input type="checkbox"/> ipecac syrup and activated charcoal (for accidental poisoning) <input type="checkbox"/> children's vitamins <p>Also: items for denture care if needed</p> <p>To Do</p> <ul style="list-style-type: none"> <input type="checkbox"/> Take your family on a field trip to gas meter and water meter shutoffs.

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The deadline for the next issue is Friday, December 14 for the January 2008 issue of *The Loudon Ledger*.

Wood Stove Safety

from www.firemarshal.state.md.us/wstove.htm

Editor's Note: Given the fact that two homes in Loudon have burned as a result — directly or indirectly — of wood stoves, we thought it appropriate to run an article on the safe practices of having a wood stove in your home. If you have questions about your wood stove installation, please contact the Loudon Fire Department at 798-5612.

With the ever-increasing cost of home heating, more and more energy conscious people are installing wood stoves. An undesirable result has been a corresponding increase in the number of wood stove and chimney fires.

To protect your family and property, this equipment must be properly installed and operated.

To reduce the chances of having a fire in your home, follow the recommendations below on proper selection, installation, maintenance and operation of a wood stove.

Selection and Installation

To ensure that your wood stove is safe, particular care and attention must be paid to the selection and installation of the stove.

The stove that you select should be one that is listed by an approved testing laboratory. If you purchase a second-hand wood stove, make sure that the stove does not have any broken parts or large cracks that might make it unsafe to operate.

Furthermore, you should make sure that the stove is not too large for the room or area it will be heating.

Prior to installing the stove, read and follow the manufacturer's installation instructions. The following items should be carefully checked prior to the initial fire-up of the stove.

- A layer of sand or brick has been placed in the bottom of the firebox, if suggested by the stove manufacturer.
- The stove is located on a noncombustible floor or an approved floor protection material is placed under the stove.
- Floor protection extends out 6 to 12 inches from the sides and back of the stove and 18 inches from the front where the wood is loaded.
- The stove is placed at least 36 inches away from combustible materials, if not, fire-resistant materials are used to protect woodwork and other combustible materials.

Know Your Wood Stove

Once the wood stove is installed, you should become familiar with its parts and their operation. The proper and timely maintenance of your wood stove can reduce the possibility of a fire. The following points concerning your stove pipe and chimney should be carefully checked during the initial set up and maintenance of the stove.

- The stove pipe should be of 22 or 24 gauge metal.
- The total length of the stove pipe is less than 10 feet.
- There is at least 18 inches between the top of the stove pipe and the ceiling or other combustible material.
- The stove pipe enters the chimney higher than the outlet of the stove firebox.
- The stove pipe does not extend into the chimney flue lining.

- The inside thimble diameter is the same size as the stove pipe for a snug fit.
- The stove pipe does not pass through a floor, closet, concealed space or enter the chimney in the attic.
- A UL approved "All Fuel" metal chimney is used where a masonry chimney is not available or practical.
- The chimney should extend at least 3 feet above the highest point where it passes through the roof and 2 feet above any portion of the building within 10 horizontal feet of the chimney.
- The chimney flue lining should not be blocked and the chimney flue and stove pipe kept clean.
- If you connect the stove to an existing chimney, the chimney should be inspected before using the stove.

After Installation

The following precautions should be taken to ensure the greatest amount of safety in your home.

- Make sure the smoke detectors on all levels of your home are operating.
- Keep small children away from the stove. A touch to the stove's surface can result in severe burns.
- Develop and practice an escape plan from all rooms (especially bedrooms) in the house.

Protecting Your Home and Family Depends on YOU! ■



How to Buy The Right Wood Stove

from www.consumerenergycenter.org/home/heating_cooling/fireplaces.html

When you begin shopping for a wood stove, consider first what you need it to accomplish. Keep these questions in mind:

- How much space must be heated?
- How often will the wood stove be used?
- How much can I afford to spend?
- Will very young children be present when the stove is in operation — a possible safety hazard? Are there any other significant problems to consider, such as the ability of other family members to operate the stove when needed?
- What safety equipment do you need? How much does that cost?
- Will a wood stove be economical when compared other types of heating systems?
- Should I buy a regular wood stove or pellet stove?

The size of the area to be heated will determine the size of the wood stove you purchase. Remember that a stove that is too small will not heat the area adequately. One that is too large may release too much heat, causing you to reduce the air supply into the stove — a practice that reduces the stove's efficiency, wastes fuel dollars, and can cause safety and air pollution problems.

With many types of wood stoves and hundreds of models from which to choose, the buying process can be frustrating. One way to simplify the process is to rely on the help of a knowledgeable and reliable wood stove dealer.

Keep these questions in mind when you choose both a dealer and a stove manufacturer:

- Does the dealer carry lines from several different manufacturers, so I can compare the features?
- How realistic are any claims made by a dealer about a particular product?
- Can the dealer help me choose the right size stove and help me place it in the optimum location in my house?
- Can the dealer deliver and install the product?
- Can the dealer repair each model sold?
- Are replaceable parts, service manuals and warranties available? ■

REPRINTED FROM *NEW HAMPSHIRE PROFILES* MAGAZINE, APRIL 1961

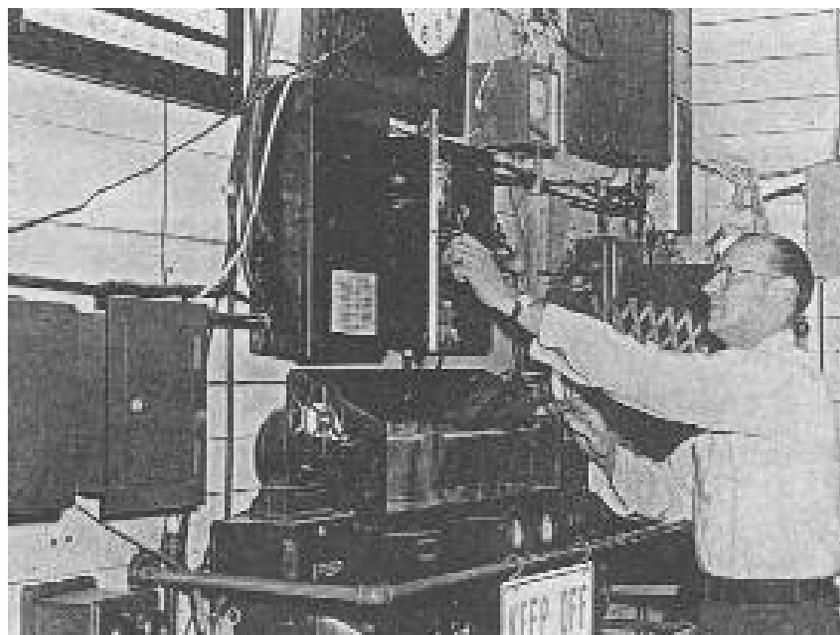
Ninety-Five Volunteers

Photos by Ken Williams



Loudon's three fire trucks are always ready to roll out.

During 1960 the Loudon Fire Department extinguished ten chimney fires, three burning houses, five automotive blazes, and three brush-fires. It also rescued one drowning man and located another who was lost in the woods, and helped neighboring fire departments on five occasions — all on a budget of \$2,000 a year. Part of the economy results from a profitable sideline of filling empty wells and emptying flooded cellars, a service for which the department charges a fee of five dollars. But the big money-saver is Loudon's 95 volunteer firemen who don helmets and raincoats over their everyday clothing whenever an alarm is sounded at one of Loudon's thirty call-boxes or via telephone. ■



Department's radio link is maintained by Frank Williams, shown installing a device which clocks the time of an alarm.



Wilber Maxfield keeps the call-box cables functioning.



Fire chief's wife, Mrs. Dorothy Downes, tends the radio and telephone network night and day between her chores.



Chief Harlan Downes (middle) meets monthly with his deputy and the officers of the Loudon Fire Department. Bill Brown (left) and Dick Malfait (right).



Women fire-fighters were trained during the war. Here Dorothy Rivero takes over the wheel.



Bill Brown, founder and first chief of the Loudon Fire Department, talks shop with Chief Downes. The department began with \$1,000, a truck which was stored in Bill's barn, and a "heck of a lot" of hard work.



For five dollars, a tank-truck will fill an empty well or empty a flooded cellar anywhere in Loudon. Pictures above, left to right: Warren Jenkins, unknown, and Harlan Downes.



Women's Auxiliary has thirty members who raise funds, supply food at fires, and sometimes socialize. Left to right: Dot Downes, Diane Maxfield, Isabelle Prescott, Ruby Demon(?), Amy Maxfield, Peg Buzzell, Ines(?) Lovering, Jessie Cote, Alice Perkins, unknown (Jessie Cole's mother?). [Names were penned in on the original article, but were not part of the original captions in all cases.]

Times Have Changed!

In 2006, the Loudon Fire Department responded to 829 calls! The town has grown exponentially since the *New Hampshire Profiles* article was printed in 1961, with a population approaching 5,000.

Loudon residents now have full time access to professional emergency medical technicians. Volunteers train extensively and must maintain certification in several areas. The Department now has a full time Chief and a budget of \$225,323 for the Fire Department and \$195,131 for Ambulance service. The one thing that hasn't changed is the department's reliance on volunteers.

Part of changing times is the increased government regulation and oversight. A great deal of time is now spent dealing with paperwork and inspections.

A summary of the calls for 2006 appears below:

Building fires	41	Bush and grass fires	19
CO detectors	13	Fire alarm activation	43
Hazardous materials	25	Medical emergencies	501
Outside fires	10	Searches	5
Service calls	28	Smoke investigations	44
Unclassified	62	Vehicle fires	7
Electrical wires	31		

TOTAL CALLS 829



Volunteers get the best. This is an oxygen pack for entering heavy smoke. Pictures is Arthur Colby.



Volunteer firemen practice first-aid with the resuscitator. The victim is also a volunteer. Left to right: Ralph Marston, "victim" unknown, Bud Cote, and Roger Dow.



Concord Regional Visiting Nurse Association

PO Box 1797, Concord, NH 03302-1797, 224-4093

December Senior Health Clinics

Concord Regional Visiting Nurse Association is a Senior Health Clinics at the Loudon Community Building on December 5 from 9 a.m. until Noon. All services are \$10. Blood pressure checks are free. To make an appointment or for more information call VNA's Senior Health Program at 224-4093. If you need a ride, please call 798-5203.

Monthly Walk-In Immunization Clinics

An affordable walk-in Immunization Clinic for all ages will be held on Monday, Dec. 3 from 1–3 p.m. and Tuesday, Dec. 18 from 2:30–4:30 p.m. at St. Paul's Episcopal Church Outreach Center, 21 Centre Street, Concord. A fee of \$5.00 is requested per child (under 18). Adult vaccination costs vary by the cost of the individual vaccines. Children must be accompanied by a parent or guardian. Please bring an immunization record with you. For more information call CRVNA's Community Health Services at 224-4093 or 800-924-8620, extension 4830.

Monthly Walk-In Blood Pressure Clinics

A free blood pressure clinic will be held on Wednesday, Dec. 5, 2007, 10 a.m. to Noon at Hannaford's Pharmacy, Ft. Eddy Rd., Concord and Wednesday, Dec. 12, 10:30–11:30 a.m. at White Rock Senior Living Community, Wellness Office, 6 Bow Center Rd., Bow.

Concord Regional VNA Offers Grief Support Groups

Concord Regional Visiting Nurse Association will offer a free eight-week evening adult grief support group in January and February. The group will meet Tuesdays beginning January 8 from 6 to 7:30 p.m. at Granite Ledges of Concord, 151 Langley Parkway, on the Concord Hospital campus in Concord. Trained grief support facilitators will provide an opportunity for support and education to adults who have suffered a recent loss. Group size is limited. Pre-registration is required by December 28. Please contact Laurie Brooks, at (603) 224-4093 ext. 2826 or laurie.brooks@crvna.org. ■

M.C.C.A. News!

Exciting news from MCCA Loudon Division

By Gayleen Smith

We are pleased to report that there are over 40 girls this year participating in Loudon Cheerleading grades K–5. The girls are anxious to begin and soon will be practicing their cheers and routines for all to see. I want to give a big shout out and thank all those who have volunteered to coach these amazing girls and for those who have agreed to sponsor our teams.

The cheerleaders will begin cheering in January at the ICB basketball games. Most games will either be at Penacook Elementary or Boscawen Elementary. Next time you see one of Loudon's finest cheerleaders, give a yell out, "Hey Cheerleaders" — and take a second to hear their responses. If you need some help with this, please feel free to ask Mr. Warren, Mr. White or Mr. Stephens; I am sure they will assist.

If you have questions about the cheerleading program or would like to volunteer in Loudon, please contact Gayleen Smith: 224-5079 or E-mail: crop4fun@comcast.net. ■



Protecting Home Base

By Jack Prendiville, Century 21 Thompson Real Estate

Once you have purchased a home, you also need to protect its value. After all, for most people a home is their single largest asset. In fact, it can be the basis for securing funding for other endeavors, like college or the purchase of a second property. Here are four things you can do to help your property maintain its value.

1. Dedicate one weekend each quarter to home maintenance. Clear the calendar and make a list. Tasks may include power washing, painting, clearing out the attic/garage or basement or removing debris. It is also good to prepare ahead of time by making sure the necessary supplies and tools are on hand.
2. Hire the right professional for certain tasks. For instance, each year you should have your furnace serviced and your chimney cleaned. Consistent upkeep can help prevent home systems from failing.
3. Undertake at least one home improvement project each year. This may include upgrading your landscaping, repairing a cracked patio, finishing a basement or upgrading electrical capacity. A commitment to improving your home and property will pay off in the long run.
4. Get involved in your community. When you bought your home you made a significant investment in the location. A home is worth more when it is located in a desirable community. Attend the town meetings, serve on the planning board or volunteer at your child's school. It makes all the difference. ■



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Selectmen's Meeting Minutes — October 16, 2007

Present: Selectman Maxfield, Ives, and Bowles.

Chairman Maxfield called the meeting to order at 6:30 PM.

Selectman Bowles moved to approve the Selectmen's Meeting Minutes of Tuesday, October 9, 2007 as presented. Seconded by Selectman Ives. All in favor. Motion carried.

The Board met with Dee Dee Maratea and Salvatore Bossi regarding the retaining wall issue on their property on Berry Road.

Chairman Maxfield stated Ms. Maratea had contacted him and advised him that she did not intend to rebuild the retaining wall at the property on Berry Road; instead, she plans to put in a driveway. He said that he felt Ms. Maratea still needed to have the Engineer review any plan for this site. Mr. Bossi stated that he and Ms. Maratea have had to hire a lawyer to go after the previous contractor for the problems that have occurred on their property. He gave a brief overview of the conversations he had with his previous contractor. Mr. Bossi stated that they were advised it would be approximately \$12,000.00 just for the design of the retaining wall and said that they do not have the money to do it. He went on to say that another contractor has been hired to try to fix the situation. Chairman Maxfield said that the Board is concerned with the stability of the road in the area of Ms. Maratea's property. Mr. Bossi said that their land has been never been touched other than fill being added to it. Sam Mahoney, Ms. Maratea's new contractor stated he had contacted an engineer regarding the retaining wall and explained to the Board what that engineer suggested. He went on to say that Mr. Bossi had contacted him today to advise him that Ms. Maratea and Mr. Bossi wish to move forward with putting in a driveway instead of the retaining wall. Mr. Bossi stated that he was having an engineer come to the property to review the situation. Chairman Maxfield stated the Board agreed that Ms. Maratea needed to have engineered stamped plans that the Town Engineer review and approve to complete this project. Selectman Ives talked about the driveway and said he wanted to be sure the Town Engineer approves any plan prior to work being done as there is only one means of egress on Berry Road and the Board is concerned for the stability of the road in this area. Selectman Bowles said that the plans need to show the stabilization. Mr. Mahoney said that they have taken care of the riprap problem across the street. He said they are working on drainage control. Discussion ensued regarding the driveway. Mr.

Mahoney stated he would get back to the Selectmen as soon as he gets the engineered plans reviewed.

Chairman Maxfield stated the Board was in receipt of the 2007 Fall Tax Warrant and read the following oath. *"We, the Selectmen and Assessors of the Town of Loudon NH, do solemnly swear that in making the inventory for the purpose of assessing the foregoing taxes we appraised all taxable property at its full value, and as we would appraise the same in payment of a just debt due for a solvent debtor. So help us God. To the Tax Collector Helen L. McNeil, Tax Collector Town of Loudon, In the name of the State you are hereby directed to collect property taxes in list herein committed to you amounting to the sum of \$4,831,929.00 with interest at 12% per diem from December 1, 2007 thereafter on all sums not paid on or before that day. And we further order you to pay all monies collected to the Treasurer of said Town at least on a weekly basis when receipts exceed \$500.00 or more often when directed by the Commissioner of Revenue Administration. Given under our hands at Loudon, NH, this 16th day of October 2007."* The Selectmen signed the Warrant.

Chairman Maxfield stated that the Board had a letter of agreement for a Comprehensive Growth Study and Assistance with Loudon's Growth Management Ordinance from Consultant Gerald I. Coogan, New London, NH in the amount of \$8,750.00. He went on to say that the agreement states the Town of Loudon will be responsible for any additional charges of travel, photographs, report preparation, and related activities estimated not to exceed \$200.00. *Selectman Ives moved to approve the contract with Gerald I. Coogan Planning and Developing Consultant in the amount of \$8,750.00 to be paid by \$500.00 from the Planning Board Budget, \$500.00 from the Zoning Board Budget, \$2,500.00 from the Selectmen's Office Consultant line, and \$5,250.00 from the Contingency Fund. Seconded by Selectman Bowles. All in favor. Motion carried.*

The Board met with Marilyn and Dorothy Dubuc regarding the possibility of temporarily relocating an existing structure on to Marilyn Dubuc's lot until Dorothy Dubuc is able to purchase a lot and get a building permit to place the structure permanently onto a new site. Chairman Maxfield asked if the structure would be connected to water, septic, etc., while temporarily located on Marilyn Dubuc's lot. Marilyn Dubuc said it would not be hooked up it would remain vacant. Chairman Maxfield said his opinion is that it would be con-

sidered another building such as a garage or barn. He asked about the size of the building. Dorothy Dubuc stated it was 1200 square feet and currently located in Gilman-ton. She said that she is doing research to find out if this is a possibility. Chairman Maxfield stated that since this is a new structure being placed on a lot, and not a replacement structure, Ms. Dubuc would need to get on the Building Permit List. Selectman Bowles said if Ms. Dubuc purchased a piece of property that already had a building permit or was on the permit list that could possibly speed up the time frame for her. He said the Ordinances would need to be followed. Selectman Ives said he felt if the building does fit on Marilyn Dubuc's property, meeting the zoning setbacks, is not being lived in, only used as storage, and will not be on her property for more than one year, he does not have a problem with it. Chairman Maxfield said he does not have any problems with it. Selectman Bowles said he felt it would be in the best interest of all parties to have something in writing before this could happen. Discussion ensued regarding if a bond would need to be put in place as well as the procedure followed for a replacement home.

The Board began their review of weekly correspondence.

Chairman Maxfield stated for the record, that four pistol permits were submitted for signature and approval.

The Board received copies of the 2007 Tax Rate Data for review. Chairman Maxfield stated the Town portion is \$1,860,186.00 which equals \$3.44 of the Tax Rate, the Local School portion is \$5,294,146.00 which equals \$9.91 of the Tax Rate, the State Education portion is \$1,145,987.00 which equals \$2.18, and the County portion is \$1,183,789.00 which equals \$2.20 for a total Tax Rate of \$17.73 which is a 4% increase over last year's rate. Selectman Ives reviewed the Merrimack Valley School District apportioned amounts for each of the Town's: Boscawen \$5,945,198.00, Loudon \$8,782,688.00, Penacook \$7,972,379.00, Salisbury \$2,297,734.00 and Webster \$2,980,376.00 for a total of \$27,978,375.00.

The Board received a response from R.M. Piper regarding the dry hydrant installation at the Village Dam. Chairman Maxfield stated he felt that R.M. Piper was not going to do anything further. Selectman Bowles said he felt that it was not R.M. Piper's problem as they installed the dry hydrant according to the engineered plan drawn up by The Turner Group. He said he

felt that it was The Turner Group's problem. Selectman Ives said he agreed with Selectman Bowles. Discussion ensued.

The Board received confirmation on the Town Meeting seminar on October 27, 2007.

The Board received a memo from Police Chief Bob Fiske advising the Board that due to paving on Main Street in Chichester, DOT has decided to reroute traffic down Canterbury Road to Chichester Road to Ricker Road and out Route 4. The memo states that a Police Officer will be located at Chichester Road and Ricker Road for traffic control. Chairman Maxfield stated that the dates for this detour would be November 5-7, 2007.

The Board received a thank you note from Karen Moscallo from Bell Ridge New Jersey thanking the Town and surrounding agencies for how well the roads were marked during the first NASCAR race event.

The Board reviewed the bill from Jeff Mayer for cemetery maintenance. Selectman Ives stated he had spoken with Mr. Mayer and was advised that Mr. Mayer was able to complete half of the mowing and the bill represents that. He said he has no problem with paying the bill.

The Board received two Certificate of Achievement awards for Bob Fiske for classes that he has completed.

The Board received copies of payments received from NHIS for Police and Supplemental Fire Department Special Events details.

The Board received copies of the current Historical Society Officers. Chairman Maxfield stated that the Historical Society is getting new members and said all the past members had done a terrific job.

The Board received copies of the ESMI compliance report for August and September.

The Board received copies of the October 10, 2007 construction meeting minutes for Wellington Lane. Selectman Bowles said there is a problem with one slope and a culvert has been placed in an area where it does not belong.

The Board received copies of the September property transfers for review.

The Board received a survey form regarding septage disposal facilities.

The Board received a letter asking questions about local police departments.

The Board received notice of a road liability workshop on October 23, 2007.

Selectmen — cont. on 26

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Selectmen — cont. from page 25

The Board received copies of a newsletter from Congressman Paul Hodes.

The Board received a copy of the latest edition of the Awareness in Action publication from Primex.

Chairman Maxfield recognized Chip Cochran from the audience.

Mr. Cochran asked if the dry hydrant was part of the Warrant Article voted on at Town Meeting. The Board said no, it was not part of the Warrant Article, and it was added into the project with the funds coming from the Fire Department budget. Mr. Cochran asked whom the engineering firm was that worked on this project. Selectman Ives said The H.L. Turner Group. Mr. Cochran said that a certain amount of cubic feet of material was to be removed from the project and asked if it were done. The Board said that they were told that the material was removed. Selectman Bowles said while he saw material being removed from the site, he did not feel enough was removed. Selectman Ives said as far as he is concerned, he would never have The H.L. Turner Group work for the Town again. Selectman Bowles said that Mr. Cochran might want to speak with Bob Ordway, as he was part of that project. Mr. Cochran said that the end result is not what he thought he was voting on at Town Meeting. Selectman Bowles said while he did not vote for it, he agreed that it does not look like what was proposed. He said someone made a change and he was not notified. Chairman Maxfield stated that the representative that the Town had been working with from The Turner Group changed midstream and another Engineer ended up finishing the project. Mr. Cochran asked about the cost of the dry hydrant and the status of it. Selectman Ives said that the dry hydrant was \$6,000.00 and while it did freeze during the winter last year, it does not mean that it is inoperable. Discussion ensued.

Chairman Maxfield recognized John Plummer from the audience.

Mr. Plummer asked when Selectmen Ives gave the tax breakdown of each Town in Merrimack Valley School District why he did not list the Town of Andover. Chairman Maxfield stated that Merrimack Valley School District collects tuition from Andover for the Andover students that attend Merrimack Valley High School. Discussion ensued regarding the number of Andover students that attend MVHS. Discussion also ensued regarding Concord School District as well as the total MVSD budget of \$34,000,00.00 with \$27,000,000.00+ from the Towns' and the remainder from State Aid.

Selectman Ives moved to adjourn the meeting at 7:45 PM. Seconded by Selectman Bowles. All in favor. Meeting adjourned.

THE LOUDON BOARD OF SELECTMEN

Roger A. Maxfield, Chairman
Steven R. Ives, Selectman
Dustin J. Bowles, Selectman

Selectmen's Meeting Minutes — October 23, 2007

Present: Selectman Maxfield and Ives. Selectman Bowles is not present.

Also present: Road Agent David Rice.

Chairman Maxfield called the meeting to order at 6:30 PM.

Selectman Ives moved to approve the Selectmen's Meeting Minutes of Tuesday, October 16, 2007 as presented. Seconded by Chairman Maxfield. Majority vote in favor. Motion carried. Chairman Maxfield moved to reopen the Selectmen's Meeting Minutes of Tuesday, October 16, 2007 for amendment. Seconded by Selectman Ives. Chairman Maxfield moved to amend the Minutes of Tuesday, October 16, 2007 to read the total amount of the 2007 Fall Tax Warrant should be \$4,848,804.00 due to adjustments and abatements from the Spring Tax Billing that had to be imported into the Fall Warrant. Seconded by Selectman Ives. Majority vote in favor. Motion carried. Selectman Ives moved to approve the Selectmen's Meeting Minutes of Tuesday, October 16, 2007 as amended. Seconded by Chairman Maxfield. Majority vote in favor. Motion carried.

The Board met with Road Agent David Rice.

Mr. Rice advised the Board that the Highway Crew has been mixing winter sand in between their other tasks. He stated that Joe Bohi allows the Highway Department to use his screener as long as they keep up the maintenance on it. Selectman Ives asked if there was any concern regarding getting enough salt for the season. Mr. Rice said he felt confident that he would be able to obtain all the salt that might be needed. He stated that Morton Salt was almost \$0.60 less than the other companies were.

Mr. Rice advised the Board that the roads are being graded for winter. Discussion ensued regarding dirt roads.

Selectman Ives asked about the ditching on Flagg Road. Mr. Rice stated that they have gotten most of the water issue taken care of as the rain had been washing out the middle of the road. He said they would be placing more gravel on the area when they grade the road. Mr. Rice said they would be placing more gravel on Berry Road as well.

Chairman Maxfield asked if bush cutting had begun. Mr. Rice said that he planned to do the bush cutting when the leaves have fallen as it does not look as bad. Selectman Ives said that if a little bit is done each year it will be easier to keep it back.

Chairman Maxfield asked if Mr. Rice was going to speak with Ms. Murray of Country Hill Road regarding the culvert. Mr. Rice said that he advised Ms. Murray's son-in-law that the Town does not maintain driveway culverts, as it is the responsibility of the landowner. Mr. Rice will provide Ms. Murray with a copy of the RSA relative to this issue. Chairman Maxfield stated that Ms. Murray has asked to meet with the

Board next week. He gave a brief history of Country Hill Road.

The Board began their review of weekly correspondence.

Chairman Maxfield stated for the record that four pistol permits were submitted for signature and approval.

The Board received a memo from Office Manager Jean Lee regarding Ms. Murray's request to meet with the Selectmen regarding the culvert on Country Hill Road. The Board agreed that Ms. Murray could meet with the Board next week. Mrs. Lee inquired about the final payment for R.M. Piper. Selectman Ives stated he felt it is not R.M. Piper's fault as the design of the Village Road Dam and dry hydrant was done by The H.L. Turner Group. *Selectman Ives moved to pay R.M. Piper the balance of their contract. Seconded by Chairman Maxfield. Selectman Ives said R.M. Piper had performed the work according to the plans that were drawn up by The H.L. Turner Group. He said if the Town had to go after anyone, it would be The H.L. Turner Group. Majority vote in favor. Motion carried.* Mrs. Lee advised the Board that Library Trustee Sandra Blanchard has asked for the payroll figures, insurance, taxes, and employee benefits. Selectman Ives stated that he had spoken with Mrs. Lee regarding the difficulty in giving the Library Trustees set figures, as the Board does not know what the Library Trustees are planning to pay their employees. He said that percentages could be given, but the Trustees need to come up with their hard figures on employee salaries, etc. Chairman Maxfield said that the Trustees would have to pay Worker's Comp, FICA, Social Security, etc. Discussion ensued regarding not sending any payments to the Trustees until the agreement is signed. Mrs. Lee advised the Board that she had spoken with Engineer Lee Eddins, former on-call Engineer, regarding a request he had received for drainage plans on the initial phase of Voted Road/Greenview Drive from Bill Leombruno's Attorney. Mr. Eddins wanted to know how the Board wanted him to respond with the inquiries. Discussion ensued. Chairman Maxfield stated that as Mr. Eddins is no longer a consultant for the Town of Loudon, all inquiries should go through the Selectmen's Office.

The Board was reminded of the School Board meeting scheduled for Wednesday, October 24, 2007 where the Selectmen of all five towns get together for a district update. Chairman Maxfield stated he understood that they would be taking a tour of the new High School facility.

The Board received a reminder of the Town Meeting Workshop scheduled for Saturday, October 27, 2007.

The Board received a request for payment from LYAA for fencing at the Recreation Field. Chairman Maxfield stated that

the Board had previously agreed to this purchase.

Selectman Ives moved to waive the \$35.00 fee for Kathy Kendall for the rental of the Community Building for a function of sending her son off to Iraq. Seconded by Chairman Maxfield. Majority vote in favor. Motion carried.

The Board received the 2007 Utilities Assessing billing for approval. *Selectman Ives moved to approve the bill for George Sansoucy for the Utilities Assessment in the amount of \$4,062.70. Seconded by Chairman Maxfield. Chairman Maxfield stated that George Sansoucy has been performing the Utility Assessments for approximately ten years. He said that prior to that, the Utilities were not assessed. Chairman Maxfield went on to say that now they are one of the highest paying taxpayers. Majority vote in favor. Motion carried.*

The Board received notice of the election law trainings.

The Board received a reminder that the CIP applications are due on October 31, 2007.

The Board received copies of the draft October Planning Board minutes.

The Board received copies of a memo to the Planning Board from Tony Merullo for a site visit to reduce his road bond.

The Board received copies of the notice of decision for Wellington Properties on their road bond reduction.

The Board received copies of a memo from Bob Fiske to the Planning Board regarding ESMI regarding hours of operation.

The Board received a letter from Central NH Regional Planning Commission asking for a letter of support on a regional drinking water grant. The Board agreed that a letter would be drafted in support of this grant.

The Board received a copy of a certificate of completion for Fire Chief Jeff Burr's training.

The Board received copies of a news release from District #2 Councilor Shea for review.

The Board received notice of a meeting on November 8, 2007 for Central NH Regional Planning Commission.

The Board received notice of presentation of changes to the Shoreline Protection Act.

The Board received correspondence from Fair Point regarding the Verizon sale.

Selectman Ives moved to adjourn the meeting at 7:25 PM. Seconded by Chairman Maxfield. Majority vote in favor. Meeting adjourned.

THE LOUDON BOARD OF SELECTMEN

Roger A. Maxfield, Chairman
Steven R. Ives, Selectman
Dustin J. Bowles, Selectman

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Selectmen's Meeting Minutes — October 30, 2007

Present: Selectmen Maxfield, Ives, and Bowles.

Chairman Maxfield called the meeting to order at 6:30 P.M.

Selectman Ives moved to approve the Selectmen's Meeting Minutes of Tuesday, October 23, 2007 as presented. Second by Chairman Maxfield. Motion carried by a majority vote. Selectman Bowles abstained, as he was not in attendance for the meeting.

Chairman Maxfield noted that there were no Department Heads in attendance for the meeting.

The Board acknowledged Ruth Murray of 40 Country Hill Road to discuss a culvert issue. Mrs. Murray noted that during the first 15 years of living at that address there were no drainage issues associated with Country Hill Road. Approximately 15 years ago, she encountered drainage problems on her property every time there was substantial rainfall. She stated she contacted the Road Agent at that time, and a culvert was installed. She said additional problems began about 4 or 5 years ago and the culvert was replaced with a larger one. She noted that the drainage is up and down Country Hill Road, not just in front of her property. She said her son, Eric Pontacoloni, had placed additional gravel where needed and this past spring she contacted Road Agent David Rice to see what else could be done to fix the problem. She said Mr. Rice told them, sometime in June or July, that he would replace the culvert. The Selectmen stated the town is not responsible for replacing culverts under private driveways, but the Board will discuss this issue with the Road Agent and direct him to respond to Mrs. Murray with the outcome, in a timely fashion.

The Board began their review of weekly correspondence.

Chairman Maxfield stated the Board had reviewed correspondence regarding former engineering consultant Lee Eddins being contacted about Greenview Drive. The Board concurred all questions should be directed to the Board of Selectmen.

The Board acknowledged receipt of an invitation to visit the new addition to Loudon Elementary School on November 1 at 5:00 P.M.

The Board reviewed the payment received for sale of the 1987 fire truck at the State auction.

The Board reviewed a request for payment of cemetery maintenance fees to the Loudon Ridge Cemetery Association. *Selectman Bowles moved to approve payment for \$200 to Loudon Ridge Cemetery Association for perpetual care. Second by Selectman Ives. All in favor. Motion carried.*

The Board reviewed past due ambulance bills. *Selectman Ives moved to forward the following past due ambulance to collection: Account #36733 in the amount of \$501.60, #36032 in the amount of \$1,062.70, #36544 in the amount of \$544.10, #36529 in the amount of \$527.10, and #32522 in the amount of \$615.30. Second by Selectman Bowles. All in favor. Motion carried.*

George Page advised the Board that 10 people have already signed up to attend the workshop on changes to the Shoreline Protection Act.

Selectman Ives stated that he and Selectman Bowles had attended a seminar on Successful Town Meetings. Both stated the session was very informative.

Selectman Ives moved to adjourn at 7:12 P.M. Second by Selectman Bowles. All in favor. Motion carried.

LOUDON BOARD OF SELECTMAN
Roger A. Maxfield, Chairman
Steven R. Ives, Selectman
Dustin J. Bowles, Selectman

Selectmen's Meeting Minutes — November 6, 2007

Present: Selectman Maxfield, Ives, and Bowles.

Also present: Road Agent David Rice.

Chairman Maxfield called the meeting to order at 6:30 P.M.

Selectman Bowles moved to approve the Selectmen's Meeting Minutes of Tuesday, October 30, 2007 as presented. Seconded by Selectman Ives. All in favor. Motion carried.

The Board met with Road Agent David Rice.

Mr. Rice advised the Board that both Upper City and Hollow Route Road's need to be resurfaced. He said the roads have been patched but are at a point that patching is not enough. Mr. Rice stated he also felt that Goshen Drive, Sheep Rock Road, and Lovering Avenue were some of the first developments and are seal-coat roads not asphalt. He said there is heavier traffic on Goshen Drive and it is beginning to deteriorate. Mr. Rice advised the Board that he had spent the day driving around with a representative from Pike Industries reviewing roads. He said he would be getting cost estimates for each of the roads they reviewed. Discussion ensued regarding having the estimates for budget preparation with each road cost individually identified as well as discussion regarding the continual cost of road maintenance on asphalt and dirt roads. Mr. Rice went on to say that the approach to Bear Hill Road on the Route 129 end needs to be asphalted. He said the permit from the State has been extended and Pike was going to take care of the asphalt when they were working on another project, however they have not had a chance to take care of it. Mr. Rice said they are also planning to address the East Ricker Road section where the road blew out. Discussion ensued regarding Bear Hill Road.

Mr. Rice talked with the Board about the projects that have been completed by the Highway Department this year such as grading dirt roads, the May floods, reconstruction of Clough Pond Road and Old Shaker Road, repair drainage on Berry Road, ditching on Flagg Road, Lovejoy Road, Clough Hill Road, Youngs Hill Road, part of Bear Hill Road, part of Country Hill Road, and they have replaced some culverts through out Town.

Mr. Rice advised the Board that there has been another complaint from the property owner at 100 Berry Road regarding the drainage issues. He stated that he is unable to install a culvert at this location because it would end up flooding out another property.

Mr. Rice advised the Board that the salt shed is full of sand/salt mix and the Highway Crew would be working on finishing screening the remainder of the sand over the next two weeks. Discussion ensued regarding using plain sand on dirt roads, as the sand/salt mix on dirt roads would turn the road to mush.

The Board met with Bob Searles and Road Agent David Rice to discuss a drainage issue.

Mr. Searles provided the Board with photos of his yard showing the drainage issues. He gave a brief overview of the water flow from Mudgett Hill Road and Voted Road and discussed the culverts. Mr. Searles stated that he had spoken with the Road Agent and the Selectmen and feels nothing has been resolved. He said he plans to file for an abatement on his taxes due to this issue. Chairman Maxfield discussed the culvert that was moved approximately 12 years ago on Mudgett Hill Road as well as the swale that was created on the property owned by the Town at that location. He said he looked at the culvert and it appears to be fine. Mr. Searles said the culvert is doing its job, and it's not the water that is the problem, he said it is the swale being so full of sand from the golf course; the swale is not serving its purpose any longer. Mr. Rice said the swale is not fully sand loaded as many other swales are in Town. He said he could look into putting in a detention pond in at the end of the culvert to try to catch something. Chairman Maxfield stated that before the culverts were put in place, the water ran down Voted Road and on to the property Mr. Searles now owns. Chairman Maxfield asked Mr. Searles where all the brush and leaves were coming from. Mr. Searles said the brush and leaves were his and he was told the area where he placed everything was part of his property. The Board advised Mr. Searles that it is not his property, that his property ends at the stonewall. Selectman Bowles stated from the stonewall to the pin on the J & D Auto property is owned by the Town. He said the portion where Mr. Searles is putting his leaves, brush, and metal is where Clough Hill Road used to come out on to the Old Route 106. Selectman Bowles went on to say if the Town needed to get in that area it would be difficult to do with all the junk that has been placed there. Mr. Searles said that he has spent approximately \$900.00 per year over the last four or five years to get rid of the sand. He said he does not have an issue with the water as it dissipates; his problem is with the sand. Chairman Maxfield asked about a detention pond. Selectman Bowles said it is possible to look into putting in a basin detention area to try to silt out some of the sand. He said he went and checked on the site and he is not sure that the problem is just from Voted Road and Mudgett Hill Road. Selectman Bowles said it looks to him like part of the problem is from the road by J & D Auto and some from the side of Route 106. Selectman Bowles went on to say that for Mr. Searles to insinuate all of the problems are coming from the golf course is an incorrect statement. Mr. Searles asked when the golf course received an approval to raise the level of the water in the pond. Selectman Bowles said that has

nothing to do with this issue. He said that this issue is about the sand and there is no way that the sand came down out of the golf course. Selectman Bowles said he felt that people need to stop blaming the owner of the golf course as he took on a project that someone else left in a mess and the current owner is trying to fix it. He said that he does not feel that it is proper for people to be pointing fingers and put blame where it does not belong. Chairman Maxfield stated that when they drained the pond at the golf course another culvert was found that crossed the road off the hill, which was filling up the pond that the current owner had been unaware of until that time. Mr. Rice said that in order to address the issue they would have to take some of the guardrail down to get to the area that would need to be worked on. Mr. Searles talked about cleaning the swale. Selectman Bowles said the swale was clean. Chairman Maxfield stated what the Road Agent proposed is to take the excavator and dig a small retention pond for the silt. Mr. Searles said he does not have a problem with the water as it dissipates. He said the problem is the silt and sand that comes with it. Selectman Ives stated the last few years there has been an unprecedented amount of rain, which has contributed to the situation. He asked that Mr. Searles stop putting brush and leaves in that area as it impedes the Town's access to the site. Selectman Ives went on to say that if the retention pond can be put in for a reasonable cost he is in agreement. Mr. Searles stated if there was any way that he could help to let him know.

Chairman Maxfield stated for the record that five pistol permits were submitted for signature and approval.

Selectman Ives moved to enter into executive session to discuss personnel issues with the Road Agent at 6:51 P.M. Seconded by Selectman Bowles. Roll call vote: Maxfield yes, Ives yes, Bowles yes. All in favor. Motion carried. Chairman Maxfield stated the Board came out of executive session at 7:15 P.M. Chairman Maxfield said the Board discussed work performance with Road Agent Rice. They reviewed projects that have been completed and areas requiring additional attention. Mr. Rice discussed ways to improve the overall performance of the Highway Department.

The Board began their review of weekly correspondence.

The Board received copies of the RSA relative to driveways and pictures of the Murray property on Country Hill Road brought back from last week. Discussion ensued regarding the culvert and condition of the driveway. *Selectman Ives moved to absolve the Town from responsibility of replacing a culvert at 40 Country Hill Road Map #59, Lot #18, as there is an RSA that states the Town is not responsible for indi-*

Selectmen — cont. on 28

**The Deadline
for the
January 2008
"Loudon
Ledger"
is Friday,
December 14.**

Selectmen — cont. from page 27

vidual driveway culverts. Seconded by Selectman Bowles. Chairman Maxfield stated the Selectmen are unanimous in the decision that it is not the Town's responsibility. *All in favor. Motion carried.*

The Board received a copy of the FEMA reimbursement check in the amount of \$446,444.80 from the May 2006 flooding of Chichester Road and Cross Brook Road Bridges. The Board agreed to hold the public hearing to accept these unanticipated funds on Tuesday, December 4, 2007 at 7:30 PM.

The Board received copies of a letter from NH DOT regarding State Bridge Aid reimbursement for Cross Brook Bridge in the amount of \$187,277.89. Selectman Bowles stated this is a reimbursement for the work done to repair the bridge on Cross Brook Road. He said the Town elected to go ahead and do the repairs and then file for the bridge aid in an effort not have to wait six months to begin repair on the bridge. Selectman Ives stated the funds had been previously spent and this money will go back into the general fund.

The Board received copies of ESMI's 3rd Quarter Host Community Fee in the amount of \$21,191.75.

The Board received a letter from Provan & Lorber Engineering stating they have been retained by Dee Dee Maratea to address the retaining wall issue. Chairman Maxfield stated that Ms. Maratea had contacted him stating that she was not going to be dealing with the Town Engineer's approval as she felt it would be duplication. Chairman Maxfield stated he advised Ms. Maratea that the Town Engineer is going to approve any construction plans and that Sam Mahoney is aware of this.

The Board received copies of court filings on the SDS litigation.

The Board received copies of the Forest Fire Warden evaluation form for Jeff Burr for review.

The Board received copies of a letter to the Library regarding the second incident of flooding in the Children's room. Discussion ensued.

The Board received copies of an e-mail from Planning/Zoning Secretary Donna White inviting the Selectmen to the Planning Board meeting on November 15, 2007 at 6:00 PM where Gerald Coogan will present his draft report on the Growth Management Ordinance Study.

The Board received copies of a regional impact notice from the Town of Danbury.

The Board received a request from the Granite State Tax Coalition to place a resolution on the 2008 Warrant for Town Meeting. The Board agreed to put this information in with the Warrant preparation information for review at that time.

The Board received a letter from the US Environmental Protection Agency regarding the NH Climate Change Resolution that was on the Warrant at last year's Town Meeting. They want the Town to sign up for free software that can be used to determine the energy efficiency of municipal buildings and facilities.

The Board received notice of a Community Development Block Grant workshop.

The Board received copies of Councilor Shea's newsletter for review.

The Board received a reminder of the NHMA Annual Meeting.

Selectman Ives discussed the sale of NHIS to Speedway Motorsports Inc. The Board agreed to forward a letter of appreciation to the Bahre Family and an acknowledgement of the ownership transfer to O. Bruton Smith, CEO, SMI. Discussion ensued.

Selectman Ives moved to adjourn the meeting at 7:46 PM. Seconded by Selectman Bowles. All in favor. Meeting adjourned.

THE LOUDON BOARD OF SELECTMEN
Roger A. Maxfield, Chairman
Steven R. Ives, Selectman
Dustin J. Bowles, Selectman

Planning Board Minutes — October 25, 2007

REGULAR HEARING

Chairman Dave Powelson called the Loudon Zoning Board of Adjustment meeting of October 25, 2007 to order at 7:00 P.M. at the Loudon Community Building.

ROLL CALL:

The following members were present: Howard Pearl, Roy Merrill, Chairman Dave Powelson, Vice Chairman Ned Lizotte, George Saunderson, and Alternate Jonathan Huntington.

ACCEPTANCE OF MINUTES:

Jonathan Huntington made a motion to approve the minutes of September 27, 2007; seconded by George Saunderson. All were in favor.

DISCUSSION:

Wayne Thistle — Building Permit Extensions. Mr. Thistle said that he would like to extend permit #07-001 and #07-003 to 2008 based on reasons outlined in his letter to the Board. Dave Powelson said he was not sure of the Board's opinion but it seems like a fairly reasonable request with the road issues that occurred as a result of flooding. Ned Lizotte stated that he has driven on the temporary access road to this section of Cross Brook and feels that showing properties via that access certainly would have an adverse affect on selling the lots. He said that this seems to be a reasonable request. George Saunderson asked if Mr. Thistle was asking for one year. Mr. Thistle said that he would hope to be able to start work on the lots in the spring of 2008. Mr. Saunderson asked if six months would work. Mr. Thistle said he would like to extend into the summer. Roy Merrill said he had no problem with the request. Howard Pearl said that he would agree. There was no further discussion.

Roy Merrill made a motion to extend building permit #07-001 and building permit #07-003 through July 31, 2008; seconded by Howard Pearl. All were in favor.

Anthony Greska — Building Permit Extension. Chairman Powelson noted that the Board voted to extend building permit #06-009 a year ago through the end of 2007. Mr. Greska explained that he has been physically and financially unable to continue

work on his property as the result of an auto accident in late 2005. He said that he would like to have the permit extended for another year. He explained that he is currently working part time. Mr. Greska said that there is an ongoing lawsuit as a result of the accident and that he expects an offer around the first of the year but it could go longer. He said that he needs to be in a better financial situation before continuing work on his property and that he expected to have this resolved by now. *Ned Lizotte made a motion to grant the extension of building permit #06-009 for one year. He said that giving the extension would be reasonable to do in this case. Mr. Lizotte considered the timeframe that Mr. Greska has had to work with, waiting five months for a response from the insurance company for example. There was brief discussion of the anticipated timeframe for the settlement. Roy Merrill seconded the motion. All were in favor.*

PUBLIC HEARINGS:

Case #07-16, Pete & Heidi Hanson — Special Exception for Reduced Setback, Map 53, Lot 33. The applicants were not present. Ned Lizotte stated that a few of the Board members did a site visit of this property. He said that the applicants were not sure of the garage size at that time and he recalled that there was a utility question but that should not affect the setback. Chairman Powelson read through the points of the application for a special exception for a reduced side setback to 15'. Jonathan Huntington said that he did not feel that this application should be considered if the applicant did not attend. There was discussion about whether an applicant has to be present for a hearing, the application, and the site visit. Chairman Powelson closed the hearing; to be brought up under Unfinished Business.

UNFINISHED BUSINESS:

Case #07-16, Pete & Heidi Hanson — Special Exception for Reduced Setback, Map 53, Lot 33. Howard Pearl made a motion to approve the reduction of the side setback from 30' to 15'; seconded by Ned Lizotte. Heidi Hanson then arrived. She said

Planning — cont. on 29

Please note that both Planning and Zoning Minutes are DRAFT minutes, i.e., they have not been approved yet. For a copy of the approved minutes, please contact the Planning/Zoning Office after their monthly meetings (798-4540).

**Planning Board meets the third Thursday of the month at 7 p.m.
Zoning Board meets the fourth Thursday of the month at 7:30 p.m.**

**Both Boards meet at the Community Building.
All meetings are open to the public.**



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Planning — cont. from page 28

that she thought the meeting was at 7:30 p.m., not realizing that the time of the meetings had been changed as of this date. Mrs. Hanson read a letter from abutters Chris and Becky Haley who are in agreement with the proposal. The Board had no further questions for Mrs. Hanson. *A roll vote was taken: Howard Pearl – Yes; Roy Merrill – Yes; Dave Powelson – Yes; Ned Lizotte – Yes; George Saunderson – Yes. Unanimous — APPROVED.*

BOARD DISCUSSION:

Jim Venne was present to discuss his interest in becoming an alternate to the Board. There was discussion of the duties of the Board and an alternate. *Roy Merrill made a motion to accept Jim Venne as an alternate member of the Zoning Board; seconded by Howard Pearl. All were in favor.* The chairman will complete the appointment paperwork and Mr. Venne was advised to see the town clerk to be sworn in.

Chairman Powelson reminded Board members that next month's meeting would be November 29th because Thanksgiving falls on the usual meeting night.

There was brief discussion of building permit extensions and the growth management study currently being conducted by Jerry Coogan.

George Saunderson asked if Section 602.2 of the Zoning Ordinance would apply to a recent inquiry about a non-conforming use. There was brief discussion and mixed responses from Board members.

ADJOURNMENT:

Howard Pearl made a motion to adjourn the meeting at 8:05 p.m., seconded by George Saunderson. All were in favor.

*Respectfully submitted,
Donna White, Administrative Assistant*

We all know that Loudon is a great place to live, but did you also know it is a great place to work? Loudon resident and business owner Lee Laughlin will be starting a new feature profiling local businesses in upcoming issues of the *The Loudon Ledger*. If you are a Loudon business owner are interested in having your business profiled, please send your name, contact information and a brief description of your business to Lee Laughlin at laughlin@fearlessevents.com.

Zoning Board of Adjustment Minutes — Oct. 18, 2007

Meeting called to order at 7:00 p.m. by Chairman Tom Dow.

Attendance:

Chairman Tom Dow, Tom Moore, Steve Jackson, Gary Tasker, Ex-Officio Dustin Bowles, and Alternate Bob Ordway were present.

Alternate Bob Ordway was appointed to sit in the absence of member Henry Huntington.

Acceptance of Minutes:

August 16, 2007 Public Hearing. Tom Dow stated that these minutes were held over from the last meeting so that a reference could be confirmed. Donna reported that she checked the tape and found that the minutes reflected what was on the tape. *Dustin Bowles made a motion to approve the minutes; seconded by Steve Jackson. All were in favor.*

September 20, 2007 Public Hearing. *Steve Jackson made a motion to approve the minutes; seconded by Dustin Bowles. All were in favor.*

September 24, 2007 Work Session. Steve Jackson noted that he was at the meeting, having arrived after attendance was taken. *Tom Moore made a motion to approve the minutes with the addition of Steve Jackson being in attendance; seconded by Dustin Bowles. All were in favor.*

Discussions:

Dave & Tracy Huckins — Huckleberry Heating Oil. Mr. Huckins said that they are proposing to build a 68' x 40' garage to store their delivery trucks. He explained that the current storage location has been sold and the trucks have to be moved in the next couple of weeks. Gary Tasker advised Mr. Huckins to be sure he reads and meets all the criteria of a major site development before submitting his application and coming before the Board next month. It was suggested that Mr. Huckins have Chief Burr review the plan and get a letter for the Board. Mr. Huckins said that he would also get a letter from Bob Fiske. Mr. Huckins was advised to include lighting, parking, and turn areas. Hours of operation will not change from the current usage. Signs, flooring, and venting were discussed. It was felt that Board members are familiar with the parcel so there is no need for a site visit. Mr. Huckins stated that there will be no fencing, no plumbing, no office, only heat and electricity. Side setbacks were discussed and it was noted that the area of the parcel where the building will be located requires a 30' side setback because the abutting parcel at that point is considered to be commercial as compared to the front of the lot directly off Chichester Road which is residential.

Tony Merullo. Mr. Merullo reported that they have completed the base course of pavement. He said that he would like to set a site visit and then would be requesting a bond reduction at the next meeting. He said

he would have the bond calculation available for the Board at the time of the site visit. Mr. Merullo said the road has been inspected and tested. He reported that the base course, gravel, sub-base, and crushed base have all passed inspection. He said that inspectors were there during the paving process. Gary Tasker asked about the soft spot that is mentioned in Tony Puntin's inspection report. Mr. Merullo said that it is an area in the middle of the road that is about the size of a table. He said that it was puddled in that spot at the time of paving and there had been discussion of not paving that area but it was decided to pave the entire section and watch that spot for heaving. A site visit was scheduled for November 10, 2007 at 8:00 a.m. Chairman Dow asked that a set of approved plans be available at the site visit.

Dan Aversa — Wellington Lane. Mr. Aversa stated that he has addressed items on a punch list from last fall and has submitted as-built plans as requested by the Board. Tom Dow asked if Wellington Lane was discussed at the construction meeting held last week with Tony Puntin. Mr. Aversa said that it was and he stated that he is not asking for final acceptance of the road, simply a reduction in the bond. He said that he has an estimate of \$32,500 for the final paving and has allowed \$6,000 for contingencies. Mr. Aversa said that he felt that \$38,500 would be sufficient to complete the project and for the bond amount. He said that they would do the final paving mid-summer 2008 and then ask the town to accept the road. Tom Dow asked if the guardrail will be extended. Mr. Aversa said that his engineer feels that the slope and guardrail are satisfactory. He said if it is determined that the slope is steeper than 4:1 then he would extend the guardrail. Mr. Dow said he thought it had been agreed upon in the past. Mr. Aversa said that his engineer is doing an as built and is talking with Tony Puntin about the slope. Gary Vermette said that the town could hold a little more for that in case it comes to that. There was discussion of the need for a maintenance bond once the road is complete and the final paving done. Chairman Dow pointed out that the road will not be accepted if there is no maintenance bond in place.

Steve Jackson referred to Mr. Aversa's note on the request for Letter-of-Credit reduction page that Tony Puntin has recently viewed the site and seen all the work done. He asked if Mr. Puntin agreed. Donna referred the Board to an email of October 16th from Tony Puntin that was handed out at the beginning of the meeting. Steve Jackson referred to Tony Puntin's concerns as outlined in a December 2006 memo. Mr. Aversa said that part of the \$6,000 contingency is to cover those concerns. He said that he talked with his engineer, Tom True, who said that extending the guardrail would be alright if there is a need but it would be a

safety concern if not needed. Dustin Bowles pointed out that the guardrail was not completed right. He said that there are bolts missing on the sweep section. He also pointed out that there are other areas that have not been constructed correctly and these need to be addressed on the as-built plans. There was discussion on as-built plans and it was stated that they must show everything that has been done.

Gary Tasker asked Mr. Aversa if he wanted to do the guardrail. Mr. Aversa said he would have to take care of it if the slope is more than 4:1. Mr. Tasker questioned if Mr. Aversa was saying that he would do the guardrail only if the slope was more than 4:1. Mr. Aversa asked why there would be need to do it otherwise. Mr. Tasker said it looks like it must need it. Tom Dow said that he is convinced that it is needed. Tom Moore said that the guardrail could end up too close to the road and suggested that the slope could be put to 4:1 instead of extending the guardrail. Mr. Aversa said that he would agree to do the extension of the guardrail. Steve Jackson asked if the prices on the calculation sheet have been adjusted to reflect current prices as suggested in a recent memo from Tony Puntin. Mr. Aversa said that they have been adjusted. Steve Jackson said that he would be comfortable with reducing the bond by \$100,000 to \$44,356.51. Dustin Bowles said that he would not recommend going below \$75,000–80,000. Mr. Aversa said that the subdivision has held up well and that he has been waiting for this reduction for a year. He said that \$75,000–80,000 was not acceptable. There was further discussion of an amount that would be satisfactory to the town. *Bob Ordway made a motion to reduce the bond by \$94,356.51 to a balance of \$50,000; seconded by Gary Tasker. YES — Steve Jackson, Tom Moore, Tom Dow, Gary Tasker, Bob Ordway NO — Dustin Bowles Majority vote — PASSED.*

Old Business:

Application #07-03, Septic Disposal Solutions Major Site Development, Located on Dump Road, in the C/I District. Map 40, Lot 7. Chairman Dow read a letter from the applicant requesting to be continued to the next meeting. *Steve Jackson made a motion to continue this application to November 15, 2007 at 7:00 p.m. at the Community Building; seconded by Dustin Bowles. All were in favor.* There will be no further notification.

Application #07-04, Debra Rattee — Major Subdivision, Located on School Street, in the RR District. Map 38, Lot 7. Chairman Dow read a request from the applicant's representative to table until the November meeting because they are still waiting for state wetlands approval. Tom Moore asked how many times this has been tabled. Donna said that this is the fourth

Zoning — cont. on 30



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Zoning — cont. from page 29

time. Mark Sargent of Richard Bartlett & Associates explained that DES has asked for additional wetlands delineation and that Peter Schauer is working with DES on that matter. Bob Ordway made a motion to continue this application to November 15, 2007 at 7:00 p.m. at the Community Building; seconded by Tom Moore. Chairman Dow asked if the Board felt there was need to re-notify abutters. Bob Ordway said he thought it would be acceptable to give them one more month. Dustin Bowles said he would agree to that but if it has to continue into December, he felt there should be re-notification. All were in favor. This will be the only notification.

Application #07-10, Peter & Gary, LLC — Minor Subdivision, Located on School Street, in the RR District. Map 38, Lot 8. Steve Jackson recused himself. Mark Sargent of Richard Bartlett & Associates reviewed what has been discussed and done to this point. He showed conceptual future development and stated that they still have not received state subdivision approval. He said they are ready to receive the approval which is waiting for wetlands bureau review and approval. Mr. Sargent said that he hopes to have the approval in the next week. He said that Mr. McGrath has a buyer for this property and would like to close in November.

Dustin Bowles asked about the status of the cistern on the applicants' previous subdivision. Mr. Sargent said that they had tried to have it changed to sprinklers but the Board had denied that change so they will do the cistern. He said that the new owner may ask for a different location for the cistern. Tom Dow said that Mr. Sargent has done a build out as requested by the Board. He asked if any of the formerly approved lots have been sold. Mr. Sargent said that they have not. Dustin Bowles pointed out that there can be no certificates of occupancy until the cistern is in place. Tom Dow asked if that would be the same for this lot. Mr. Sargent said that he was not sure that this lot would be under that same approval. Dustin Bowles said that he would feel that it would mean no certificate on the original subdivision and this one as well. Tony Merullo asked how the cistern could be part of the building permit conditions, noting that this lot has a building permit without any cistern requirement. Mr. Bowles asked if the building permit was issued before the former subdivision. Mr. Merullo said that it was and he explained the timeline of the actions on the parcels. Tom Dow asked if the building permit is on the whole lot. Mr. Merullo said that it is a 2007 permit for the

entire parcel. Mr. Merullo spoke about the 2009 building permits on the three previously approved lots, noting that two may move to 2008. He said that it would then be eminent that the cistern would be put in next year and pointed out that the requirements of those two eastern lots would be that no certificates would be issued if there was no cistern. Mr. Merullo said that the fire chief convinced him that it is better to have a cistern during the building process since it is more likely to have a fire when building than once occupied. Donna was asked to check on when the building permit for this lot was applied for as compared to the approval of the subdivision of the other three lots.

Chairman Dow outlined the waivers that are being requested relative to plat scale, man-made features, contours, and wetlands. He asked if the Board wanted to act on the waiver request at this time. Dustin Bowles said that he would rather wait and not do a conditional approval. He said that he would rather have everything in hand before taking any action. Mr. Dow said that he agreed with Mr. Bowles. Tom Moore said he would like to see a little more detail on the plans.

Chairman Dow closed the hearing to the public and opened it to the Board only. Dustin Bowles said that he would recommend holding off on taking any action on the waivers. Mr. Bowles made a motion to continue this application to November 15, 2007 at 7:00 p.m. at the Community Building; seconded by Tom Moore. All were in favor. There will be no further notification.

Steve Jackson returned to the table.

New Business:

Application #07-15, Universal Grace Church and George Tombarello — Lot Line Adjustment, Located on Bear Hill Road, in the RR District. Map 4, Lots 12 & 13. Web Stout of FWS Land Surveying represented the applicants. There were no abutters present. Mr. Stout stated that this is the site where the Board did a site walk in April and he gave an overview of the parcels. He said that this lot line adjustment provides a 50'+ strip to connect to the back lot and road frontage for that lot. Mr. Stout pointed out that they are proposing a 30' wide access to the lot through the current driveway of the property owned by Universal Grace Church. He stated that this is a simple lot line adjustment and no new lots are being created. The Board reviewed the plans, comparing them to the notes of the April site visit. Mr. Stout said this is giving two pieces of landlocked property road frontage and access. Steve Jackson referred to Section 601 of the Zoning Ordinance, stating that the intent of this lot line adjustment is to make the back parcel a buildable lot. He asked about the drive-

way easement. Mr. Stout said that he has shown it as 30' wide and that a lawyer would draft the wording.

Tom Moore made a motion to accept the application as complete and move to public hearing; seconded by Dustin Bowles. All were in favor. There was no further discussion. Chairman Dow closed the hearing to the public and opened it to the Board only. Dustin Bowles made a motion to approve the lot line adjustment as presented; seconded by Gary Tasker. All were in favor. PASSED

Application #07-16, Loudon Woods Estates — Amended Subdivision Plan, Located on Bee Hole and Chichester Roads, in the RR District. Map 2, Lot 23. Bob Ordway recused himself as he is an abutter to this parcel. Dan Aversa said that he would like to have the "Wellington" note that was placed on the approved plans for this recent subdivision amended so that he is able to sell the lots that are not located on the new subdivision road. He said that there would be two lots on Bee Hole and four lots on Chichester. He noted that Lot 12 is the lot with an existing house. Steve Jackson asked if they plan to leave the house. Mr. Aversa said he is not sure but he wants to sell it either way. Chairman Dow noted that the house is not in setbacks so it is not creating a non-conforming lot.

Dustin Bowles made a motion to accept this application as complete and move to public hearing; seconded by Steve Jackson. All were in favor. Steve Jackson said that he did not think that the intent of the "Wellington" note was to include the lots on Bee Hole and Chichester Roads. He asked if those lots would have sprinklers. Mr. Aversa said that one of the Bee Hole lots might be within reach of the cistern but the others were required to have sprinklers. Board members agreed that a new approval and new plans would have to reference the amended subdivision plan. Mr. Aversa was advised that he would have to submit amended plans with the amended note.

Steve Jackson made a motion to approve application # 07-16 for an amended subdivision plan with two notes added to the plan; seconded by Tom Moore. All were in favor. Dan Aversa stated that his attorney said this could have been avoided with a warranty deed that had a stipulation that no building permit would be pulled until the binder coat was in place. There was brief discussion.

Bob Ordway returned to the table.

Board Discussion:

Chairman Dow announced that there would be an on-site meeting at the VOA site (South Village Road) on October 24, 2007 at 11:00 a.m. He explained that there is

some question as to whether there is supposed to be a cistern at that location. Bob Ordway said he felt that the Board and town should learn something from this as it appears that the matter slipped through the cracks. He said that the sprinkler system used in the building meets code and, although he would like to see a cistern, he is not sure that the right way to get it is by way of an oversight. Mr. Ordway said that the budget is already set and the cistern costs would have to come out of the building budget. He said a question would be if the cistern is required or not and that everyone should know that sprinklers are for life safety.

Chairman Dow reported that Hancock Associates and MDP Realty have submitted a flood study plan with the elevations shown on it as requested by the Board. An acknowledgement letter will be sent to MDP Realty.

Chairman Dow said that there have been some drainage concerns on the first section of Greenview Drive raised by some residents and that Donna has been researching the matter. He reported that no drainage plans have been located at this point. There was brief discussion about the first phase of the road development, the fact that Greenview Drive is a private road, and that there really is nothing more that can be done if possible sources have been exhausted in the search for plans.

Report of the ZBA:

Donna reported that there is one application for a special exception for a reduced setback and two requests for building permit extensions, one being a developer, on this month's ZBA agenda.

Report of the Board of Permit:

Chairman Dow reported that two family dwellings, the Growth Management Ordinance study, and VOA cistern matter were discussed at this month's Board of Permit. He said that \$500 would be taken from the Planning Board budget and \$500 from the ZBA budget to be used toward the cost of the GMO study.

Work Session. A work session to review the proposed changes/update of the Land Development Regulations is scheduled for Monday, October 22, 2007, 6:00 p.m. at the town office.

Adjournment:

A motion to adjourn at 9:17 p.m. was made by Dustin Bowles; seconded by Gary Tasker. All were in favor.

Respectfully submitted,
Donna White



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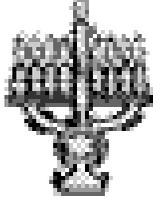
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December 2007 in Loudon

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 6:30pm•Happy Hill 4-H @ American Legion	4 HANUKKAH BEGINS AT SUNDOWN 10:30am•Storytime @ Library 6:30pm•Selectmen's Meeting 7pm•Lions Club @ Library	5 HANUKKAH 2pm•Storytime @ Library 7pm•Historical Society 	6 10:30am•Storytime @ Library NO LES PTA Meeting	7 PEARL HARBOR REMEMBRANCE DAY 7-9•MVMS Dance	8 8am•Breakfast with Santa, Quarter Raffle, Cookie Walk, and Craft Fair at LES
9	10 8pm•Loudon Fire Dept. Meeting	11 10am•Young at Heart @ Com. Bldg. ANNUAL CHRISTMAS PARTY 10:30am•Storytime @ Library 6:30pm•Selectmen's Meeting/Board of Permit @ Com. Bldg.	12 2pm•Storytime @ Library 6pm•Conservation Com. @ Com. Bldg. 6:30pm•Girl Scout Vols. @ LES	13 10:30am•Storytime @ Library 7pm•MVMS Winter Concert	14 LEDGER DEADLINE FOR JANUARY ISSUE	15
16 2-4pm•Girl Scouts Christmas Caroling around Loudon.	17 9:30am•Holiday Sing- along @ LES 6:30pm • Communi- cations Council Meeting @ Com. Bldg.	18 10:30am•Storytime @ Library 11am•VOA Senior Housing Meeting @ Com. Bldg. 6:30pm•Selectmen's Meeting @ Com. Bldg. 6:30pm•Financial Aid Workshop for HS Seniors @ MVHS 7pm•Lions Club @ Library 7pm•LYAA @ Library	19 2pm•Storytime @ Library 6:30pm•MVMS PTO @ MVMS Library 7pm•American Legion & Auxilliary Meeting	20 10:30am•Storytime @ Library 7pm•Planning Board @ Com. Bldg.	21 MARKS CLOSE 12/21-1/2 SCHOOLS CLOSED FOR VACATION	22
23	24 CHRISTMAS EVE LIBRARY CLOSED 12/24-1/1 FOR INVENTORY	25 CHRISTMAS 	26 KWANZAA BEGINS 2pm•Storytime @ Library 6:30pm•Recreation Com. @ Library 	27 10:30am•Storytime @ Library 7:30pm•Zoning Board of Adjustment @ Com. Bldg. 7:30pm•Book Group at Library	28	29
30	31 NEW YEAR'S EVE					

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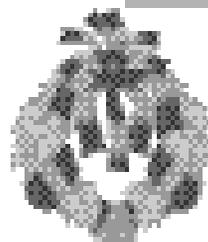
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